

MARCH 2024

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MAYOR'S MESSAGE

After a season of snow, with the hopes that spring is on its way, we're looking forward to a change of season. This winter season brought us another way to explore our beautiful town with the opportunities to snowshoe on our trails, and more. With the many winter events, I want to acknowledge our Public Works Department. The crews worked around the clock to ensure roadways were clear, while working with the ever-changing weather to ensure waste collection was completed, and all areas were safe for residents to enjoy.

Our Recreation Department had another successful Winter Carnival, with lots of snow provided by Mother Nature. Our residents were able to participate and enjoy many events that our team organized, from Community Breakfast to Family Goods Bingo. Our Recreation team already has lots of fun things planned for Easter and Summer programming for the soon to come warmer months.

I also want to welcome Conception Bay East-Bell Island's new MHA, Fred Hutton. Mr. Hutton has been an active member of the community, and we look forward to working with him to represent our residents. As well, we wish former MHA David Brazil nothing but the best as he moves into a new chapter – David wasn't a stranger to our town, and always gave well wishes to staff when he visited town hall. Lastly, I ask all our residents to get out and enjoy the unique scenery that each season brings, and to join us in many of our upcoming events.



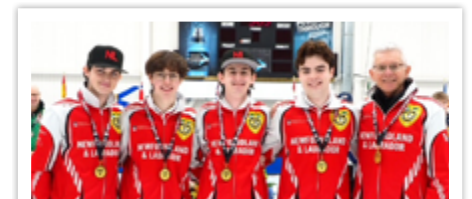
Carol

TEAM PERRY TAKES GOLD!

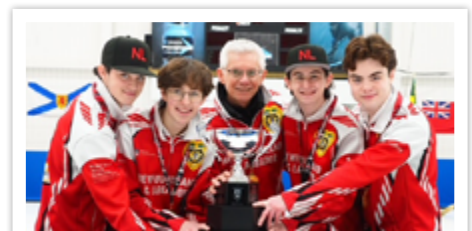
During the Christmas break of 2023, Team Perry, which consists of two youth from the Town of Portugal Cove-St. Philip's, Simon Perry - Skip and Carter Holden - Lead, participated in the Under 18 Provincial Men's Championships, which took place at the Remax Curling Centre, in St. John's, NL. There were 4 teams participating in this tournament and we are proud to say Team Perry won this championship for the third year in a row and represented Newfoundland and Labrador as TEAM NL at the 2024 Canadian Under 18 Championships in Ottawa, ON, presented by Curling Canada in February. We are VERY proud to say Team NL (Team Perry) WON GOLD and are National Champions! This team is the first U18 Newfoundland and Labrador team to bring home a medal since its inception of the National Championship in 2017.

The Skip of Team Perry, Simon Perry also went to Gangwon, Korea along with his teammate Cailey Locke, from Conception Bay South, and participated in the 2024 Youth Olympics Mixed Doubles Competition. This is very exciting as they represented Canada at this event from January 26-February 1, 2024. Simon and Cailey got to play Youth Curlers from all over the world such as the Republic of Korea, Hungary, Nigeria, Great Britain and Czechia, in Group A. There were 24 countries represented in the Youth Olympics spanning from North America, Europe, Asia, New Zealand, and all around the world. This was an amazing event for Simon and Cailey to go to and represent this great country of ours and though they didn't get to bring home a medal they did very well with a 3-2 record! We are so proud of them!

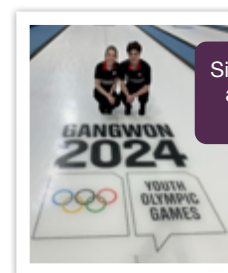
Submitted by Tanya Holden



left to right: Carter Holden - Lead, from PC-SP; Brayden Snow - Second & Vice Skip, from PEI; Nicholas Codner - Third, from Torbay; Simon Perry - Skip, from PC-SP; and Coach Glenn Goss.



left to right: Carter Holden - Lead, from PC-SP; Brayden Snow - Second & Vice Skip, from PEI; Coach Glenn Goss; Nicholas Codner - Third, from Torbay; and Simon Perry - Skip, from PC-SP.



