



The Tickle Newsletter



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April to June 2025

Carter Churchill Decorated with King Charles III Coronation Medal

The coronation medal is presented to individuals who have made a significant contribution to Canada or attained an outstanding achievement abroad that brings credit to Canada. Throughout 2024 to the present 30,000 medals have been awarded to Canadians, with Carter being one of the individuals. Carter was awarded the medal for his outstanding achievements and unwavering dedication to advancing the rights and culture of Deaf, Deaf-Blind, Hard-of-Hearing people who communicate through sign language in Canada. On behalf the Town of Portugal Cove-St. Philip's Council and staff, congratulations Carter on this magnificent achievement!



Why Run for Council in Portugal Cove-St. Philip's?

Are you passionate about making a difference in Portugal Cove-St. Philip's? Do you want to have a say in shaping the policies and services that impact our residents? This fall, you have the opportunity to step forward and serve as a member of our future Town Council.

Eligibility

- 18 years old at nomination.
- Canadian Citizen.
- Resident of PCSP at least 30 days before nomination.
- Not in arrears for taxes and other charges.

Positions Available

- Mayor
- Six Councillor seats
- Deputy Mayor is elected by Council after the election.

Time Commitment

- Expect 1-2 meetings per week.
- Community Events.
- Reading Materials.
- Optional Conferences.

We provide new councillors with essential tools such as pre-nomination sessions, training, and ongoing staff support to help them succeed. These resources ensure that council members are well-prepared to serve the community effectively. More details on the nomination process, voting, and pre-nomination sessions will be shared on our website and social media in the coming weeks.

If you're interested in being part of the election but don't want to run for office, consider joining our election staff! This is a great opportunity to participate in the democratic process and contribute to your community. For more details, contact Claudine at claudine.murray@pcsp.ca.



@townofpcsp



@townofpcsp.bsky.social



@pcspnl



pcsp.ca

Bridging the Gap

THE NEW HORIZONS PROJECT

Portugal Cove-St. Philip's and Brookside Intermediate buzzed with quiet excitement as the New Horizons Project kicked off. This initiative wasn't just another set of programs—it was a bridge, a chance for seniors and youth to connect, share, and learn from each other.

It started with Family History Club, a group of local historians who volunteer their time to trace the history of families in PCSP. They presented as students listened intently learning about lineage back five generations. Meanwhile, across the hall, knitting needles clicked rhythmically as senior volunteers guided eager young hands. "Slip the stitch like this," they said patiently, helping the youth loop their yarn into a neat pattern. What started as a simple dishcloth became a symbol of patience and tradition passed down through generations. "Every stitch tells a story," they were told.

But perhaps the most heartwarming part of the project was the Letter Link Program - a pen pal project. Letters traveled back and forth between seniors and fifth-grade students, sharing memories, jokes, and dreams. When the day finally came for the two groups to meet in person, the school was filled with laughter and warm embraces.

As the project wrapped up, the bonds formed remained unbreakable. The New Horizons Project had done more than teach skills—it had built relationships, reminding everyone that the past and future were always connected, hand in hand. The Town was successful in received funding for this project through Government of Canada.

Funded in part by the
Government of Canada's
New Horizons for Seniors Program

Canada



PCSP Spurs Appoint New Board Members

The Portugal Cove St. Philips Soccer Association convened its Annual General Meeting in December 2024, during which new executive members were elected. The following individuals were appointed to key positions:

President

Lynn Ash

president@pcspminorsoccer.ca

Metro/PYL Director

Brian Mercer

metro@pcspminorsoccer.ca

Sponsorship Fundraising Director

Chelsea Stapleton

sponsor_fundr@pcspminorsoccer.ca

House League Director

Adam Nolan

houseleague@pcspminorsoccer.ca

Equipment Director

Ashley Kenway

equipment@pcspminorsoccer.ca

Secretary

Chris Peinsznski

secretary@pcspminorsoccer.ca

Treasurer

Doug Bailey

treasurer@pcspminorsoccer.ca



For any general inquiries, please feel free to reach out via email at office@pcspminorsoccer.ca

PCSP Lions Club Hosts Successful Fundraiser for "A Lift for Valerie"

The Portugal Cove Lions Club recently hosted a heartwarming and highly successful fundraiser, "A Lift for Valerie," in support of a community member in need. The fundraising efforts took place over several weeks, culminating in a highly attended Bingo event that served as the highlight of the campaign.

