



# The Tickle Newsletter



## TABLE OF CONTENTS

PAGE 2  
Super Sweet Tweets

PAGE 3  
Community News

PAGES 4  
Public Works

PAGES 5-7  
Recreation & Community Services

PAGE 9  
Environment, Chamber & Arts

PAGE 10  
Event Calendar

PAGE 11  
Community Groups

PAGE 12  
Mayor's Message & Chamber

JULY - AUGUST 2023

townofpcsp

@PCSPnl

@PCSPnl

[pcsp.ca](http://pcsp.ca)

## MUNICIPAL AWARENESS DAY

May 8 – 12 was Municipal Awareness Week. Grade 4 students from Beachy Cove Elementary toured the PCSP Town Hall and facilities. The students learned how each facility contributes to our community, with hands on activities and more, gaining an understanding of how each department works independently and together. Students had the opportunity to explore our street fleet (with lots of honking), use the Mayor's gavel and see what the inside of a firetruck looks like. As well, each class had the opportunity to speak to members of the PCSP's staff and ask lots of questions. **Thank you to the Grade 4 class of Beachy Cove Elementary and teachers for joining us for a fun day!**



## The Aye's Have It!

Following Municipal Awareness Day on May 16<sup>th</sup>, the student-voted Beachy Cove Junior Council joined the PCSP Council in council chambers to conduct their own meeting. Prior to the council meeting, the Grade 4 students held elections in each class to determine their council, and learned how municipal elections are organized and the importance of making your voice heard. Mayor Henry was joined by councillors Laura, Greyson, Jill, Emma and Jacob, to adopt their agenda and discuss the motion of holding an ice cream party for their Grade 4 leaving ceremony in June. With 5 to 1, the aye's had it and the motion passed! Through this process, the students learned to foster their skills in leadership, teamwork, organization, communication and public speaking, which can inspire them to be more confident and represent different groups, giving them a voice. To our Junior Council, we hope you had a great time representing the Grade 4 classes! **To hear from Mayor Henry, turn to page 12 for a message from the Mayor!**



# Super Sweet tweets



**Stacey Barrington**  
@MmeBarrington

Bravo, tout le monde! 👍👍 @BCEMorrisEFI @PCSP Lions @PCSPnl @beachycoveelem



**Barry Flynn**  
@barryflynn

Here are the @1stPCScouts Cubs pack cleaning up the war memorial area for @PCSPnl clean up week! Great job!



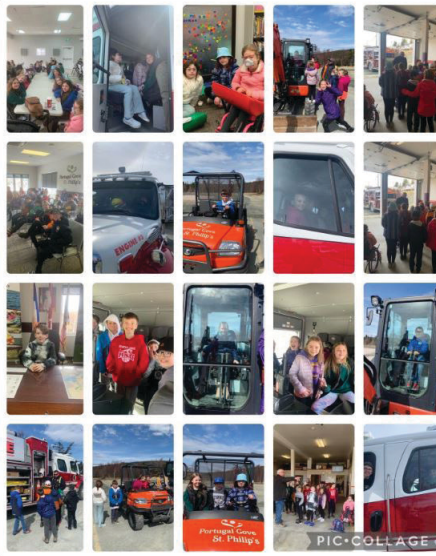
**Ian Crewe**  
@iancrewe

Finally!! @PCSPnl #dogwalking #clearskies #nlwx @EddieSheerr @a\_brauweiler



**Cynthia Hillier**  
@4FillierBCE

A day with the Town of Portugal Cove - St. Philips ... Municipal Awareness. Thank you so much for teaching us. ❤️ @PCSPnl



**Portugal Cove-St.Philip's Fire Department**  
@PCSPFire

PCSP crew for NFPA 1006 with instructor's Kent Abbott and Sheldon Hillier. @SheldonAHillier @AbbottKent @TorbayFire @PCSPnl



**Portugal Cove-St.Philip's Fire Department**  
@PCSPFire

Recruit practical training continued this evening with in house Live Fire Training.



**Sam Paterson**  
@SamPatersonEDU

👍👍 @BrooksideInt athletes took 1st place in the Male AND Female Elementary divisions at the @trinl Indoor Triathlon.

Congrats to Teagan and Claire for their results. Both of them swim with SJ Legends, and are current or past members of Brookside Track and Field.