Simon & Cailey
at the Youth
Olympics



Dream of Having your Own Business? Make it a Reality!

Are you an aspiring business owner? Or, do you have an existing business and need support to take it to the next level?

Mashup Lab's Dream Business Program Kicks off in PCSP on March 19, 2024, at 6:00 pm NST!

The Dream Business Program is a 100% FREE virtual program focused on giving you consistent support, scheduling, community, and confidence to help you along your entrepreneurial journey! Anyone looking to start or build their business, or simply with a business idea they want to explore, is welcome to sign up.

While in the program, not only will you gain guidance, but participants will learn how to craft a compelling business plan, identify target markets, build strong branding, and more. In addition to this, mentorship, tailored resources, networking opportunities, personalized feedback, interactive sessions, and more will be offered to program participants.

Are you ready to take a step toward your business dreams in 2024? Learn more about the Dream Business Program and sign up for the program here: www.dreambusiness.ca/pcsp



We Want to Hear from You!

The Town of Portugal Cove – St. Philip's is gathering insights from residents to help support the development of our Town's Communication Plan. Scan the QR code to take the survey with your feedback or visit our website - it takes less than 5 minutes, and you'll be entered to **win a \$100 grocery gift card!** This feedback will help shape how we communicate with residents regarding services, programs, and much more.



Exciting News! THE TICKLE IS GOING GREEN!

In commitment to our 2023-2028 Strategic Plan, and reducing our environmental footprint, we're transitioning our community bi-monthly newsletter, The Tickle, to a quarterly digital format. By reducing paper usage, we're taking a significant step towards minimizing our environmental impact, and promoting a greener, cleaner community. So, what can you look forward to seeing? Our digital format will open exciting possibilities for richer storytelling and community involvement. While our newsletter is going digital, we are investigating ways to have a limited number of printed copies available. Want to receive a digital copy of The Tickle in your email inbox? Visit eServices to sign up now! If you wish to receive The Tickle in an alternate format (eg. print) please reach out to Laura at laura.barnes@pcsp.ca. Join us on our journey towards a more sustainable and connected future! Share your good news stories, community events, and more to **Laura at laura.barnes@pcsp.ca**. The deadline for submissions for the April to June quarterly edition is **Tuesday, March 19th, 2024 at 4:30 pm.**

Bulk Garbage Collection

Our Public Works Department is now taking appointments for bulk garbage collection! Running from **MAY-NOVEMBER 2024**, residents can email our Public Works team to make an appointment at publicworks@pcsp.ca. Please include your name, address of pick up, phone number, and items for collection. Collection will occur each Monday (apart from holidays). **Appointments are fill up fast, so please book early!**



Reminder of Waste Collection Containers

Winter in Newfoundland can bring a mixed bag of weather, that can change at any moment. During winter months, please ensure your waste containers are clear of snow and ice so our crews can access them – be sure to **place items for pick up by 8:30 am** so they are picked up in time. When clearing snow, our crews make an initial pass to make the roads passable for emergency crews, and then continue to clear and widen the streets. As Spring approaches, we kindly ask residents to **remove any debris surrounding your waste containers**, and inside them. Doing so reduces unwanted wildlife making a home in them.



ENVIRONMENT

Environment Fair 2024

SAVE THE DATE! Join us on **April 20th, 2024**, for an immersive experience at the **PCSP Environment Fair!** All are invited to participate in a day filled with informative workshops, engaging activities, and interactive displays, aimed at fostering environmental consciousness and action. We're also seeking vendors passionate about eco-friendly products, renewable energy, conservation efforts, and everything in between, to join us in showcasing their offerings and contributing to our shared mission of creating a greener future. Don't miss this opportunity to connect with like-minded individuals, explore cutting-edge solutions, and make a tangible impact. Mark your calendars and be a part of something extraordinary!

Contact Julie at Julie.pomeroy@pcsp.ca to reserve your spot as a vendor or for more information on attending. Let's make a difference together.



FoodCycler Pilot Project Update

The reviews are in - residents love their FoodCyclers!

