

TABLE OF CONTENTS

PAGE 2 Community News

PAGE 3 Community News

PAGES 4

Public Works

PAGES 5-7
Recreation &
Community Services

PAGE 8
Environment,
Chamber & Arts

PAGE 9

Fire Department & Safety

PAGE 10 **Event Calendar**

PAGE 11 Community Groups

PAGE 12

Mayor's Message & Chamber

SEPTEMBER - OCTOBER 2023

- f townofpcsp
- @PCSPnl
- @ @PCSPnl

pcsp.ca

Portugal Cove - St. Philip's NEW HIGH SCHOOL

On July 7th, 2023, the Honourable Premier Andrew Furey; Minister of Education, Krista Lynn Howell; Minister of Transportation and Infrastructure, John Abbott; and Mayor Carol McDonald, unveiled the site of the new high school on Old Broad Cove Road



at the corner of Maggie's Place in Portugal Cove – St. Philip's. The school, for grades 10 – 12, with a total footprint of approximately 4,780 square metres, is slated to open in Fall 2026. The new school will allow children in Portugal Cove – St. Philip's to begin and complete their education at home, instead of travelling to St. John's each school day. The planned school has been top of mind for Mayor McDonald during her current and previous terms. "The new high school is not just a place for children to continue to learn and grow at home," said Mayor McDonald, "it will be a focal point for community development and community building, bringing benefits to the wider community as well." The announcement comes from the Mayor working diligently with Council, the provincial government and MHA David Brazil over the last number of years. Project funding was first announced in the 2022 provincial budget.

Meet You on the Picnic PATH!

In collaboration with the PCSP Chamber of Commerce, Live Local PCSP, the Killick Coast Food Hub, and the Town of Portugal Cove – St. Philip's, a new way to discover your community launched in August. Explore local tastes and local trails, in Portugal Cove – St. Philip's! Explore the rugged coastline and vistas, see wildlife, brooks, waterfalls, rock outcrops, and pick up a Picnic PATH bag filled with local fares on the way. Discover meal bundles from Kitchen Sink, Tilt House Bakery, The Grounds Café, or from Sharpe's General Store, and spend an afternoon exploring our many trails. Take in the sights with your family, friends and favourite foodies. Find more information on our website, pcsp.ca, and we'll meet you on the Picnic PATH!

U15 BOYS NEWFOUNDLAND Rock Rugby Atlantic Champions!

Congratulations are in order for the U15 Rock Rugy boys! The group travelled to Halifax to compete in the Atlantic Rugby Championships from July 6th – 9th, representing both our province and town!

The Newfoundland U15 boys went undefeated with 4 wins in the round robin plus a solid 59-3 final win against Nova Scotia for the gold medal.

It was the first U15 rugby title for Newfoundland and Labrador, away from home.

Congratulations to the entire team!



Left to right - William Cummings (captain), Gavin Sala, Alex Whitaker, Henry Budden, and asst. coach Jeremy Cummings



Owner of Threads Up Advances to Pow Wow Pitch Semi - Finals

On July 31st, 2023, Pow Wow Pitch, North America's premier pitch competition for Indigenous entrepreneurs, presented in partnership with RBC, Shopify, and Mastercard, announced Leslie Butt, Founder and CEO of Threads Up from the Indigenous Community, as a 2023 Pow Wow Pitch Semi-Finalist. Leslie was selected from more than 2,000 applications and is advancing as a Semi-Finalist for a chance to win \$25,000 to grow their business.

Threads Up is a liquidation store that sells a wide variety of household goods and clothing at a greatly reduced price. Leslie started the business as a single parent who was struggling to make ends meet, and noticed a major gap in services for people looking for affordable items in one location. Leslie will now benefit from expert pitch training and one-to-one mentorship with industry leaders. Leslie will pitch their business to a panel of Judges in early Fall at Semi-Finals and, if successful, will win \$1,000 and advance to the Finals for a chance to win \$25,000.











Local Teen Represents Newfoundland in Football

15-year old Evan Healey, a Brookside Intermediate student, was chosen as one of 50 youth from across Canada to attend a football event in Ottawa this past May. This is the first time a Newfoundlander participated in this event! The 50 youth selected represent the best in Canada for football skills. Evan's skill was so impressive, a high school in Ontario known for elite football training is hoping he will consider attending their school next year. Evan would be the first recruit from Newfoundland in their program, as people who go through the program often receive scholarships and drafts. Congratulations Evan!

