



# THE *Tickle* NEWSLETTER

  
Portugal Gove  
St. Philip's



## PROVINCIAL CHAMPIONS ON THEIR WAY TO THE NATIONAL CANADIAN CHAMPIONSHIPS!

Team Perry, consisting of members Simon Perry (PCSP), Skip, Nicholas Codner (Torbay), Third, William Butler (Stephenville), Second, and Evan Scott (PCSP), Lead, went undefeated in Stephenville at the Provincial Curling Championships in March. This impressive win means the team will be representing Newfoundland and Labrador as Team NL in the National U18 Canadian Curling Championships in Ontario this May. Their talent and pride is very evident on and off the ice. Congratulations gentlemen! Your home towns and home province are behind you all the way!

## PCSP PROFESSOR RECEIVES HIGH HONORS

Dr. Brent Snook, a resident of PCSP, was recently honored by Memorial University of Newfoundland and Labrador for his research achievements.

Dr. Snook was presented the Memorial University President's Award for Outstanding Research as well as bestowed with the title of University Research Professor, a designation above the rank of professor.



### In this edition of The Tickle Newsletter...

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# SUPPORT *for* UKRAINE

*Our community has been filled with a show of support for the people of Ukraine.*

Aubrey Dawe  
@beachycoveelem

Our school community stands with the children of Ukraine and their families as their homes and homeland are ravaged by war. #childrenofukraine #ukraine @NLESDCA @EDU\_GovNL



This beautiful sunset photo is compliments of Colin Lane, a talented photographer and resident of PCSP

David Baldwin  
@davidbaldwin33

Thanks Mr. Miller for putting up or Ukraine flag that @PCSPnl provided us this morning on this lovely day. @NLESDCA



Aubrey Dawe  
@beachycoveelem

N's Mom sent along this pic of her in her Ukrainian clothing. N's grandmother is Ukrainian and very recently worked as an elementary school teacher in Kyiv. N was moved to take out her clothing and wear it yesterday. #Ukraine #pleasehelp

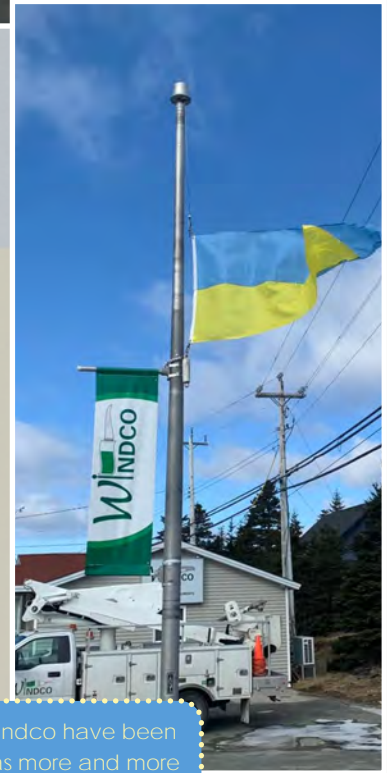


Aubrey Dawe  
@beachycoveelem

Sunflowers for our Ukrainian friends we haven't met. Sending them all of our love and support during these unimaginable times. Thanks to our school community for contributing \$3834.40 to relief efforts so far. We will accept donations on Monday as well. @NLESDCA @EDU\_GovNL



The incredible folks at local business Windco have been super busy turning out Ukrainian flags as more and more people and places are flying them in support.







## PORTUGAL COVE-ST. PHILIP'S VOLUNTEER FIRE DEPARTMENT

### FIRE SAFETY TIPS FOR YOUR HOME AWAY FROM HOME

Popular vacation and hospitality rentals such as AirBNB and vacation rentals are not regulated the same way as hotels, so being your own safety advocate can be an important part of your trip.

- Check for working smoke alarms in every sleeping area, outside every sleeping area, and on every level.
- Check for portable fire extinguishers, make sure they are easy to reach.
- Check for working CO2 alarms outside each sleeping area and on every level.
- Locate a floor plan and note all escape routes and exits.
- Know the address of the home.
- Identify 2 ways out of every room and ensure all doors and windows that lead outside are able to be opened.
- Create a meeting place outside the home and a safe distance away.
- Ensure everyone knows how to call 9-1-1 or the local emergency number from a cell phone outside the home.
- If smoking is allowed, ensure a smoking area has been designated and is well away from the structure. Ensure deep, sturdy ash trays have been provided.
- Check that all pathways are free and clear of trip hazards.
- Check that electrical outlets are free from multiple cords and adaptors.
- Keep stove top clear from anything that may catch fire, towels, etc.