Throughout the fundraiser, the community came together through various initiatives, including an exciting auction featuring a variety of valuable items generously donated by local businesses and individuals. A special draw also took place, giving participants another opportunity to support Valerie while winning valuable gift cards generously donated by local businesses.

The overwhelming support from the community played a crucial role in the event's success. The Portugal Cove Lions Club extends a heartfelt thank you to the many businesses that contributed with generous donations, as well as the individuals who stepped up to help make this fundraiser possible. Their kindness and commitment to helping others truly embody the spirit of giving and community support.

Thanks to the combined efforts of organizers, volunteers, donors, and attendees, "A Lift for Valerie" was a tremendous success, not only raising significant funds but also demonstrating the strength and compassion of the Portugal Cove-St. Philip's community. The Lions Club remains committed to making a difference in the lives of those in need and looks forward to continuing its mission of service and support.

Thank you to everyone who contributed to making this event such a resounding success!



SAVE THE DATE! 

2025 KILLICK COAST GAMES
AUGUST 17TH - AUGUST 21ST

HOSTED BY 
AT
KELLY PARK

REGISTRATION
MAY 1 - 31



PCSP Athletes!

Stay tuned for more information on how to register.

Updates will be provided on our social media and website.





National Public Works Week

May 18th to May 24th

During National Public Works Week (May 18th to May 24th), we take a moment to recognize and appreciate our Public Works Department for their continued work throughout the year. The department works to ensure the community as a whole is kept safe, clean and running smoothly.

Over the last year, the team has worked in areas of waste collection, water and wastewater treatment, snow clearing, beautifying parks, and more – one highlight in particular is our Municipal Awareness Day where students were welcomed by the Department and answered their many questions about the work they do.

Join us in thanking the Public Works team for their continued commitment to PCSP! If you see them around, give them a wave or a kind word – they deserve it!

Bulk Garbage Collection

The PCSP Public Works Department is taking appointments for bulk garbage collection! Running from MAY to NOVEMBER 2025, on Mondays only, residents can email public.works@pcsp.ca to make an appointment. Please include your name, address of pick-up and items for collection. Collection will occur each Monday (apart from holidays). Appointments fill up fast, so please book early! For information on items accepted, please visit our website here and to stay up to date on our garbage and recycling services, please visit our website here pcsp.ca/services/garbage-recycling-services/



Garbage Box CLEAN-UP

As the winter chill fades away and the warmth of spring and summer returns, it's time to give some TLC to waste collection boxes! Regular cleaning helps keep unwanted smells at bay, and free of rodents and pests ensuring a fresher environment for your home. According to Waste Management Canada, nearly 40% of household waste is comprised of organic materials, making waste collection boxes prime breeding grounds for bacteria and pests.

Tips for Effective Cleaning

1. Inspect boxes and bins for sharp items, and remove carefully using gloves.
2. Use a mixture of mild detergent and water to scrub the inside and outside of your bins thoroughly.
3. Rinse bins with a hose to remove any remaining residue.
4. Consider adding baking soda or vinegar to your cleaning solution for extra odor-fighting power.



PCSP Regatta Festival

June 30th - July 6th

**Live
Music**

**Carnival Games
& Activities**

**Dory
Races**

Bouncy Castles | Face Painting | Food & Drinks | Games of Chance | Prizes | Local Vendors | And, More!

ST. PHILIP'S MARINA

Date to be announced | 12 pm - 5 pm

Call for Vendors

The Summer season is upon us, and we're looking for dynamic vendors to help us with our #1 event of the year. Have a food truck? Interested in setting up a booth? Contact:

STACEY HANLON



709-895-8000 EXT. 226



STACEY.HANLON@PCSP.CA

Cost: \$60 Non-Profit Groups: \$25

Duplicate vendors/items will be kept to a minimum. Our goal is to not have any, but some similarities such as soft drinks, etc., may carry over. Must supply own electricity.