Tyler Spurrell, Always Remembered.

Tyler Spurrell or T-Spurr, as he was affectionately known, was a member of the PCSP Summer League, PCSP Metro League, and Leary's Brook Junior High Soccer Team. I, proudly coached him in both Metro and at The Brook. He was a kind and gentle young man who could be shy and anxious on game days, but he always battled through it and never let it get the better of him. Tyler was a star fullback. From U12 to U14, he and his fellow defense were the fortress on the back line. They won three championships in four years in the Metro League. Tyler scored the winning goal to secure the championship for Leary's Brook in October of 2011, just one month before his tragic passing on November 20th of that year. His jersey was retired and hangs from the rafters at Leary's Brook. A mural was created in his memory there, with the names of his teammates from both LBJH and PCSP. The name SPURRS was given to our Metro League to honour his name. The Leary's Brook jerseys have a T and a spur on the left side over the heart. These are the jerseys they wear today. After his passing, LBJH won five consecutive championships with each one dedicated to T-Spurr, our 12th player. T-Spurr represented all that is good in soccer and in life. He was humble and hard working. Always kind to everyone. He was loved by his teammates, classmates, and teachers. In honour of Tyler, the soccer field at Voisey's Brook, on which he won many games, is deservedly named after this exemplary young man.

Forever in our hearts.
Submitted by Dave Bartlett



IT'S A TOILET, NOT A TRASH

There are many new bathroom products on the market that are advertised as a better cleaning experience when compared to traditional toilet paper and their labels indicate they are safe for sewers and septic systems. There are also cleaning products that are labelled as flushable which may go down the toilet but they are not breaking down sufficiently enough and are not biodegradable. Flushing such products had led to clogged pipes and jammed pumps in sewer systems. All of these 'flushable' wipes, combined with other items such as extra-thick toilet paper, baby wipes, paper towels, sanitary pads, dental floss, and other items that are not designed to be flushed can all get tangled up in sewer pipes and cause extensive damage to wastewater systems.

Residents are urged to think before they flush and are also urged to educate young chuldren on what can and cannot be flushed. If you are unsure about a product, it is always a safe measure to simply bag it and put it with your garbage. When in doubt - throw it out.

Never flush the following items - toss them in the trash instead.

Wipes of any type

Sanitary products

Medication

Hair

Dental floss

Cotton swabs or balls

Bandages

Clothing labels

Candy wrappers

Syringes

Cigarette butts

Disposable toilet brushes

Kitty litter

Aquarium gravel

The only things that should go down your toilet are pee, poop, and paper.

Meet Chad, our new Occupational Health and Safety Officer

Chad recently joined the Portugal Cove – St. Philip's team as part of our Public Works Department as our Occupational Health and Safety Officer. Chad brings a wealth of knowledge and experience in the safety sector, and assist the Town in fostering a positive health and safety culture. This includes many things such as:

- · Ensuring upcoming projects have a safe plan prior to work.
- · Assisting in identifying training requirements for workers.
- Promoting safety
- Educating staff on aspects related to safety.
- Outfitting our workers with the Personal Protective Equipment (PPE)
 they require to do their job safely.
- Being proactive with planning, workspace inspections, and coaching workers with any questions they may have.



WELCOME TO THE TEAM, CHAD!



See all of the photos on our Facebook

@townofpcsp

Thank you!

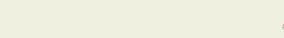


To all the volunteers, community groups, families, and friends who helped to make the 2023 Regatta Festival such a success!

THANK YOU!



TO ALL WHO JOINED US FOR OUR CANADA DAY CELEBRATIONS, AND TO OUR VOLUNTEERS AND STAFF FOR MAKING IT A SUCCESSFUL DAY!





Fall 2023

Portugal Gove

Library

September 18 - December 14 2023

11 am - 2:30 pm Tuesdays

3:30pm - 7pm

10 am - 12 pm Wednesdays

1 pm - 4:30 pm

Thursdays 1 pm - 4:30 pm

Please note - the hours above reflect times when the library is open for public use. The library is also open at select times for programs and events by registration only

Saturday, October 28th Beachy Cove Elementary Parking Lot

\$2.00 per child | All proceeds support local food banks

Registration opens October 18th at 9:00 am via eServices for residents | October 20th for non-residents at 9:00 am if space allows

Visit our Facebook page for full information





TO ALL ATHLETES, COACHES, AND TOWNS

The 2023 Killick Coast Games was an exciting week filled with sportsmanship from each Town in the Killick Coast. We can't wait to host you all next year!













