



The **Tickle** Newsletter



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Mayor's Message & Tax Information

MARCH - APRIL 2023

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TEAM PERRY Makes it to Quarter Finals

Team Perry is an under 18 curling team that has over half of its players hailing from Portugal Cove – St. Philip's. The team is familiar to winning, having won PCSP team of the year in 2022, and is supported by the Town of Portugal Cove – St. Philip's. Competing in the Ladies division, Team Locke also has Portugal Cove – St. Philip's represented with a resident team mate. Along with Team Locke, Team Perry competed in the National U18 Curling Tournament in Timmins, Ontario reaching the Quarter Finals round in February 2023. **You can see the action of the tournament by scanning the QR code!**



Team Perry will be heading off to Quebec in March 2023 to compete in Curling Canada's New Holland Juniors competition. On behalf of the Town of Portugal Cove – St. Philip's, we wish Team Perry the best of luck!

You can follow Team Perry's journey on their Facebook, Instagram and Twitter @TeamPerryNL

WHITE CANE WEEK Proclamation

Mayor Carol McDonald proclaimed February 1st to February 8th, 2023 as White Cane Week in the Town of Portugal Cove – St. Philip's, with support from the Portugal Cove – St. Philip's Lions Club. White Cane Week is a program of the Canadian Council of the blind which has acted as a voice of the blind in Canada. This public awareness campaign reflects the changing situations of people who are blind and visually impaired. This campaign asks that service providers remove barriers that limit the fullness of life for our fellow blind and visually impaired citizens.

For more information on the **Canadian Council of the Blind**, and how organizations can remove barriers, **visit their website by scanning the QR code.**



Super Sweet tweets



Colin Lane @ColinLa788
 Day 10 of my [NL](#). Growing up on conception bay I always loved those summer sunsets. This panoramic photo was taken in SL Phillips with bell island bathed in golden sunshine. [@PCSPnl](#) [@MunichpaNL](#) [@ParoPhotos](#) [@ParoPhotos](#). Portugal cove- SL Phillips Newfoundland and Labrador

PMURPHY @pedette_murphy - Feb 13
[@PCSPnl](#) - thank you for the safety vests for our volunteers this morning - we have great community support!

Colin Lane @ColinLa788 - Feb 14
 Day 14 of my [NL](#). The sea that flows like love to the shores May we find smooth sailing fair winds and our love shall be forever more. [@ParoPhotos](#) [@PCSPnl](#) [@MunichpaNL](#) [@ParoPhotos](#) Portugal cove- SL Phillips Newfoundland and Labrador

Carly Kiss @BCECarlyKiss
 The wheels on the bus go round and round. 🌨️🌨️ On our way to the JBA on a beautiful sunny morning. Special thanks to the town of PCSP for organizing the event. [@leachycovelem](#) [@PCSPnl](#)

Carly Kiss @BCECarlyKiss
 We had so much fun skating this morning. A special thank you to the town of PCSP for organizing the event. Everyone had a great time! [@leachycovelem](#) [@PCSPnl](#)

Sam Paterson @SamPatersonEDU - Jan 25
 Tell me your students like to play soccer, without TELLING me your students like to play soccer. [@PCSPnl](#) [@BrooksideNL](#) [@PCSPLeam](#) [@BCEStokers](#)

Sam Paterson @SamPatersonEDU
 Taking advantage of this gorgeous snowy day to snowshoe and play in the woods of [@PCSPnl](#). [@BrooksideNL](#) [@NLESDCA](#) [@outdoors](#)

Cynthia Filler @4FJ2eBCE - Feb 8
 Celebrating Literacy Week with tea buns from Titi House bakery and a story from Mayer McDonald [@PCSPnl](#)

Team Lecke @lecke_team - Feb 3
 Heading to the [#NLESDCA2023](#) [@outdoors](#) in Timmins, Ont. We are excited to be travelling with our friends [@TeamPerryNL](#) and representing [@CurlingNL](#). Let's go [@TeamNL](#)!