#### WINDOW AND DOOR ALERT!

Be on the lookout for rooms with tiny windows that are too small to use as a means of escape.

Security bars on doors and windows can trap people in a fire. Make sure any security bars have quick-release devices, and that they do not require special keys, tools or efforts to open them.

#### KNOW BEFORE YOU GO

Ask your host for any additional information about the home and further safety or security concerns.

Check the forecast for the area before you travel, be aware of storms, etc. and be prepared with batteries, medications, etc.



#### NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards



**PARTNERS  
for  
THE  
ARTS**  
Portugal Cove-St. Philip's  
arts association

*Michelle Jones,  
visual artist and Chair  
of Partners for the Arts  
(PCSP Arts Association)  
picks up her business  
application from  
Jeff Lawlor, Former  
Director of Economic  
Development,  
Marketing &  
Communications.*

PCSP recently implemented a business tax exemption for artists working from home-based studios. Partners for the Arts is hoping to work with Municipalities NL to educate our communities as to the economic benefits of such a tax exemption in hopes of extending it province wide.

Are you an artist and would like to become a member of Partners for the Arts? (All facets of the arts are welcome.) Visit the PCSP Chamber of Commerce website for membership information.

[www.chamberpcsp.ca](http://www.chamberpcsp.ca)



**Portugal Cove  
St. Philip's**

Get alerted with  
texts, calls or  
emails about  
important  
community  
news, storm  
notices, and  
emergencies  
when you  
sign up for  
**PCSP  
Connects!**

Customize  
which  
messages you  
subscribe to  
receive

**Register today at [www.pcsp.ca](http://www.pcsp.ca)**



# PublicWorks

Streets • Fleet • Waste Management • Water & Wastewater • Facilities



**CELEBRATING NATIONAL PUBLIC WORKS WEEK**

**MAY 15<sup>th</sup> - MAY 21<sup>st</sup>**



**THANK YOU TO OUR ENTIRE PUBLIC WORKS TEAM!**

Portugal Cove  
St. Philip's

## HELP PROTECT YOUR COLLECTOR

Give your garbage box a good spring clean out! Make sure there are no nails or screws sticking out, broken boards, or other damage that may be hazardous to the safe collection of your household waste. This is a great time to make any repairs your garbage box may need.

## BULK GARBAGE COLLECTION

Bulk garbage collection service is available by appointment from May to November and is scheduled on a first come first serve basis. To book the next available appointment, call the Public Works department at 895-8000 x228 or email [public.works@pcsp.ca](mailto:public.works@pcsp.ca) and a member of the Public Works team will help you out.

We strongly encourage residents, who are looking for bulk item collection, to consider donating items that are in good condition and may be of use to others. Visit our website for a list of organizations who repurpose a variety of items you no longer need. You can also bring your bulk items to the Regional Waste Facility at Robin Hood Bay, free of charge.

For a detailed list of accepted items for bulk collection, please visit [www.pcsp.ca](http://www.pcsp.ca)



## Register your dog for FREE

I look  
fetching in my  
new tags!



Dogs who are licensed have a much higher success rate in reuniting with their owners should they become lost. Coco says, get your FREE tags today by emailing: [public.works@pcsp.ca](mailto:public.works@pcsp.ca)

Learn more: [www.pcsp.ca/services/animal-services/](http://www.pcsp.ca/services/animal-services/)



*The 2022 Best of Portugal Cove-St. Philip's Awards are here!  
Who will you nominate for their outstanding contributions to our community?  
Nominations are open from April 24<sup>th</sup> through May 13<sup>th</sup>.*

*For more details visit: [www.pcsp.ca/best-of-pcsp](http://www.pcsp.ca/best-of-pcsp)*