OCTOBER 3, 2023 | \$5 PER PERSON 2PM TO 4PM AT THE REC CENTER (DOORS OPEN AT 1:30PM) CALL MIKE TO REGISTER BEGINNING SEPTEMBER 18TH

709-895-8000 EXT. 265







CALL FOR VENDORS

Calling all business in Portugal Cove -St. Philip's! Join us on October 28th for Trunk or Treat! Local children will trick or treat between the trunks of each car to collect their goodies!

Email Stacey by October 11 to participate stacey.hanton@pcsp.ca

Full Details will be released soon!

Portugal Gove St. Philip's Fall 2023

Registration Opens via eServices on Friday, September 8, 2023 9 am for residents.

Fitness + Programs

Class + Program	Date +Time	Number o Classes	f Cost
Adult Fitness	Tuesday and Thursday September 19th to November 30th 9:30am to 10:30am	22	\$56
Friends in Music	Sundays 5:00pm to 6:30pm September to December - no class November 5th Contact Debbie Churchill for more info	11	Free
Yoga	Mondays, September 18th to November 27th - no classes on October 9th 6:30pm to 7:30pm	10	\$117
Kickboxing	Thursday September 21st to November 30th 6:30pm to 7:30pm	11	\$101
Playgroup	Wednesday September 20th to November 29th 10:00 am - 11:30 am	11	\$29
Pound Fitness	Sundays, September 17th to November 26th - no class on November 5th 7:00pm to 8:00pm	10	\$92
Senior's Pickleball	Monday, Wednesday, Thursdays September 18th- November 24th 1:00pm – 2:30pm Contact Kyle to register	26	\$2 per session
Sit & Fit	Tuesday and Thursday September 19th to November 30th 11:00 am to 12:00 pm	22	\$56
Storytime	Thursday September 21st - November 30th 10:30am - 11:30am	10	Free
Zumba	Wednesday September 20th to November 29th 6:30pm to 7:30pm	11	\$101

JOIN PCSP FOR THE 2023

Environment Fair!

The Environment Fair is back for the first time since the pandemic, with lots of exciting vendors and presentations! Vendors range from those selling unique and local products, environmental and wilderness organizations, to vendors that can help you improve your home. Spend the afternoon learning improvements for your home, purchasing gifts for the upcoming holiday season, and discover hidden gems.

We'll see you there!



October 7th



Brookside Intermediate

CALL FOR VENDORS

Portugal Gove St. Philip's **PCSP** ENVIRONMENT **FAIR**

Save the date



Brookside Intermediate School



Saturday, October 7th

Contact Julie for Information



julie.pomeroy@pcsp.ca



709-895-8000 ext. 229

Are you a vendor and interested in attending? This is one of our biggest events of the season – contact Julie Pomeroy Sparrow julie.pomeroy@pcsp.ca or 895-8000 x 229 to join the event.

PCSP Green Team

Throughout the 2023 summer season, Portugal Cove - St. Philip's partnered with the Conservative Corps Newfoundland and Labrador to host the Green Team! Comprised of 4 students in post-secondary school, the Green Team worked on projects throughout the summer that highlighted information on our waterways and environment. They worked with our Heritage and Environment Coordinator, Julie, and their work will be available on our website in September, with information on water conservation, septic system care, fertilizer impacts, water runoff, as well as protecting wetlands and waterways.





BACK TO SCHOOL **Safety Reminders**

As the school season has begun, all drivers are reminded to use extra caution when behind the wheel. Here are some tips to help keep everyone safe:

- Drivers are required to stop when any school bus has its red stop signs flashing and wait until the stop sign has closed.
- Parents and passengers, please wait for the bus to come to a complete stop and for its stop sign to be flashing before moving to board the bus.
- When **yellow lights** are flashing prepare to stop.
- A "SCHOOL ZONE" means the portion or length of highway between the two posted signs indicating a school zone, in PCSP the posted speed limit in School Zones are 30 km/hr.
- Drivers travelling in both directions in all traffic lanes (this means single, double, triple lanes on either side) must come to a complete stop when the school bus has its red lights flashing and stop sign out.

DID YOU KNOW? You can report unsafe driving around school busses with the RNC'S ONLINE REPORTING TOOL



- grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

If you have a small (grease) cooking fire and decide to fight the fire...

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

If you have any doubt about fighting a small fire...

- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number from outside the home.