THE DETAILS

JUNE 30 - AUGUST 22, 2025

PCSP Summer Camp will run from June 30th to August 22nd, 2025. Full details can be found in the Parent Package on our website.

MAY 2ND, 2025

Registration opens via eServices for inclusion services at 9:00 am for PCSP residents.

MAY 9TH, 2025

Registration opens via eServices for non-inclusion services at 9:00 am for PCSP residents.

Participants must be completing kindergarten for the 2024-2025 year, and are no older than 12 years old (finishing grade 6). Proof of PCSP residence required with Drivers license or utility bill with name and address. Please email to Stacey at stacey.hanlon@pcsp.ca upon registration.

QUESTIONS? CONTACT STACEY

 stacey.hanlon@pcsp.ca

**ACCESS THE PARENT
PACKAGE HERE**

 pcsp.ca/summer-camps/



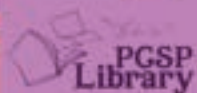
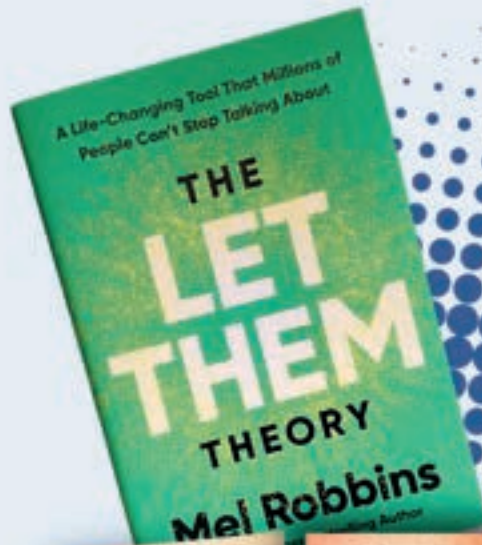
New Arrivals



Visit the PCSP Library to Check Out this Best Selling Book!

1119 Thorburn Road

mike.stone@pcsp.ca




BOOK SALE

April 22nd to April 24th PCSP Library

During Library hours, swing by the PCSP Library with your reusable bags and fill them with gently used books for \$5.00.

Donations will go to local school libraries!

1119 Thorburn Road  pcsp.ca/library

Backyard Compost Bins

Available in limited quantities
Sales will take place on eServices

37 gallon • tumbler style • \$52.00 each



Now Available for PCSP Residents to Purchase via eServices



Portugal Gove
St. Philip's



Spring 2025 Fitness and Programs



Registration opens
April 14th at 9:00 am via
eServices

If space allows, a date
for non-resident registration
will be announced.

Adult Fitness April 29th to June 12th Tuesdays and Thursdays 9:30am to 10:30am	14 Classes	\$35.00
Yoga (Mondays) May 5th to June 9th (no class on May 19th) 6:30pm to 7:30pm	6 Classes	\$58.00
Yoga (Wednesdays) April 30th to June 11th 5:15pm to 6:15pm	7 Classes	\$82.00
Playgroup May 7th to June 11th Wednesdays 10:00am to 11:30am	6 Classes	\$15.00
Pound Fitness April 27th to June 8th (no class on May 11th or May 18th) Sundays 7:00pm to 8:00pm	5 Classes	\$48.00
Seniors Pickleball April 30th to June 20th Mon., Tues., Wed. 1:30pm to 3:00pm Fridays 10:00am to 11:30am Register for individual dates	28 Classes	\$2.50 per session
Senior's Sit and Fit April 29th to June 5th Tuesdays and Thursdays 11:00am to 12:00pm	12 Classes	\$35.00
Storytime May 8th to June 12th Thursdays 10:30am to 11:30am	6 Classes	Free
Zumba April 30th to June 11th Wednesdays 6:30pm 7:30pm	7 Classes	\$67.00

A Message from the CAO: Respect in Our Workplace and Community

Our Town is built on respect, cooperation, and a shared commitment to making our community the best it can be. The vast majority of residents engage with Town staff and Council in a courteous and respectful way, and we truly appreciate that. However, it only takes one harmful interaction to deeply affect a person's mental health and well-being.