ARTIST OF THE YEAR	VOLUNTEER OF THE YEAR
EMPLOYEE OF THE YEAR	SERVICE GROUP OF THE YEAR
BUSINESS OF THE YEAR	FEMALE ATHLETE OF THE YEAR
NEW BUSINESS OF THE YEAR	MALE ATHLETE OF THE YEAR
SENIOR OF THE YEAR	COACH OF THE YEAR
YOUTH OF THE YEAR	TEAM OF THE YEAR
LIFETIME ACHIEVEMENT AWARD	

*The Best of PCSP Awards are a true celebration of the incredibly  
talented and dedicated residents of our Town.*



**Do you play acoustic guitar or sing?  
Would you like to play with others?**

The PCSP Lions Club is pleased to invite all music lovers in our community to join a new weekly musical event called "Friends in Music." Friends of all levels of musical talent are welcome.

This **FREE** event will take place at the PCSP Recreation Centre on Sundays (6:00 to 7:00) during the spring of 2022.

**Pre-registration is required**, as space is limited. COVID rules must be followed.

For inquiries or to pre-register, contact [FriendsInMusicLions@gmail.com](mailto:FriendsInMusicLions@gmail.com), 895-3137 or search for us on Facebook: "PCSP Lions Club Friends in Music".



Lions meet the second & fourth Tuesday each month

New Members Welcome!

Call Suzette 895-0472

Visit us on Facebook and follow us on Twitter @PCSP Lions

**SIGN UP FOR**  
*Safety*



Having an easily identifiable home number sign helps emergency responders when they need to find a home quickly. By making a simple change and clearly numbering your home, you could save a life, including your own!

**\$30 gets you a two-sided reflective sign and post installed.**

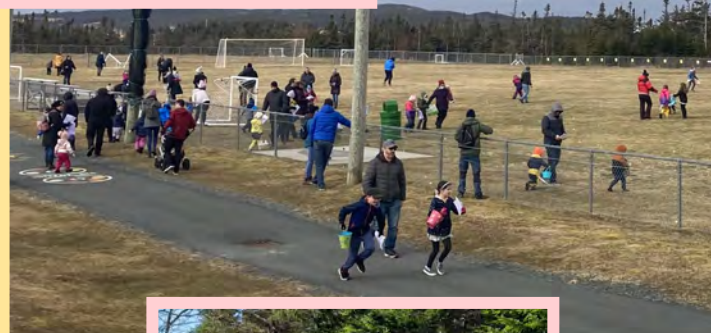
To order your sign, contact Lions by phone 895-0472 or through their Facebook page: Portugal Cove-St. Philips Lions Club



# THANK YOU

*to all the families, friends and more who joined us for the Easter Egg Hunt and who solved the clues and found the special Golden Eggs.*

*You all made these events so much fun!*



*It was so great to see so many happy faces!  
We hope everyone had a very Happy Easter!*



# PCSP SUMMER CAMP REGISTRATION OPENS SOON!

Keep an eye on the Town website  
and social media pages for more  
details.



## NEW & YOU

**June is Recreation Month!**

Try a new activity this June  
and send your photos to  
[stacey.hanlon@pcsp.ca](mailto:stacey.hanlon@pcsp.ca)  
by June 30th to enter for a  
chance to win our grand prize!

**Some super  
Seniors events  
made for a lot  
of very  
happy  
faces!**



**St. Paddy's  
Day Social**



**Seniors  
Bingo**





# SPRING 2022 FITNESS + PROGRAMS

Class / Program	Date / Time	number of classes	Cost
Older Adult Fitness	<b>Tuesdays &amp; Thursdays</b> 9:30am - 10:30am @ PCSP Rec Centre April 26th to June 9th	14	\$28
Seniors Sit n Fit	<b>Tuesdays &amp; Thursdays</b> 11am - 12pm @ PCSP Rec Centre April 26th to June 9th (No Class May 12th)	13	\$26
Yoga Class	<b>Mondays</b> 6pm - 7pm @ PCSP Rec Centre April 25th to May 16th	4	\$43
Zumba Class	<b>Wednesdays</b> 6:30pm - 7:30pm @ PCSP Rec Centre April 27th to June 8th	7	\$62
Pound Class	<b>Sundays</b> 7:30pm - 8:30pm @ PCSP Rec Centre April 24th to June 5th (No Class May 22nd)	6	\$53
Kickboxing	<b>Thursdays</b> 6:30pm - 7:30pm @ PCSP Rec Centre March 17th to May 12th (No Class April 14th & 21st)	7	\$61
Playgroup	<b>Wednesdays</b> 10am - 11:30am @ PCSP Rec Centre April 27th to June 8th For families or caregivers with children 0-4 years of age	7	\$14
Friends in Music	<b>Sundays</b> 6pm to 7pm @ PCSP Rec Centre Pre-Registration is Required For this program, email to register: FriendsInMusicLionse@gmail.com	ongoing	FREE