FACTS

hot food or drink is prepared

1 The leading cause of fires in the kitchen is unattended cooking.

or carried

(!) Most cooking fires in the home involve the kitchen













Even if you already have a civic number sign on your property, where is it located? On your garbage box? On a pole or a tree? On your door? You might know where it is, but first responders don't. In an emergency situation, they need to be able to find you quickly and easily. When you sign up for safety, your reflective number sign will lead first responders straight to you or your family when you need them.

Message the Portugal Cove-St. Philip's Lions Club on Facebook or call Lion Suzette 709-895-0472 to Sign Up for Safety today!







@PCSPnl





SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Labour Day Town Offices Closed	5	6 School Year Begins	7	Registration for Fall programs Opens	9
10	11	12	13 St. Lawrence ACW playgroup	14	15	16
17 Pound Fitness	18 Fall programming starts, ends November 30 Yoga Women's Institute Seniors Pickleball	19 Adult Fitness Sit and Fit Sparks	20 St. Lawrence ACW Card Game Night Zumba PCSP Playgroup Seniors Pickleball	Adult Fitness Sit and Fit Kickboxing Darts Seniors Pickleball	22 Tentative date 50 Plus Club cards/darts	23 50 Plus Club Social
24 Pound Fitness	25 Yoga Women's Institute Seniors Pickleball	26 Adult Fitness Sit and Fit Sparks PCSP Lions Club	27 Zumba PCSP Playgroup Seniors Pickleball	28 Adult Fitness Sit and Fit Kickboxing Seniors Pickleball	29 50 Plus Club	30

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1 Pound Fitness	Yoga Women's Institute Seniors Pickleball Town Offices Closed	Adult Fitness Sit and Fit Sparks National Senior's Day	4 Zumba PCSP Playgroup Seniors Pickleball	5 Adult Fitness Sit and Fit Kickboxing Darts Seniors Pickleball	6 50 Plus Club cards/ darts	7 PCSP Environment Fair		
8 Pound Fitness	Thanksgiving Town Offices Closed	Adult Fitness Sit and Fit Sparks PCSP Lions Club	11 Zumba PCSP Playgroup Seniors Pickleball	Adult Fitness Sit and Fit Kickboxing Darts Seniors Pickleball	13 50 Plus Club cards/ darts	14		
15 Fall Family Festival Pound Fitness	16 Yoga Women's Institute Seniors Pickleball	17 Adult Fitness Sit and Fit Sparks	18 St. Lawrence ACW Card Game Night Zumba Seniors Pickleball	Adult Fitness Sit and Fit Kickboxing Darts Seniors Pickleball	20 50 Plus Club cards/ darts	21		
22 Pound Fitness	23 Yoga Women's Institute Seniors Pickleball	24 Adult Fitness Sit and Fit Sparks PCSP Lions Club	25 Zumba PCSP Playgroup Seniors Pickleball	26 Adult Fitness Sit and Fit Kickboxing Darts Seniors Pickleball	27 50 Plus Club cards/ darts	28 50 Plus Club Social Trunk or Treat		
29 Pound Fitness	30 Yoga Women's Institute Seniors Pickleball	31 Happy Halloween! Adult Fitness Sit and Fit Sparks						



WAR MEMORIAL ADDITION

Your local Legion, Branch 10, will be adding a special list to the Town's War Memorial to add or include the names of residents who also served in the Military but may not have served in an area of operations.

The Criteria for inclusion are that the person was born in Portugal Cove -St. Philip's or lived here while they served. A person from PCSP may have passed and is buried somewhere else but if they are a veteran born here then their name can be added. Names are only added after a person has passed.

> To have a name added please contact Michael at Whereoncetheystood@l.rogers.com or call 709-727-4674

We hope to have this process completed in time for November 11th, 2023 and we ask that names are received by October 15th, 2023



If you're looking for a place to host your next event, please don't hesitate to call us @ 709-895-6521. We have great rates and our hall has A/C and an outdoor deck. Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. The Legion needs you!

FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10

LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 709-749-0204 Service Officer - Bud Churchill 709-685-7644

PCSP Rainbow 50+Club

Welcome back everyone! We hope you had a great summer, and are ready to welcome the Fall. As you are aware the kitchen of the Community Centre has been under renovations, and our tentative date for return of the 50+ Club is Friday, September 22. PLEASE DO NOT think this is definite. ALL our members will be notified by phone call to confirm. When we open, our Club will continue each Friday from 2:00pm - 4:00pm. Date to be announced later.