100 residents are taking part in the FoodCycler pilot project, where for 12 weeks they're reporting the effects of composting with their countertop FoodCyclers. The countertop system makes composting accessible by turning food scraps into useable plant food overnight, with the press of a button and no turning required. Are you participating in the pilot project? We want to hear from you! Send your photos and reviews to **Julie at Julie.pomeroy@pcsp.ca** – you might be featured in our next edition of the Tickle!



ST. PATRICK'S DAY SENIORS SOCIAL

TUESDAY, MARCH 12

2:00 PM - 4:00 PM

PCSP RECREATION CENTRE

\$5.00 PER PERSON

Registration for residents opens on Monday, February 26th at 9 am and non-residents, Monday, March 4th. To register and for any dietary restrictions, contact Mike Stone at 709-895-8000 ext. 265

CALL FOR NOMINATIONS BEST OF PCSP AWARDS

It's that time of the year again, so we're putting the call out!
Nominations are now open in categories such as:

- Lifetime Achievement Award
- Artist of the Year Award
- Youth of the Year Award
- Business of the Year Award
- ...And, many more!

Find More
Information Here



Nominations
are due by
March 8!

EASTER CAMP

MONDAY, APRIL 1 TO FRIDAY, APRIL 5

DROP OFF: 8:00 AM - 9:00 AM PICK UP: 4:00 PM - 5:00 PM
PCSP RECREATION CENTRE \$150.00 PER PARTICIPANT

Participants must be enrolled in Kindergarten for the 2023-2024 year & no older than 12 years of age (completing Grade 6 in June 2024). Register via eServices on Monday, March 4th, 2024 at 9 am for residents. If space permits, a date for non-residents will be announced on our social media.

WE'RE HIRING YOUTH POSITIONS

 Killick Coast
Games Assistant

To Apply:
Visit Our Website



RESUMES DUE MARCH 15, 2024

EASTER EGG HUNT

SATURDAY, MARCH 23RD
VOISEYS BROOK PARK
9:30-11:30 AM
\$6 PER PERSON | FREE
UNDER 2 YEARS OLD

Registration opens for
PCSP residents

 March 8th, 2024


 9 am | eServices

SENIORS GOODS BINGO

with PCSP Lions Club

 TUESDAY, MARCH 19TH

 BROOKSIDE
INTERMEDIATE GYM

 Doors Open | 12:30 pm
Bingo starts | 1:00 pm.

Contact Suzette Moss
to register

 709-746-7810

 suzettemoss@yahoo.com

BULLDOGS



Fire Safety during Winter Storms

Winter storms can happen almost anywhere. They can cause us problems. Know what to do before, during and after a storm. This will help keep you and your family safe from a winter fire.

- Test all smoke alarms. Do this at least once a month. This way you will know they are working. Install carbon monoxide alarms in your home. Test the alarms.
- Plan two ways out of the home in case of an emergency. Clear driveway and front walk of ice and snow. This will provide easy access to your home.
- Make sure your house number can be seen from the street. If you need help, firefighters will be able to find you.
- Be ready in case the power goes out. Have flashlights on hand. Also have battery-powered lighting and fresh batteries. Never use candles.
- Stay aware of winter weather. Listen to the television or radio for updates. Watch for bulletins online.
- Check on neighbors. Check on others who may need help.
- Generators should be used outdoors. Keep them away from windows and doors. Do not run a generator inside your garage, even if the door is open.
- Stay away from downed wires. Report any downed wires to authorities.
- Be ready if the heat stops working. Use extra layers of clothes and blankets to stay warm. If you use an emergency heat source, keep anything that can burn at least 3 feet away.
- Turn portable heaters off when you leave the room. Turn them off when you go to bed.

IMPORTANT REMINDER

There are more home fires in winter than in any other season. Half of all home heating fires happen in December, January and February.

As you stay cozy and warm this winter season, be fire smart!



Fact

Nearly half of all space heater fires involve electric space heaters.