**Further details can be found throughout the Programming Overview document.**

Registration open through eServices at [www.pcsp.ca](http://www.pcsp.ca)  
We look forward to another fun and fit session!

  
Portugal Gove  
St. Philip's



## MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Legion Darts Pound Class Friends in Music	2 Yoga	3 Public Council Meeting Library Public Hours Legion Darts Older Adult Fitness Seniors Sit n Fit	4 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards	5 Legion Darts Library Public Hours Older Adult Fitness Seniors Sit n Fit Kickboxing	6 Rainbow 50+ Cards and Darts	7 Hiking/Walking Club St. Lawrence Mother's Day Concert
8 Legion Darts Pound Class Friends in Music	9 Women's Institute Family History Club Yoga	10 Lions Club Library Public Hours Legion Darts Older Adult Fitness Seniors Sit n Fit	11 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards	12 Legion Darts Library Public Hours Older Adult Fitness Kickboxing	13 Rainbow 50+ Cards and Darts Deadline for Best of PCSP Nominations	14 Hiking/Walking Club
15 Legion Darts Pound Class Friends in Music St. Lawrence Gospel Concert	16 Yoga	17 Public Council Meeting Library Public Hours Legion Darts Older Adult Fitness Seniors Sit n Fit	18 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards	19 Legion Darts Library Public Hours Older Adult Fitness Seniors Sit n Fit	20 Rainbow 50+ Cards and Darts	21 Hiking/Walking Club
22 Legion Darts Friends in Music	23 TOWN OFFICES CLOSED VICTORIA DAY	24 Lions Club Library Public Hours Legion Darts Older Adult Fitness Seniors Sit n Fit	25 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards	26 Legion Darts Library Public Hours Older Adult Fitness Seniors Sit n Fit	27 Rainbow 50+ Cards and Darts	28 Hiking/Walking Club
29 Legion Darts Pound Class Friends in Music	30	31 Public Council Meeting Library Public Hours Legion Darts Older Adult Fitness Seniors Sit n Fit				

## JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards St. Lawrence Take Out Pasta Supper	2 Legion Darts Library Public Hours Older Adult Fitness	3 Rainbow 50+ Cards and Darts	4 Hiking/Walking Club
5 Legion Darts Pound Class Friends in Music	6 Women's Institute Family History Club	7 Legion Darts Library Public Hours Older Adult Fitness Seniors Sit n Fit	8 Library Public Hours Playgroup St. Lawrence Seniors Fellowship and Cards	9 Legion Darts Library Public Hours Older Adult Fitness Seniors Sit n Fit	10 Rainbow 50+ Cards and Darts Tickle Submission Deadline	11 Hiking/Walking Club
12 Legion Darts Friends in Music	13	14 Public Council Meeting Library Public Hours Legion Darts Lions Club	15 Library Public Hours St. Lawrence Seniors Fellowship and Cards	16 Legion Darts Library Public Hours	17 Rainbow 50+ Cards and Darts	18 Hiking/Walking Club
19 Legion Darts Friends in Music	20	21 Legion Darts Library Public Hours	22 Library Public Hours St. Lawrence Seniors Fellowship and Cards	23 Legion Darts Library Public Hours	24 Rainbow 50+ Cards and Darts	25 Hiking/Walking Club
26 Legion Darts Friends in Music	27 TOWN OFFICES CLOSED JUNE DAY	28 Public Council Meeting Library Public Hours Legion Darts Lions Club	29 Library Public Hours St. Lawrence Seniors Fellowship and Cards	30 Legion Darts Library Public Hours Tax Deadline		



## NO MOW MAY

ACE and the Town are asking residents to hold off breaking out the lawn mower this spring and encouraging you to join the "No Mow May" campaign. Letting the wildflowers on your lawn bloom helps provide a vital source of nectar for bees and other pollinating insects and gives them a better chance of survival all summer.