OCTOBER SCHEDULE

Friday, 2 - 4pm Cards/Darts Oct. 6th Oct. 13th Friday, 2 - 4pm Cards/Darts Friday, 2 - 4pm Cards/Darts Oct. 20th Friday, 2 - 4pm Cards/Darts Oct. 27th

St. Lawrence ACW

CARD GAMES

St. Lawrence ACW is holding their monthly card games on Wednesday, September 20 and October 18. Games start at 8:00pm, \$5.00 admission. Please bring your own cards and baskets. Games will be held at the Legion. Please note the change in day and venue.

PLAYGROUP

St. Lawrence ACW playgroup for caregivers and tots will be starting up again on Wednesday, September 13 from 10:00 - 11:30am. This is a free playgroup for kids under the age of 5 years. Hope to see you there. For more information, please call Pam at 709-743-8488

FRIENDS IN MUSIC

The PCSP Lions Club is pleased to invite music lovers in our community to join our weekly musical event called "Friends in Music." This free event is open to ages 12 to 112 and will take place at the PCSP Rec Centre on Sundays (5:00pm to 6:30pm), from September to December. Registration not required — just show up, dates will be announced on Facebook. For inquiries, contact FriendsInMusicLions@gmail.com, call 709-895-3137 (Debbie) or send a message on Facebook through the Friends in Music page.



Are you looking for a way to give back to your community that fits your busy lifestyle?

When you join a Lion's Club, you enter into an international community of eager and dedicated volunteers which supports you in making a positive impact on your community. Your Lions Club in PCSP is currently seeking new members of age 18+ and of any background. With low commitment requirements and a broad scope of service activities, we would love to see you at our next meeting. To learn more, contact Lion Suzette at 709-895-0472.





MAYOR'S message



Summer continued to be a busy season for our Town. We held our Summer Camp from July 5th to August 25th that was organized by the Recreation team and great group of Summer Counsellors; we accepted the Killick Coast Games flag and preparations are underway for next year as we host the Killick Coast towns next summer; as well we launched the Picnic PATH that encourages residents and visitors to explore trails throughout the Town and purchase a picnic from local vendors. I encourage all to get out and explore the beauty throughout our town.

With the Fall season upon us, many are back to their regular routine. Students are back to their studies, the excitement of seasonal holidays approaching, and our Town staff are excited to unveil a robust schedule of events and programming for all to enjoy. As more activity is happening throughout the Town, I want to remind residents to watch for school children, please slow down and obey school zone speed limits, and bus signals.

In addition to this, we invite residents to attend our Budget Consultations in October as Council and Town staff prepare the 2024 Budget. Residents are encouraged to join us and share their ideas for the new budget, or listen to others. We hope to see you there!

BUDGET 2024

This Portugal Cove – St. Philip's Strategic Plan 2023 – 2028 has been developed to assist Town Council and staff in decision making and budgeting over the next five years, as we endeavor to meet the needs of residents within the limits of available fiscal and human resources. The annual budget is a financial plan for creating and maintaining programs and services within the context of the Strategic Plan.

JANUARY - AUGUST

Departments implement monitor and analyze budgeted projects and programs.

OCTOBER 2

The online budget submission form is launched.

OCTOBER 10 • 7pm - 9pm

Budget Consultations Open Public Meeting Location: PCSP Town Hall, Council Chambers, 1119 Thorburn Road

An open forum for residents and Council budgetary engagement, Community groups, businesses, individuals, or other stakeholders are invited to book a presentation time to provide insight on your ideas for the new budget.

Email: michael.mooney@pcsp.ca to register.



NOVEMBER

Council and Town Administration review and discuss budget submissions and considerations to finalize the proposed budget.

SEPTEMBER

Departmental Directors and the CAO review project outcomes and examine potential budget impacts.

OCTOBER 11 • 7pm - 9 pm

Budget Consultations Open Public Meeting Location: Royal Canadian Legion, Branch #10, 5 Legion Road

An open forum for residents and Council budgetary engagement, Community groups, businesses, individuals, or other stakeholders are invited to book a presentation time to provide insight on your ideas for the new budget. Email: michael.mooney@pcsp.ca to register.

DECEMBER

Council adopts the final annual budget.
Budget summary circulated to residents.



WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community! The deadline for the November/December Tickle Newsletter is 4:30 pm Tuesday, October 10th, 2023.

► Contact Laura Barnes at laura.barnes@pcsp.ca or phone 895-8000, ext. 268