Team Perry @TeamPerryNL - Feb 8
[@TeamNL](#) ready for the [@CurlingCanada](#) [#NLESDCA2023](#) at [@outdoors](#) in [@CityOfTimmins](#).
 Happy to be travelling with our friends [@lecke_team](#) to represent [@CurlingNL](#) once again!



LOCAL ENTREPRENEUR Gives Back to Community

A young name familiar to the Town of PCSP, Jaxson Bradbury, recently made headlines for his charitable initiatives. Jaxson is the founder and owner of 'Jax's Skate Sharpening', a local PCSP business that started with the need of local skate sharpening in his community. Jaxson saved his money to purchase the tools needed to make it happen, quickly developing a plan to make a small business.

Over a year later, Jaxson has been able to give back to the community with the success of his business. He's already used his platform to give back to Beachy Cove Elementary, and Kids Eat Smart Newfoundland and Labrador! With the growing success of the business, Jaxson has expanded to add sharpening figure skates to the list of services.



If you're in need to get your skate's sharpened, visit Jaxson's business page on Facebook for more information, Jax Skate Sharpening.



WE BELIEVE!

In February, Town Council and staff came together in support of Councillor Elizabeth Laurie of the Town of Paradise as she began her journey of health and healing. We continue to support Councillor Laurie on her journey, and are sending positive thoughts and support. We Believe!



LITERACY WEEK with Mayor Carol McDonald

International Literacy Week was January 29th, 2023! To celebrate, Mayor McDonald read 'What if your Mom Made Raisin Buns?' to the students at Beachy Cove Elementary for a special story time via video in the PCSP Library. This book was written by local author Catherine Safter, and is available to check-out at the PCSP Library. Bonus! **You can watch the video and hear Mayor McDonald read 'What if your Mom Made Raisin Buns?' by scanning the QR Code with your phone.**



WINTER PARKING BAN

Residents are reminded that during the period from November 1st, 2022 to April 30th, 2023 both days inclusive, no person shall park, leave, or abandon any vehicle or any portion of any vehicle upon any Street Reservation within the Town **between the hours of 12:00 midnight to and including 8:00 am**; and at any time when there is a snowfall and for **12 HOURS** after the snowfall has ceased. **Vehicles left on the roadway may be subject to a ticket or be impounded at the owner's expense.**



BULK GARBAGE COLLECTION

We're thrilled to announce that we're now taking appointment for Bulk Garbage collection!

Running from **MAY – NOVEMBER 2023**, residents can email our Public Works team to make an appointment publicworks@pcsp.ca

WASTE COLLECTION

The 2023 Waste Collection schedule was mailed out to residents and is also available on our website! Residents are encouraged to download the schedule to refer all year long. Here are some friendly reminders for waste collection:

1. During Winter months, ensure your waste containers are **clear of snow and ice** so our crews can access them.
2. Have bags for pick-up? Place your bags outside by **8:30am** to ensure our crews pick up your items in time.
3. As the Spring season begins, remove any debris surrounding your waste containers and inside them. This will **reduce unwanted wild life** making a home in them

Download the Waste collection schedule by scanning the QR code, it will save directly to your phone or computer so you don't miss a date!



See **page 9** for more information on our upcoming composting program!

WINTER CLEARING

Winter in Newfoundland can bring a mixed bag of weather, that changes at any moment. **Here are some friendly tips that to combat Winter weather in PCSP:**

1. Wear **reflective clothing** so our snow clearing crews can see you, it can get blistery out there!
2. Watch our **social media and website** for updates; changes and updates to waste collection, closures and program are posted first on our website and social media pages.
3. Sign up for **PCSP Connects**, our residential alert system. Be notified of changes in waste collection, weather, programming, events and so much more! Sign up on our website so you don't miss a notification.
4. Use **markers** at the end of your driveway.
5. **Clear off your waste boxes** so our pick-up crews can see what's to be collected.