**Sam Paterson** @SamPatersonEDU · Apr 29

Congrats to these three @BrooksideInt Bulldogs, who all finished top 8 in the Girls 60 m race at @NLAthletics track meet this morning. More results to come!



**Sam Paterson**  
@SamPatersonEDU

Lots of @BrooksideInt athletes represented at the ANE School Mile this morning. Great job team!



**Karen Banfield Hare**  
@hare\_karen

@PCSPnl you rock!! The Voisey's Brook park is incredible. We have been here for 2 nights and went there 4 times. Best dog park we've been to. Thank you!!!







## SPRING COMMUNITY CLEAN UP

Thank you to all residents and participants for joining in the Spring Community Clean Up! During the month of May, the Town of PCSP partnered with the PCSP Lions Club to ensure that free supplies were available for residents to use to help beautify our Town. So many people joined in over the month, including students at Beachy Cove Elementary who cleaned around their school! For all the hard work that was done, a contest was held by the PCSP Lions Club where participants could submit their photos for the chance to win a prize! Thank you so much to all those who participated, our community is beautiful thanks to you.



### Making History

On May 15, 2023, Rachel Moss was appointed Chief Page in the Senate of Canada. Raised in Portugal Cove-St. Philip's and an alumna of Prince of Wales Collegiate, Rachel is the first Chief Page to represent the province of Newfoundland and Labrador. Alongside newly appointed Deputy Chief Page Mira Gillis of Windsor, Ontario, they are the third all-female leadership team in the history of the Senate Page Program. Rachel has been a Page in the Senate since August 2021 and is entering her third year studying Political Science in French Immersion at the University of Ottawa.

## GOLDEN GIRLS

Congratulations going out to the Brookside Bulldogs Grade 7 girls gold volleyball team for winning tier 1 gold at provincials on March 31 - April 1 in Clarendville. The team went undefeated for the tournament, not even losing a set. This is a very special group of girls that love the game of volleyball and work hard each week to continuously improve their game!

**Front row:** Julia Foote (picture), Rachael Bursey, Brianna Cornick, Mackenzie Noel / **Back row:** Kelly Mahoney - Coach, Abigail Tucker, Shayna Pike, Leah Parsons, Ella Hackett, Reece Parsons, Jaela Duff, Amelia Martin (picture), Kourtney Spurrell, Kenzie Murphy, Brian Murphy - Coach / **Missing:** Ava Park - Coach



## PCSP COMMUNITY GARDEN

The PCSP Community Garden re-opened in June, with exciting upgrades in a new location! **The garden features 20 beds plus 4 accessible beds for registrants to use. Our Public Works team built 22 of the beds, with 2 of them for accessible use** while the other 2 accessible beds were generously donated by the PCSP Chamber of Commerce. Our Public Works team developed a new location outside of Town Hall in the month of May that allowed for additional space, water access, parking access, and a pathway to the garden. Registered gardeners can use the community garden to plant flowers, vegetables and foster their skills while learning how the environment plays a part in our community. **Thank you to Public Works, PCSP Chamber of Commerce, and Julie Pomeroy for making the garden happen!**







# KEEP PETS ON LEASH

# CLEAN UP AFTER PETS

For more information call  
**709-895-8000**



## SUMMER MAINTENANCE

As the weather becomes warmer, and the days get longer, residents are reminded that our Public Works crew will begin conducting maintenance operations throughout the town. We kindly ask residents for patience as our crews complete work through the summer months. **Updates will be posted to our website and social media pages for any road closures, or disruptions.**



## This Summer, Keep Your Waste Collection Boxes Clean!



*It's officially summer!*

With the hopes of warmer weather, we encourage residents to keep their waste collection containers clean from any **debris, nails, screws, broken boards or other damage that may be hazardous** to the safe collection of your household waste. Doing so also keeps away any unwanted guests from making your waste collection containers their new homes.



**FOR HELPFUL TIPS AND TRICKS, watch a short video on our Facebook page.**





# HAPPY CANADA DAY

## JULY 01

12 pm - 4 pm

RAINBOW GULLY PARK  
BBQ, PARADE, FACE  
PAINTING, BOUNCY  
CASTLES AND MORE FOR  
ALL AGES

11:30 am: Flag raising  
ceremony, followed by parade  
to Rainbow Gully Park

Canteen is  
cash only!