Recently, we have had several incidents in the Town office that have left staff shaken and workplace harassment isn't limited to only what happens inside Town Hall. Disrespectful behavior can also happen online, in public meetings, and in other community spaces. Cyberbullying of staff and Council members, as well as inappropriate conduct in public engagement forums, is just as damaging.

While we have a Respectful Workplace Policy and signage at our facilities, it is clear we need to do more. We are committed to strengthening our policies, improving staff training, and finding better ways to prevent and address all forms of harassment.

Town staff and Council are here to serve the community, and they should never have to do so in an environment of fear or disrespect. Protecting their well-being ensures they can do their best work on behalf of residents.

Respect should not be optional - it must be the standard.

Let's work together to ensure that everyone who serves and engages with our Town is treated with dignity, both in person and online.

Thank you for your support.

Jody Murray

Chief Administrative Officer

Public Council Meeting Highlights

View the meeting schedule here
pcsp.civicweb.net/Portal/

See the highlights on our social media
and website after each meeting



Do you Have your Open Air Burn Permit?

Forest Fire Season is from May 1st to September 30th

During Forest Fire season, from May 1 to September 30, residents must obtain (1) the provincial department of Fisheries, Forestry and Agriculture Permit to Burn, prior to applying for (2) a PCSP permit. The forestry permit number can be entered on the town application.

Residents are reminded that a town permit is required at any time during the year for open air burning. The application for an open air permit is available online here.

The Portugal Cove St. Philip's Volunteer Fire Department wishes to advise residents that Permits for Open Air Fires, for the purposes of burning brush and other non-prohibited materials are required throughout the entire year. Should a resident require telephone support to obtain a permit, please call the Town Hall at 895-8000 ext. 267.

Note: Permits are issued only for the burning of natural brush and grass etc. It is not permissible to utilize such a fire to dispose of garbage, building materials or other debris. Residents are also reminded that a Permit to Burn is required from the Department of Fisheries, forestry and Agriculture, during the provincial Forest Fire season, which runs from May 1 to September 30, 2025.

This permit is available by contacting the Paddy's Pond forestry station at 709-729-4180. The forestry permit is required in conjunction with a permit from the Portugal Cove St. Philip's Volunteer Fire Department.

During Forest Fire season residents must obtain the Fisheries and Land Resources Permit prior to applying for a PCSP permit. The forestry permit number can be entered on the town application.

We encourage residents to assess the forest fire risk via the Fire Hazard Index.

Also, be courteous of neighbors while burning and familiarize yourselves with the Town's Open-Air Fire Regulations

Questions can be directed to the Town Hall at 895-8000 ext. 267 or by email to the Office of the Fire Chief chief@pcsp.ca

A permit is not required for use of outdoor fire pits, wood burning ovens, chimeneas or fire barrels nor are permits required. However, please follow our Backyard Fireplace Safety Tips.



Step 1: Obtain the provincial Department of Fisheries, Forestry and Agriculture Permit to Burn

Step 2: Once approved, you can apply for a PCSP Permit with the following application. Use the permit number from the province in this application.

docs.google.com/forms/d/e/1FAIpQLSdrPhmVDo7udw0lxz5TJpzhXQy4CwqSQtF-4aXcfeZopaPO2w/viewform