THE 2023 CANADA WINTER GAMES ARE OFFICIALLY IN FULL SWING!

The 2023 Canada Games are being held in Prince Edward Island (P.E.I), with athletes from every province and territory, with seven athletes representing the Town of Portugal Cove – St. Philip’s and our beautiful province on TeamNL! The athletes representing our Town and Province are:



Chris Langdon

Coach in Biathlon | St. Philip’s

Sitaye Penney

Athlete in Curling | Portugal Cove – St. Philip’s

Colby Pendergast

Athlete in Gymnastics | Portugal Cove – St. Philip’s

Carter Arnold

Athlete in Hockey | St. Philip’s

Lisa Bragg

Manager in Squash | St. Philip’s

Sophie Tulk

Athlete in Squash | St. Philip’s

Allison Sturge

Mission Staff | Portugal Cove – St. Philip’s

The first group of Team NL athletes will compete in 10 sports, including Biathlon, Women’s Curling, Hockey, Speed Skating, Squash, Table Tennis and Wheelchair Basketball as well as two Gymnastics disciplines – Artistic and Trampoline. Team NL will also compete in Karate, which is making its debut at the 2023 Games.



Congratulations and best of luck to all our local athletes from Portugal Cove-St. Philip’s who are taking part in the 2023 Canada Winter Games!

We had SNOW MUCH FUN at the 2023 Winter Carnival!



A big THANK-YOU to all residents, participants, staff and council members who joined us for the 2023 Winter Carnival and made the event possible! The Carnival was a big success, with even bigger smiles and we're thrilled that we had so much snow to enjoy the festive activities.

SENIORS SOCIAL

St. Patrick's Day Social

March 16 | 2 pm to 4 PM
PCSP Recreation Centre
\$5.00 per person

Registration for residents opens on Friday, March 3rd at 9 am and non-residents, Wednesday March 8th
To register, contact Mike Stone at 815-8000 ext. 265

Portugal Cove, St. Philip's

Winter Carnival

Family Goods Bingo

Royal Canadian Legion Branch #10

March 14th | Doors, 6:00 pm, Event, 6:30 pm

NO RESERVATIONS NEEDED



An ever bigger THANK-YOU to our Recreation and Community Services team, Kyle, Mike, Nicole and Stacey for making it all come together.

Stay tuned for our next series of events, coming up soon!

EASTER CAMP Registration

The 2023 Easter Camp will run from **Monday, April 10th, 2023 to Friday, April 14th 2023**, at the PCSP Recreation Centre. Drop off takes place daily from **8:00am – 9:00am**, and pick-up runs from **4:00pm – 5:00pm**.

Cost: \$150 per participant
Participants must be enrolled in kindergarten for the 2022 – 2023 school year, and no older than 12 years of age (completing Grade 6 in June 2023)



eServices registration will take place on Monday, March 6th, 2023 at 9:00 am for residents of Portugal Cove – St. Philip's. If space permits, a non-resident registration date will be announced. Please make sure your eServices account is up to date and subaccounts are created for participants prior to March 3rd, 2023. To create a new account if you have not used eServices before, a sign-up key can be found on your recent tax bill or by contacting the Town of Portugal Cove – St. Philip's office at 895-8000.

BEST OF PCSP AWARDS Call for Nominations!

The 2023 Best of Portugal Cove – St. Philip's Awards are here! Call for Nominations are now open; nominate someone you know, a business, a student, or anyone who you think fits the bill for their outstanding contributions to our community!

Nominations are now open until **March 17th, 2023 at 12pm**.

Here are some of the awards:

- **Lifetime Achievement Award**
- **Artist of the Year Award**
- **Youth of the Year Award**
- **Business of the Year Award**
- **And, Many More!**

Visit our website, pcsp.ca for more award categories and to place your nomination!