More Details to be released soon

For full event information



[www.pcsp.ca](http://www.pcsp.ca)

PCSP  
Regatta  
Festival



July 3rd - July 8th



@pcspnl



@pcspnl



@townofpcsp

### July 03 Summer Reading

Theme: All Together Now

July 3rd - August 18th | For every 5 books read, receive 1 free book from the Town | For each book read about the theme, your name will be entered into the grand prize draw | Email Stacey at [stacey.hanlon@pcsp.ca](mailto:stacey.hanlon@pcsp.ca) to enter

### Orienteering

Voisey's Brook Trails | July 1st - 31st | Map posted on [pcsp.ca](http://pcsp.ca) | Complete and send answers to Kyle at [kyle.mcguirk@pcsp.ca](mailto:kyle.mcguirk@pcsp.ca) to enter your name into our prize draw!

### July 04 Seniors Day Trip

Brigus

10:00 am - 2:00 pm | \$25 per participant | Includes meal at The Riseover Pub | Limited space available | Call Kyle to register 709-895-8000 ext. 233

### Drop in STEAM Night

PCSP Library | 5:30 pm - 6:30 pm | Free event | First come, first serve basis | Children under 12 must be accompanied by adult



# PCSP Regatta Festival

July 3rd - July 8th

For full event information



[pcsp.ca](http://pcsp.ca)



## July 05 Pop Up Play

Rainbow Gully Playground | 10:00 am - 12:00 pm | No registration required

## Family Geocaching

Voisey's Brook Trails | 6:30 pm - 8:00 pm | \$5 per family | Limited space available | Register via eServices

## 50+ Club Card Game

PCSP Recreation Center | 7:00 pm - 9:00 pm | Darts, Cards, Games, Refreshments | Free Event

## July 06 Outdoor Pickleball

Rainbow Gully Park | 1:00 pm - 2:30 pm | \$2 per participant | Register via eServices

## Touch a Truck

Beachy Cove Elementary | 6:00 pm - 7:30 pm | Sensory friendly time 6:00 pm - 6:30 pm | No registration required

## July 07 Family Goods BINGO

PCSP Recreation Center | 6:00 pm - 7:30 pm | \$5 per participant | First come, first serve basis | Free under 2 years of age

## Drive In Movie

### *Puss in Boots: Last Wish*

Voisey's Brook Park | 9:30 pm | \$10 per vehicle | Register via eServices



Join us for our family friendly event for an entire afternoon of good eats, races, games and more!



Registration for all events begins June 19 at 9 am



@pcspnl @pcspnl @townofpcsp



# Regatta Day

Saturday, July 8th



For full event information

[www.pcsp.ca](http://www.pcsp.ca)

## Consider this checked off your bucket list

This is your chance to sign up for races, either in pairs or individually, and win an exclusive trophy. No experience needed, just an adventurous spirit and big island smile. Races are first come, first serve. Racing individually? We'll find you a rowing partner!

July  
**08**

### Community Breakfast

**Pancakes, sausages, ham, eggs, fruit, tea, coffee and more!**

Royal Canadian Legion, Branch #10 | 9:00 am - 10:30 am | \$5 per participant | First come, first serve basis | Free under 2 years of age

Canteen is cash only!

**Live Music**

**Carnival Games & Activities**

**Dory Races**

Bouncy Castles | Face Painting | Food & Drinks | Games of Chance | Prizes | Local Vendors | And, More!

Cash only to purchase tickets for game play!

## ST. PHILIP'S MARINA

Saturday, July 8th, 2023 | 12 pm - 5 pm



# Call for Vendors for our Environment Fair 2023

## SAVE THE DATE!

The PCSP Environment Fair returns this Fall!  
Join us on **Saturday, October 7<sup>th</sup> at Brookside Intermediate School.**

Interested in becoming a vendor? We're looking for vendors to participate in our trade show and offer presentations and workshops.

**If you're a business, group or organization dedicated to the environment, sustainability, waste reduction or an advocate interested in participating please contact for your free registration:**

---

**JULIE POMEROY SPARROW**  
709-895-8000 x 229  
Julie.pomeroy@pcsp.ca



## GREEN TEAM 2023

Keep an eye out for our Summer 2023 Green Team. This year our team will be working on an education campaign on how to live near water, and living with a well and septic tank. They will be out and about in our Town observing waterways, buffer zones, riparian areas, and participating in community clean ups and Town events. We look forward to having another wonderful team of youth working with the Town this year.