**NATIONAL FIRE
PROTECTION ASSOCIATION**
The leading information and knowledge resource
on fire, electrical and related hazards



nfpa.org/education ©NFPA 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Rainbow 50+ Club Cards/Darts Summer/Easter Resumes Due	2
3 Pound Fitness	4 Yoga Seniors Pickleball Women's Institute	5 Family History Club Adult Fitness Sit and Fit Sparks	6 St. Lawrence Parish Seniors Cards and Fellowship PCSP Playgroup Seniors Pickleball Zumba	7 Adult Fitness Kickboxing Seniors Pickleball Sit and Fit PCSP Library Storytime PCSP Darts	8 Happy International Women's Day! Rainbow 50+ Club Cards/Darts 	9 Best of PCSP Awards nominations due Bic and The Ballpoints Concert (Sold Out)
10 Spring Forward! Daylight savings time begins Pound Fitness Friends in Music	11 Yoga Seniors Pickleball Royal Canadian Legion Branch #10 AGM and Elections Women's Institute	12 St. Patrick's Day Senior's Social Adult Fitness Sit and Fit Sparks PCSP Lions Club	13 St. Lawrence Parish Seniors Cards and Fellowship PCSP Playgroup Seniors Pickleball Zumba	14 Adult Fitness Kickboxing Seniors Pickleball Sit and Fit PCSP Library Storytime PCSP Darts	15 Killick Coast Games Assistant resumes due Rainbow 50+ Club Cards/Darts	16
17 Happy St. Patrick's Day! Pound Fitness Friends in Music 	18 Yoga Town Offices Closed Women's Institute	19 Family History Club First day of Spring Adult Fitness Sit and Fit Seniors Goods Bingo Sparks	20 St. Lawrence Parish Seniors Cards and Fellowship PCSP Playgroup Seniors Pickleball Zumba	21 Adult Fitness Kickboxing Seniors Pickleball Sit and Fit PCSP Library Storytime PCSP Darts	22 Rainbow 50+ Club Cards/Darts	23 PCSP Easter Egg Hunt
24 Pound Fitness Friends in Music	25 Yoga Seniors Pickleball Women's Institute	26 Adult Fitness Sit and Fit Sparks PCSP Lions Club	27 St. Lawrence Parish Seniors Cards and Fellowship Seniors Pickleball Zumba	28 Adult Fitness Kickboxing Seniors Pickleball Sit and Fit PCSP Library Storytime PCSP Darts	29 Good Friday Town offices closed 	30
31 Happy Easter! Annual Tax Levy deadline 						

BRANCH 10, PORTUGAL COVE Legion Happenings... 709-895-6521

**AGM and Elections are March 11th, 2024 at 7 pm.
Uniform or proper dress required.**

If you're looking for a place to host your next event, please don't hesitate to call us @ 709-895-6521. We have great rates and our hall has A/C and an outdoor deck. **Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. The Legion needs you!**

LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 709-749-0204 Service Officer - Bud Churchill 709-685-7644

FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10



ANNUAL TAX TIME!

Tax invoices have been mailed out; if you have not received your invoice, please email ar@pcsp.ca.

- Deadline for payment is March 31st 2024
- Taxes not paid in full by the due date, are subject to a one percent (1%) compounded interest rate which will be applied on the first day of every month
- Payment option information is available on the reverse of your tax invoice

Accounts with a balance forward in January from the prior years' taxes, may be subject to collection measures, recovery, and legal action – Please contact Accounts Receivables (ar@pcsp.ca) to set up a payment arrangement.

Please visit the Town's website for the Tax Collection Policy.



**St. Lawrence Parish Seniors
Cards & Fellowship**

Seniors Cards and Fellowship every Wednesday from 2-4 pm at St. Lawrence Parish Hall, Portugal Cove. \$2.00 admission, all are welcome. Any questions, please call **Marg 709-895-6424.**



Rainbow 50+ Club

Fridays, Cards/Darts, 2-4pm every week (except Good Friday)
Please invite your friends to come and join the Club!

- March 1st Cards/Darts, 2-4 pm
- March 8th Cards /Darts, 2-4 pm
- March 15th Cards/Darts, 2-4 pm
- March 22nd Cards/Darts, 2-4 pm
- March 29th No cards as it is Good Friday. A substitute date may be announced.