HERITAGE WEEK

March 12 - March 18, 2023

The Town of Portugal Cove – St. Philip's is full of heritage just waiting to be explored! Join us for four events with Industry professionals:



LEARN TO MAKE A BRAIDED RUG

with Lara Maynard from HFNL

Sunday, March 12th, 2023

10:00am – 3:00pm, Rec Center

\$20 per person. Registration via eServices. (All supplies included with registration.)



LEARN THE ART OF RUG HOOKING

with Winnie Glavine

Monday, March 13th, 2023

1:00pm – 4:00pm, PCSP Library

\$30.00 per person. Registration via eServices. (All supplies included with registration.)



LEARN ABOUT GROWING OYSTER MUSHROOMS

with Mark Wilson from Newfoundland Gourmet Mushroom

Tuesday, March 14th, 2023

6:30pm – 7:30pm, Rainbow Gully Hut

\$5.00 per person. Registration via eServices. (All supplies included with registration.)



LEARN ABOUT THE BASICS OF CANNING

with Amanda Bulman, author of Salt Beef Buckets, A Love Story

Wednesday, March 15th, 2023

6:00pm – 8:00pm, Rainbow Gully Hut

\$10 per person. Registration via eServices.

For more information, contact Julie Pomeroy Sparrow at Julie.pomeroy@pcsp.ca or 895-8000 ext. 229

Save the Date for MAPLE TAPPING!

The Town of Portugal Cove – St. Philip's in conjunction with our Heritage and Environment department will be hosting a **Maple Tapping workshop in April 2023!** The event is weather dependant, as well as dependant on the start of Maple sap flowing. Stay tuned to our socials for the workshop date announcement!

To pre – register for this event please email: Julie Pomeroy Sparrow at Julie.pomeroy@pcsp.ca

COMPOST BINS - Available for Purchase!

Get Spring ready with Back Yard Tumblers! The Tumblers will be available with limited quantities in 2 sizes, a **25 gallon bin** and **55 gallon bin**. Keep an eye on the Town's website and social media for the announcement of their arrival. **Sales will take place on eServices.**



PCSP Volunteer Fire Department TAKES TO THE ICE!



Part of keeping our town safe, is making sure all of our staff and crews are up-to-date on training in their fields. The PCSP Volunteer Fire Department took to the ice in February to practice ice recovery rescue in the event anyone goes through the ice.



TO KEEP YOURSELF ICE SAFE, FOLLOW THIS ICE SAFETY CHART

L.E.A. Ice Thickness Chart
No ice is 100% safe

3" or less stay off the ice!	4" walking, ice fishing, skating	5"-6" snowmobiles, ATVs	8"-12" cars and small trucks	12"-15" Medium trucks	30"+ T-Rex
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This chart is only for new, clear ice.

- Don't go alone
- Avoid off-colored ice
- Bring ice picks

Recommended depths from the Old Farmers Almanac

SIGN UP FOR Safety



Even if you already have a civic number sign on your property, where is it located? On your garbage box? On a pole or a tree? On your door? You might know where it is, but first responders don't. In an emergency situation, they need to be able to find you quickly and easily. When you sign up for safety, your reflective number sign will lead first responders straight to you or your family when you need them.

Message the Portugal Cove-St. Philip's Lions Club on Facebook or call Lion Suzette 895-0472 to Sign Up for Safety today!

SPRING FORWARD with Fire Safety



March 12th, 2023 Daylight Savings Time ends, that means clocks move forward by an hour (clocks will go from 2am to 3am). **This is the time to check your fire alarms and monitors to ensure they're in tip-top shape!**

PCSP connects

- Closures
- Elections
- Emergency
- Garbage and Recycling
- Planning and Development
- Recreation
- Library
- Service Interruptions
- Special Events
- Town Public Meetings
- Water and Wastewater



Portugal Cove St. Philip's
Get alerted with texts, calls or emails about important community news, storm notices, and emergencies when you sign up for PCSP Connects!
Customize which messages you subscribe to receive