Questions? Message us on Facebook



April

1	Mon	Adult Fitness, Senior's Sit and Fit, Family History Club
2	Tues	Playgroup, Senior's Pickleball, Yoga, Zumba
3	Wed	Kickboxing, Storytime, Senior's Sit and Fit
5	Sat	PCSP Easter Egg Hunt
6	Sun	Rain date for PCSP Easter Egg Hunt, Pound Fitness
7	Mon	Senior's Pickleball, Committee Meeting
8	Tues	Adult Fitness, Senior's Sit and Fit
9	Wed	Playgroup, Senior's Pickleball, Yoga, Zumba, Committee Meeting
10	Thurs	Kickboxing, Storytime, Senior's Sit and Fit
15	Tues	Regular Public Council Meeting, Adult Fitness, Senior's Sit and Fit, Family History Club
16	Wed	Playgroup, Senior's Pickleball, Yoga, Zumba
17	Thurs	Kickboxing, Storytime, Senior's Sit and Fit
18	Fri	Good Friday, PCSP Town Offices and facilities closed
20	Sun	Happy Easter!
21	Mon	St. George's Day, Town Offices and Facilities Closed
22	Tues	Easter Camp, PCSP Library Book Sale
23	Wed	Easter Camp, PCSP Library Book Sale
24	Thurs	Easter Camp, PCSP Library Book Sale
25	Fri	Easter Camp
27	Sun	Pound Fitness, Friends in Music
28	Mon	Federal General Election - don't forget to vote!
29	Tues	Best of PCSP Community Awards Ceremony, Family History Club, Adult Fitness, Senior's Sit and Fit
30	Wed	Pickleball, Yoga, Zumba, Committee Meeting

June

1	Sun	Pound Fitness
2	Mon	Pickleball, Yoga
3	Tues	Adult Fitness, Senior's Sit and Fit, Pickleball
4	Wed	Playgroup, Pickleball, Yoga, Zumba
5	Thurs	Adult Fitness, Senior's Sit and Fit, Storytime
6	Fri	Pickleball
8	Sun	Pound Fitness
9	Mon	Pickleball, Committee Meeting, Yoga
10	Tues	Adult Fitness, Pickleball
11	Wed	Playgroup, Pickleball, Yoga, Zumba, Committee Meeting
12	Thurs	Adult Fitness, Storytime
13	Fri	Pickleball
15	Sun	Happy Father's Day!
16	Mon	Pickleball
17	Tues	Pickleball, Regular Public Council Meeting
18	Wed	Pickleball
20	Fri	Pickleball
21	Sat	First Day of Summer!
23	Mon	National Indigenous Peoples Day, Town Offices and Facilities Closed
28	Sat	
29	Sun	
30	Mon	PCSP Regatta

May

1	Thurs	Adult Fitness, Senior's Sit and Fit
2	Fri	Pickleball
4	Sun	Friends in Music, Pound Fitness
5	Mon	Pickleball, Yoga
6	Tues	Family History Club, Adult Fitness, Senior's Sit and Fit, Pickleball Regular Public Council Meeting
7	Wed	Playgroup, Pickleball, Yoga, Zumba
8	Thurs	Adult Fitness, Senior's Sit and Fit, Storytime
9	Fri	Pickleball
11	Sun	Happy Mother's Day! Friends in Music
12	Mon	Pickleball, Yoga
13	Tues	Family History Club, Adult Fitness, Senior's Sit and Fit, Pickleball
14	Wed	Playgroup, Pickleball, Yoga, Zumba
15	Thurs	Adult Fitness, Senior's Sit and Fit, Storytime
16	Fri	Pickleball
19	Mon	Victoria Day, Town Offices and Facilities Closed, Yoga
20	Tues	Adult Fitness, Senior's Sit and Fit, Pickleball, Committee Meeting
21	Wed	Yoga, Zumba, Playgroup, Pickleball, Yoga, Committee Meeting
22	Thurs	Adult Fitness, Senior's Sit and Fit, Storytime
23	Fri	Pickleball
25	Sun	Pound Fitness
26	Mon	Yoga, Pickleball
27	Tues	Adult Fitness, Senior's Sit and Fit, Pickleball, Regular Public Council Meeting
28	Wed	Playgroup, Pickleball, Yoga, Zumba
29	Thurs	Adult Fitness, Senior's Sit and Fit, Storytime
30	Fri	Pickleball

Spring 2025

Event Calendar

Stay Informed with PCSP Connects!



Emergencies, service interruptions, and important updates—get the information you need, when you need it! PCSP Connects is our official mass alert system, keeping residents updated on emergency alerts, waste collection changes, service interruptions, and more!