## No Mow May Success!

Thank you to all those who participated in No Mow May! If you enjoyed seeing the wildflowers on your lawn during May, which we've noticed many of you did, we'd love for you to leave a section of your lawn to naturalize all year round – this allows pollinators a space for long term snacks that will provide a source of food all season long. That means no mowers, fertilizers, or use of your precious time and resources. You're contributing to our community's natural environment, and we thank you!





# 8 Safety Tips for WILDFIRE RISK REDUCTION

Every year, wildfires burn across Canada more frequently, with people living where wildfires are a real risk. By working together, residents can make their own property, and their neighbourhood, much safer from the risks of wildfire with these 8 tips:



- 1. REMOVE** dead vegetation, leaves, pine needles, and other flammable material from the roof, gutters, as well as on and under the deck to help prevent embers from igniting your home, within 5 feet of the home.
- 2. SCREEN** areas below decks and porches with 1/8" wire mesh to help prevent material from accumulating underneath. You can find 1/8" wire mesh at local hardware stores.
- 3. COVER** exterior attic and soffit vents with 1/8" wire mesh to help prevent sparks from entering your home.
- 4. ENCLOSE** eaves to help prevent ember entry.
- 5. INSPECT** shingles or roof tiles. **REPLACE** missing singles or tiles. **COVER** ends of tiles with bird stops or cement to help prevent ember penetration during a wildfire.
- 6. KEEP** your lawn hydrated and maintained. If it's brown, cut it down to help reduce fire intensity.
- 7. PRUNE** tree limbs so that the lowest branches are 6 to 10 feet above the ground to help reduce the chance of fire getting into the crowns of the trees.
- 8. MOVE** construction materials, trash, and woodpiles at least 30 feet away from the home and other outbuildings.

Visit [pcsp.ca/local-government/departments/fire-department](http://pcsp.ca/local-government/departments/fire-department) and [nfpa.org](http://nfpa.org) for more information on how to **STAY FIRE SMART**

SIGN UP FOR  
*Safety*



Even if you already have a civic number sign on your property, where is it located? On your garbage box? On a pole or a tree? On your door? You might know where it is, but first responders don't. In an emergency situation, they need to be able to find you quickly and easily. When you sign up for safety, your reflective number sign will lead first responders straight to you or your family when you need them.

**Message the Portugal Cove-St. Philip's Lions Club on Facebook or call Lion Suzette 709-895-0472 to Sign Up for Safety today!**



  
Portugal Cove  
St. Philip's

Get alerted with texts, calls or emails about important community news, storm notices, and emergencies when you sign up for PCSP Connects!

Customize which messages you subscribe to receive

**Register today at [www.pcsp.ca](http://www.pcsp.ca)**

## OPEN AIR FIRES

The Portugal Cove – St. Philip's Volunteer Fire Department wishes to advise residents that **permits for open air fires, for the purposes of burning brush and other non-prohibited materials are available on our website.** Please note, that individuals should also check with provincial authorities to ensure any planned outdoor burning activity is not in violation of local fire restrictions that may be in effect. **You can find the Town of PCSP burn permit on our website, search 'Fire Department' to find our Volunteer Fire Department webpage with information on open air fires, as well how to get a permit. Additionally, residents can call the Forestry office at (709) 729 – 4180.**





## JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1  Canada Day/Memorial Day Celebrations
2 	3 Town Offices Closed Summer Reading Program starts Orienteering Regatta Festival celebrations begin First day of Summer camps 	4 Seniors Day Trip Library Night Library Public Hours 	5 Pop Up Play Family Geocaching 50+ club Cards/Darts Library Public Hours 	6 Outdoor Pickleball Touch a Truck Library Public Hours 	7 Family Goods BINGO Drive in Movie 	8 Community Breakfast PCSP Regatta Festival at St. Philip's Marina 
9	10 Town offices closed for Orangeman's Day	11 Public Council Meeting Library Public Hours	12 50+ Club Cards/Darts Library Public Hours	13 Library Public Hours	14	15
16 Cemetery Workshop 9am – 4pm	17	18 Library Public Hours	19 P50+ Club Cards/Darts Library Public Hours	20 Library Public Hours	21	22
23	24	25 Library Public Hours	26 50+ Club Cards/Darts Library Public Hours	27 Library Public Hours	28	29
30	31					

## AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Library Public Hours	2 50+ Club Cards/Darts Town Offices closed	3 Library Public Hours	4	5
6	7	8 Public Council Meeting Library Public Hours	9 50+ Club Cards/Darts Library Public Hours	10 Library Public Hours	11 Family Camp Out	12
13	14	15 Library Public Hours	16 50+ club Cards/Darts Library Public Hours	17 Library Public Hours	18	19
20 Killick Coast Games	21 Killick Coast Games	22 Library Public Hours Killick Coast Games	23 50+ Club Cards/Darts Library Public Hours Killick Coast Games	24 Library Public Hours Killick Coast Games	25 Last day of PCSP Summer Camp	26
27	28	29 Library Public Hours	30 Library Public Hours	31 Library Public Hours		







## Royal Canadian Legion • July 1<sup>st</sup> Parade

Participants will gather at St. Lawrence Church parking lot at 10:30am on Saturday, July 1<sup>st</sup>, 2023. From there, the route will proceed to the Monument on Loop Drive in Portugal Cove for service and will parade back to the St. Lawrence parking lot, with a short reception to follow at the Legion.

Any families or groups that intend to lay a wreath on July 1<sup>st</sup>, please call the legion at 709-895-6521 or 709-765-9015.

The Legion is hosting a comedy show featuring **Tina Randell "Oh Me Nerves"** on **Friday, July 7<sup>th</sup>** at **8:00pm**. Tickets are \$25 each.

Royal Canadian Legion, Branch 10

## SUMMER BLIND DRAW DARTS

EVERY THURSDAY  
JUNE 15<sup>TH</sup> - AUGUST 24<sup>TH</sup>

*Must play 6 of 11 nights to qualify for playoffs.*  
Call the Legion for more information.

If you're looking for a place to host your next event, please don't hesitate to call us @ 709-895-6521. We have great rates and our hall has A/C and an outdoor deck. **Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. The Legion needs you!**

FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10

### LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 709-749-0204 Service Officer - Bud Churchill 709-685-7644

## 50+ CLUB

**HAPPY SUMMER TO EVERYONE!** During the summer the club continues with Cards/Darts on WEDNESDAY NIGHTS, (NOT FRIDAYS) 7pm - 9pm. **These are DROP-IN SESSIONS.** You do not have to be a member to attend. Come bring your friends, pay \$4.00 on the door and enjoy an evening of fun. Wednesday night sessions begin on June 21<sup>st</sup> and continue all summer until August 24<sup>th</sup>. We are not sure when we will be reopening in September due to Town commitments. Information will follow at a later date.

**NOTE:** Will return to Friday afternoons, 2 - 4pm. Date to be announced later.

### DATES

June 21 <sup>st</sup>	Wednesday, 7 - 9pm	Cards/Darts
June 28 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
July 5 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
July 12 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
July 19 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
July 26 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
August 2 <sup>nd</sup>	Wednesday, 7 - 9pm	Cards/Darts
August 9 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
August 16 <sup>th</sup>	Wednesday, 7 - 9pm	Cards/Darts
August 23 <sup>rd</sup>	Wednesday, 7 - 9pm	Cards/Darts

## FOOD DRIVE FOR THE PANTRY AT ST. LAWRENCE PARISH

**Suggested items - anything is welcome!**

- ✓ Canned goods (beans, soups, vegetables, etc.)
- ✓ Breakfast foods (cereals, oatmeals)
- ✓ Side dishes (rice, noodles, etc.)
- ✓ Pastas and Sauces
- ✓ School Snacks (granola bars, fruit snacks, etc.)
- ✓ Sweets (cake mixes, cookies, etc.)
- ✓ Crackers

**Items can be dropped off at St. Lawrence Parish**

- 🕒 Tuesdays and Thursdays, 6:30 pm - 8:00 pm
- 🕒 Saturdays, 10:00 am - 4:00 pm (closed May 27th for drop offs)