Register today at www.pcsp.ca

MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Playgroup Seniors Pickleball Zumba	2 Adult Fitness Sit and Fit Seniors Pickleball Kickboxing	3	4
5 Friends in Music Pound Fitness	6 Seniors Pickleball Yoga	7 Adult Fitness Storytime Sit and Fit	8	9	10	11
12 Friends in Music Pound Fitness	13 Seniors Pickleball Yoga	14 Adult Fitness Storytime Sit and Fit Family Bingo	15 Playgroup Seniors Pickleball Zumba	16 Adult Fitness Sit and Fit	17 Nominations Deadline for Best of PCSP Awards	18
19 Friends in Music Pound Fitness	20 St. Patrick's Day Yoga	21 Adult Fitness Storytime Sit and Fit Public Council Meeting	22 Playgroup Seniors Pickleball Zumba	23 Adult Fitness Sit and Fit Seniors Pickleball Kickboxing	24	25
26 Friends in Music Pound Fitness	27 Seniors Pickleball Yoga	28 Adult Fitness Storytime Sit and Fit	29 Playgroup Seniors Pickleball Zumba	30 Adult Fitness Sit and Fit Seniors Pickleball Kickboxing	31	

APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 No classes	3 No classes	4 No classes	5 No classes	6 No classes	7  GOOD FRIDAY No classes	8 No classes
9  HAPPY EASTER!	10 Easter Camp	11 Easter Camp	12 Easter Camp	13 Easter Camp	14 Easter Camp	15
16 Friends in Music Pound Fitness	17 Yoga	18 Adult Fitness Sit and Fit Public Council Meeting Zumba	19 Playgroup Best of PCSP Awards Ceremony	20 Kickboxing	21	22 EARTH DAY
23 Friends in Music Pound Fitness	24 Yoga	25 Adult Fitness Sit and Fit Zumba	26 Playgroup Kickboxing	27 Friends in Music Pound Fitness	28	29
30 Friends in Music Pound Fitness						



St. Philip's Veterans Appreciation Dinner & Dance

SATURDAY, MARCH 25th, 2023 / 7PM

Free for Veterans & Spouse or Caretakers. Non-Veteran tickets: \$25.00 each. Surrounding areas; Portugal Cove – St. Philip's, Torbay, Bauline, Pouch Cove, Flatrock For tickets, call the Legion at 895-6521

LEAGUE DARTS

Mixed League: Tuesday Night
Men's League: Thursday Night (Teams)
Womens League: Sunday Night

Call the Legion for more information. Can't wait to see you all there!

If you're looking for a place to host your next event, please don't hesitate to call us @ 895-6521. We have great rates and our hall has A/C and an outdoor deck.

Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. The Legion needs you!



Royal Canadian Legion Branch 10 Portugal Cove - St. Philips is sponsoring

Veterans Appreciation Dinner & Dance

When: Saturday March 25th 2023
Time : 7 PM

Free for Veterans & Spouse or Caretakers

Surrounding areas - Portugal Cove - St. Philips - Torbay - Bauline, Pouch Cove - Flatrock

Non Veterans Tickets will be \$25.00
Tickets call the Legion @ 895-6521



FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10

LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 749-0204 Service Officer - Bud Churchill 685-7644

ST. LAWRENCE PARISH

CARDS & FELLOWSHIP

Join St. Lawrence Parish for cards and fellowship every **Wednesday until mid-June!** From 2:00pm – 4:00pm, come with friends or meet some new ones! \$2.00 cover per person. **Contact Marg Sullivan at 895-6424 or margsullivan@icloud.com**

ST. LAWRENCE ACW CARD GAMES

St. Lawrence ACW card game. Tuesday, March 21st at 8:00pm. \$5.00 admission. Please bring your own cards and baskets.
St. Lawrence ACW card game. Tuesday, April 18th at 8:00 pm. \$5 admission. Please bring your own cards and baskets.