Sign up today at pcsp.ca by clicking on 'PCSP Connects' on the top right in the purple banner, and stay connected with your community.

Note: If you choose phone notifications, you must listen to the full message before unsubscribing. Calls will appear from an Alberta area code, but rest assured, it's PCSP!

WHITECAPS FC PCSPSA SUMMER CAMP

BOYS AND GIRLS (U7-U15)

July 14 -18, 2025
9:00 am - 12:00 pm
Voisey's Brook Soccer Pitch
\$279 (+taxes & fees)

www.whitecapsyouth.com/sozial-camp-summer-camp/2025

for more details please email office@pcspminorsoccer.ca



Looking for a fun and friendly way to spend your Friday afternoons? The Rainbow 50+ Club meets every Friday in the PCSP Recreation Centre from 2:00 to 4:00 pm. We'd love for you to join us! 50 plus will continue meeting on Friday's until June 20th, we then switch to Wednesday on June 25th through August 27th

What's Happening? Weekly card games and great conversations. Monthly socials featuring a delicious catered lunch. Non-members are welcome to join these events for a small fee! New members are always encouraged to sign up – everyone is welcome! For more information or to sign up, please contact Gary King at 709-691-3902.

The club is having their monthly socials on the following dates: April 12th, May 10th, and June 14th



Do you love music? Would you like to get out of the house and meet other music lovers? Why not join this free community programs, as hundreds of other amateur musicians have done over the past few years. Bring your guitar, ukulele, or other instrument – we meet most Sundays at the PCSP Recreation Centre at 5:00 pm. Play and sing along with lead performers or just sit back and enjoy the music.

For more information, contact Debbie at Debbie.a.churchill@gmail.com or join the Friends in Music Facebook page to see our videos and to receive notifications and schedules.



SUMMER 2025

Call for coaches is on NOW!

Registration to open May 1st

**Join the NEW Facebook Group
"PCSP Pirates Softball" for
current information.**

email: pcspminorsoftball@gmail.com

Mayor's Message



Mayor McDonald participating in the New Horizons Project at Brookside Intermediate in March, 2025.

Spring has arrived seemingly earlier than usual this year, but with it comes another beautiful season to admire. As the warmer days settle in, I want to take a moment to thank everyone who participated in our winter activities and events; the weather may have melted the snow away, but it didn't damper residents wanting to celebrate. Now, we're looking ahead to an exciting spring and summer season with preparations well underway for our annual events such as the PCSP Regatta, Canada Day Celebrations, PCSP Summer Camp and so much more.

Community involvement is at the heart of what makes Portugal Cove-St. Philip's a wonderful place to live. Your voices, ideas and participation help shape our town and I encourage you to follow our social media and website in the months ahead for information on the upcoming municipal elections.

We'll be sharing details on how you can get involved, and I encourage residents to give consideration in putting their name forward to serve as part of the next council.

Once again, I look forward to seeing you at our many upcoming events and encourage you to get active in the month of June to support our Participation Community Challenge, the challenge will choose a municipal winner and provide \$100,000 to go towards activities in the community.

Carol

We Want to Hear from You!

We release The Tickle to our community of over 8,000 residents each quarter via our website, email, and social media. This free newsletter includes three months of event calendars, feel-good community stories, news and updates from Town Hall, and more. In 2024, we switched to a digital format that aligns with the Town's 2023-2028 Strategic Plan—and we want you to be part of it!

As we head into the summer season, we're looking for great stories, upcoming events, helpful resources, or even a simple message wishing our community the best. We understand that many events may not be happening until later in the summer, but we encourage you to share where residents can stay updated with your business or group (emails, social media, etc.) or submit save-the-date information.

We want to feature as many community groups as possible, but space is limited. To help accommodate everyone, please keep submissions to a maximum of two paragraphs.

The firm deadline for submissions is **Tuesday, June 3rd, 2025**, and the newsletter will be released in early July. If you have any questions or need assistance with ideas, please reach out to **Laura at laura.barnes@pcsp.ca**.