By joining the No Mow May campaign, you are not only helping the pollinators – you are also creating a great opportunity for your whole household to witness the wide diversity of natural plants and insects that inhabit our outdoor spaces.

And hey – if you like what you see, why not extend your "lack of effort" into June and July? Why not try allowing a small section of your lawn to grow and bloom with wildflowers.

We encourage all residents to foster greater connections with the great outdoors and No Mow May is just one simple but highly effective way of creating more connection to the natural environment without leaving your own front (or back!) yard.

For more information on the No Mow May movement got to [www.natureconservancy.ca](http://www.natureconservancy.ca)



## CALL FOR MEMBERS

ADVISORY COMMITTEE  
ON THE ENVIRONMENT (ACE)

AND

HERITAGE ADVISORY COMMITTEE

This is a great opportunity to get involved in your community and help shape the decisions made by Council. If you are interested in joining either of these committees or would like more information on what they do, please contact:

Julie Pomeroy Sparrow

Heritage and Environment Coordinator

[julie.pomeroy@pcsp.ca](mailto:julie.pomeroy@pcsp.ca) 895-8000 ext.229

## Community Clean Up Kits



are now  
available at the Town Hall

For details on PCSP Community Clean Up, what is included in the kit and where to leave the waste you collect, please contact:

Julie Pomeroy Sparrow

[julie.pomeroy@pcsp.ca](mailto:julie.pomeroy@pcsp.ca) or call 895-8000 ext.229

### ST. LAWRENCE ANGLICAN CHURCH

May 7 Mother's Day Concert at 7 pm, \$7 admission  
Please call Brenda 725-9968 or Pam 743-8488 to book tickets.

May 15 Gospel Concert at 7 pm, \$10 per person  
Live music by Jacob's Passage, all are welcome.

June 1 Take Out Pasta Supper at 5 pm, \$10  
Please call Jocelyn 895-2263 or Pam 743-8488 to place order.

Every Wednesday at the Parish Hall there is Senior's Fellowship and Cards, all are welcome. For more information call 895-2215. \$2 admission.

Services are at 10:30 am every Sunday, all are welcome!!

### WOMEN'S INSTITUTE

Members of the Women's Institute meet every two weeks on Mondays.

These dedicated ladies are always finding great and creative ways to help support our community.

Thank you for all you do!



## BRANCH 10, PORTUGAL COVE *Legion Happenings...* 895-6521

We want to take this opportunity to thank everyone who came out to vote at our Annual General Meeting Elections 2022. Thank you to all the volunteers for your hard work throughout the years.



Five new executive members:

KEV SOMERTON, MARIA COLLINS, LOUIS MARION, WAYNE DOHERTY, and BUD CHURCHILL

### LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 749-0204

Service Officer - Bud Churchill 685-7644

If you're looking for a place to host your next event, please don't hesitate to call us @ 895-6521

We have great rates and our hall has A/C and an outdoor deck.

### LEAGUE DARTS

Mixed League	Tuesday night
Mens League	Thursday night (Teams)
Womens League	Sunday Night

Call the Legion for more information 895-6521 - Can't wait to see you all there!



Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. *The Legion needs you!*



### CONGRATULATIONS ARE IN ORDER

Kev Somerton  
received his 50 year pin.

Mike Jackman  
received his 65 year pin.



FOLLOW US  
ON FACEBOOK

@ Royal Canadian Legion Branch 10.

Are you 50 or over and looking for some  
friendship and socialization? We are here for you.



We meet every Friday from 2:00 to 4:00 at the  
Recreation Centre for a game of darts or cards.

Lots of fun, laughter and new friends.

Drop in and check us out.

**EVERYONE IS WELCOME!**



## REMINDER: TAX DEADLINE HAS BEEN EXTENDED TO JUNE 30<sup>TH</sup>, 2022

You can still get your 2.5% discount on the property  
tax portion of your invoice if paid by June 30<sup>th</sup>, 2022.

Payments can be made via online banking, cheque, cash,  
debit or credit card. Please note the 2.5% discount is  
NOT available if paid by credit card.