ACW SPRING FUNDRAISING EVENT

Saturday, April 1st. Details to come. Please watch the parish Facebook pages for details!

PARISH GOSPEL CONCERT

Featuring Jacob's Passage on Sunday, March 26th at 7:00pm. Admission is \$10. Refreshments will be served during the intermission.

PARISH EASTER SERVICES

St. Lawrence Parish is holding a fundraiser on March 26th, 2023 - Gospel Concert featuring Jacob's Passage, 7pm, \$10.00 admission

MARCH AND APRIL SERVICES:

March 19th, 10:30am - Family Service with live music by Jacob's Passage, and children's activities
April 16th, 10:30am - Family Service with live music by Jacob's Passage, and children's activities

LENTEN SERVICES:

Every Wednesday during Lent at 7pm.
April 6 - Maundy Thursday Service at 7pm
April 7 - Good Friday Service at noon
April 9 - Easter Sunday Service at 1030am

Please check St. Lawrence Facebook Page for any changes or additions to the above.

FRIENDS IN MUSIC GROUP

The PCSP Lions Club "Friends in Music" program enables music lovers in the community to get together and play their instruments, sing, or just sit back and enjoy. Each week, talented local musicians volunteer to lead, while chords and lyrics are projected on the wall for participants to follow along. Some participants are people from the community who live alone, and this program enables them to get out of the house and see other people. This initiative is offered free of charge. **For more info please call Lion Debbie 895-3137.**



EYEGASSES COLLECTION

The PCSP Lions Club is continuing to collect previously used glasses, readers and sunglasses to be recycled for local and international missions. **A collection box is located at the town hall.**



The Circle of Life: LITTLE LIONS

The Circle of Life - Little Lions is an intergenerational program run by the PCSP Lions Club. Each week a group of babies visit various retirement homes to bring smiles, cuddles and fun to seniors. **For more information please find us on Facebook or call Lion Allie 727-8989.**

MAYOR'S *message*



With spring just around the corner, we are all excited to see a new season of fresh growth. This winter though has not been without its challenges, and I want to acknowledge our public works staff as they work around the clock clearing our roads during storms as we bunker down in the safety of our homes. Their determined efforts to ensure roads are properly sanded and cleared for our commutes are to be commended.

I would like to thank our residents for their continued involvement through public consultations as the Town works on developing an updated multi-year Municipal Plan. Your town hall is committed to our residents for their engagement with these significant projects and to ensure your voices are heard. This month we will publish a "What We Heard" document based on the consultations with residents and community groups. We will be hosting another public event to present this report and look forward to having further discussions with you.

Our Recreation Department just clued up another successful Winter Carnival and it was so great seeing residents out enjoying the activities and seeing all the staff's hard work paying off. The team is already working on Easter and Summer programming for the warmer months.

I remind residents to stay safe during these last winter months, and to do their part for efficient town operations such as ensuring your garbage containers are clear of snow for collection. Thank you for everything you do for our community.

Carol

ANNUAL TAX LEVY TIME!

Tax Levy Invoices were mailed during the **first week of January 2023**. If you have not received your tax bill, please contact ar@pcsp.ca.

- Property owner(s) are responsible for ensuring the Town has their current mailing address on file.
- Property owner(s) are responsible for understanding their tax and interest obligations regardless of any error in the issuance of notification from the Town.
- Deadline for payment is March 31.
- Taxes not paid in full by the due date, are subject to a one percent (1%) compounded interest rate which will be applied on the first day of every month.
- Accounts with a balance forward in January for the prior year's taxes, may be subject to collection measures, recovery and legal action.

Please visit the Towns Webpage for the Town's Collection Policy, 2022



WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the March – April edition of the Tickle Newsletter is 4:30 pm Friday, February 3rd, 2023.

► **Contact Stephen Quinton at Stephen.quinton@pcsp.ca or phone 895-8000, ext. 271**