**Items can be dropped off at PCSP Town Hall**

- 🕒 Monday to Friday, 8:30 am - 4:00 pm



## Are you looking for a way to give back to your community that fits your busy lifestyle?

When you join a Lion's Club, you enter into an international community of eager and dedicated volunteers which supports you in making a positive impact on your community. Your Lions Club in PCSP is currently seeking new members of age 18+ and of any background. With low commitment requirements and a broad scope of service activities, we would love to see you at our next meeting. **To learn more, contact Lion Suzette at 709-895-0472.**



# MAYOR'S *message*



Happy summer! With July and August comes warmer weather, sunshine and the opportunity to explore your own backyard. It's the perfect time of year to hike that trail that's been on your list, explore local businesses, or take in the history of PCSP. As we see more activity during these months, I would like to remind all drivers and pedestrians to be extra careful, slow down, and diligently watch for children as students are on their summer break and spending more time outside in our beautiful community.

During the month of May, myself and the Town Councillors were thrilled to welcome the Grade 4 class from Beachy Cove Elementary to run mock elections in their class to form the Junior Council. We welcomed the Junior Council to council chambers during our regular public meeting on May 16th, and they participated in a mock council meeting to learn how the Town holds public meetings. It was wonderful to support the Junior Council with their motion, and we look forward to hearing about the school leaving picnic.

July is one of the most exciting months in PCSP. Our annual Regatta Festival week kicks off the month to celebrate a long-standing tradition of team work and community. This year, the festival runs from July 3rd to 8th with activities and events throughout the week. We hope to see you all there!

*Carol*

## Message from MAYOR HENRY

Running in an election and winning Mayor was really exciting, and even a little bit stressful! I liked listening to my friends' ideas and the things they thought we should do or change at school. It was fun making signs and doing a speech. I promised to organize a school clean-up, which we did. My friends and I also got to act as Town Council and passed a motion for an ice cream party for our school leaving picnic, which was awesome! Thanks so much to the Town for donating money for our party. My favourite part about being Mayor was participating in the mock council meeting. As Junior Mayor, I would like to wish everyone in PCSP a great summer – don't forget to get outside and play, maybe even play some soccer!

Hello,

My name is Jane Walker, and I'd like to introduce myself as the newest team member at the PCSP Chamber of Commerce! I grew up in St. Philip's, and it's my pleasure to come home and join forces with the Chamber to build capacity and kick off the pilot year of the **Killick Coast Online Food Hub**. I can't think of a better way to give back to my hometown.

I'm no stranger to working regionally and with diverse partners, which is what appealed to me about working with the PCSP Chamber. As a home gardener and local food lover, I'm thrilled to be working with the agriculture committee to launch the pilot year of the Killick Coast Food Hub. Drawing from the Killick Coast Agriculture Strategy, and in consultation with other food hubs in Atlantic Canada, our regional food hub will be an intermediary between producers and residents, making local food more convenient and accessible for buyers. A 1-Stop-Shop, if you will.

Support local food producers: your health, your community, and your wallet will thank you! For more information, please visit [killickcoastfoodhub.ca](http://killickcoastfoodhub.ca). If you have any questions or feedback about the hub, please contact us at [hello@killickcoastfoodhub.ca](mailto:hello@killickcoastfoodhub.ca)

And of course, if you have any other questions about what the Chamber does and/or how to join, reach out to us at any time at: [executive@chamberpcsp.ca](mailto:executive@chamberpcsp.ca)

Sincerely,

*Jane Walker*

Killick Coast Agriculture Network Manager  
PCSP Chamber of Commerce  
[janewalker@chamberpcsp.ca](mailto:janewalker@chamberpcsp.ca)



An advertisement for the Killick Coast Food Hub. It features a background of fresh vegetables like tomatoes, cucumbers, and onions. The text reads: 'Killick Coast FOOD HUB LAUNCHING IN JULY! www.killickcoastfoodhub.ca Think of it as a drive-thru farmers market!'. It lists three bullet points: 'Order online!', 'Enjoy locally produced food &amp; more', and 'A new way to shop local'. At the bottom, it says 'Chamber of Commerce Portugal Cove - St. Philips'.



## WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the September/October Tickle Newsletter is 4:30 pm Wednesday, July 19<sup>th</sup>, 2023.

► **Contact Laura Barnes at [laura.barnes@pcsp.ca](mailto:laura.barnes@pcsp.ca) or phone 895-8000, ext. 268**