Please be sure to fill out your cheques clearly and accurately.

If you have any questions about your taxes or need  
assistance with setting up online banking please  
contact the Town Office at 895-8000.





## A MESSAGE FROM THE MAYOR

Spring has certainly sprung here in Portugal Cove-St. Philip's and as we are starting to see more sunshine and warmer temperatures, excitement is in the air as well! I am thrilled about the news from the provincial government budget announcement that a new high school is coming to our community. Like all families in our town, during their schooling, my own children and grandchildren had to take long bus rides to and from St. John's every day. To now know that kids in our town will soon be able to go to high school right here in Portugal Cove-St. Philip's at a new, state of the art facility is incredible news. Stay tuned, as I'm sure there will be lots more information to come on this facility.

There are so many wonderful projects on the horizon in our community and I am very excited for what's to come. Our annual Regatta Festival, Killick Coast Games, summer camps, and lots more events are upcoming – and before then, I am delighted to see that once again, this June, we will be hosting another Best of PCSP Community Awards celebration event. I encourage everyone to think about putting forward a nomination for an outstanding business, individual or group that has made an impact in our community. The nomination deadline this year is Friday, May 13<sup>th</sup>, so now is the time to recognize those who have done outstanding work this year!



In closing, I would like to send best wishes to Jeff Lawlor, who has taken a new job and is moving on from his role as Director of Economic Development, Marketing and Communications after ten years of employment with the town. Jeff has had a tremendous impact on our community throughout his career with us, and he made great strides to offer opportunities for sincere public engagement, improvements to our local tourism sector, enhancements to the business community, and much, much more.

Congratulations on your next chapter, Jeff! Your presence will certainly be missed, but your outstanding efforts will live on in Portugal Cove-St. Philip's for years to come.

*Carol*

*Jeff Lawlor and Mayor Carol McDonald during a PCSP Community Food Drive in September 2020.*

## INTRODUCING THE KILICK COAST AGRICULTURAL STRATEGIC PLAN

We are thrilled to announce the completion of the Killick Coast Agriculture Strategic Plan! This was an extraordinary 3 month collaboration that once implemented, the PCSP Chamber and its newly formed Agriculture Committee believe will re-define our agriculture's value and position our region as a provincial leader. Developing a strategic plan of this magnitude could never be possible through any single organization and therefore the PCSP Chamber is humbled by having been given the confidence of our community, neighbouring municipalities and government in taking first steps in establishing a regional vision for agriculture.

Agriculture is essential to any country's plan for self-sufficiency and economic development, and our commitment to you is to remain acting as an agency of change that supports these endeavours. We will be advocates regarding the critical/essential resources required to achieve the priorities laid out in this plan because we owe it to our communities and environment to establish a resilient agriculture industry. We would like to thank all interested parties throughout the Killick Coast region for taking their valuable time to work closely with the PCSP Chamber on the development of this plan as their passion, vision and knowledge was invaluable. We would especially like to thank our Strategic Consultant, Sean Dolter of Thistle's Consulting, our St. John's East MP, Joanne Thompson and MHA, David Brazil, Dick Whittaker, Dan Rubin, Jim Parsons, Planeet Consulting and of course our Steering Committee comprised of: our Chair, Catherine Dempsey, Anita Walsh of Windy Heights Farm, Evan Murray of Murray's Gardens, Deanne Lawrence with the Town of Torbay, Dave Walsh of the Federation of Co-operatives and Shannon Crocker.

Lastly, the PCSP Chamber would like to thank and acknowledge that this plan was made possible through funding provided the Canadian Agriculture Partnership Program (CAP) which is a federal-provincial-territorial initiative intended to enable the agriculture industry to grow, innovate and prosper. We look forward to continually working alongside them to maximize the investment they have made in the PCSP Chamber and the surrounding communities.



Tara Lehman, Executive Director  
PCSP Chamber of Commerce



### WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the July-August edition of the Tickle Newsletter is 4:30pm Friday, June 10<sup>th</sup>, 2022. Contact Stephanie Tucker at [stephanie.tucker@pcsp.ca](mailto:stephanie.tucker@pcsp.ca) or phone 895-8000 ext.271.