

WHERE ELSE ON EARTH COULD YOU "HUG A HORSE" FOR VALENTINE'S DAY! WE REALLY DO HAVE THE NICEST NEIGH-BORHOOD

On February 12th, local non-profit organization Stable Life Inc. welcomed 20 individuals to visit their stables to "Hug a Horse" for Valentine's as part of their community outreach and fundraising initiatives. Erin Gallant, Director of Stable Life Inc. stated, "we were happy to open the doors of the stable again for in-person mental health services." Stable Life Inc.'s mission is to foster recovery and wellness with the help of a professional team using the Equine Assisted Program, and to provide a safe place that offers folks the opportunity to move forward in life through interaction with the horse.

There are always a variety of creative and welcoming programs offered right here in Portugal Cove-St. Philip's at Stable Life Inc! Throughout March and April, a new "Stable & Safe" program will begin for girls, women, and gender diverse individuals. This program will offer one-on-one peer support and counselling, combined with an equine assisted program.





To learn more, find them on Facebook, Instagram or Twitter:

@SpiritHorseNL



Spirit Horse veteran "Tinker" shows off some beautiful sweethearts for visitors on Valentine's Day.

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Aubrey Dawe @beachycoveelem - Feb 11 It's School Counseling Week! Please join us in acknowledging two of the best School Counselors on the planet, Miranda and Bernice. These two go above and beyond for all of our learners and colleagues each and every day.





Sam Paterson @SamPatersonEDU · Jan 25

Great day to get outside at @BrooksideInt





Brookside Intermediate @BrooksideInt · Jan 4 Tune into Son of a Critch tonight to see three Brookside stars!

Ms. Jessica Curnew @ms_curnewBSI · Feb 16 Thank you @LedwellColleen for our lesson on water filtration today 🍐

13 Brookside Intermediate Retweeted

Mme Facey- Gr. 5 BSI @MmeFacey · Feb 2 Some of our prep work for our Olympic unit. Our medal table and learning all about the participating nations of #Beijing2022 @TeamCanada we can't wait to learn more! @BrooksideInt @NLESDCA



David Baldwin @davidbaldwin33

A beautiful display @BrooksideInt from Ms. Lynch's class celebrating Black History Month. Lots of work put in on this project. Awesome work students! @NLESDCA

Mrs. Williams- Gr. 5 @mrs_williamsBSI · Jan 13 Great presentation from @SpiritHorseNL about the horses and their program in the town of @PCSPnl Thanks for letting us see the horses and

ask our questions. @BrooksideInt @NLESDC

Colin Lane @ColinLa709 Replying to BNWSMARFC and BNWS

Taken from the town of Portugal cove-St.Phillips Newfoundland and Labrador Canada @PCSPnl . You can Hardly find any snow at all. The dusting that fell Friday night disappeared by morning .



lan Crewe @iancrewe · Jan 22 Just what the doctor ordered!! #dogwalking @PCSPnl

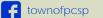




Aubrey Dawe @beachycoveelem · Jan 26 Mrs. Byrne's class is "head" long into #BellLetsTalk @ day, sporting their #BellLetsTalk toques donated by C's Dad!













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PORTUGAL COVE-ST. PHILIP'S VOLUNTEER FIRE DEPARTMENT

Doing laundry is a part of everyone's home routine. Taking care of your clothes dryer can play a vital role in the safety of your home. Here are a few simple tips to help prevent a clothes dryer fire:

- Dryers should be grounded properly ō
- Ensure the outdoor vent flap is not covered by snow
- Keep the area around the dryer free of things that burn easily, like boxes, cleaning supplies, clothing, etc.
- If clothes have come into contact with flammable substances, like gasoline or paint thinner, they should be laid outside until completely dry and then washed and dried as usual
- Have your dryer installed and serviced by a professional •
- Do not use your dryer without a lint filter •
- Clean the lint filter before and after each load of laundry • and remove lint that has collected around the drum
- Rigid or flexible metal venting material should be used to sustain proper airflow and drying time
- Once a year, or more often if needed, clean lint out of • the vent pipe or have a service come do it
- Keep your dryer in good working order •
- Make sure the right plug and outlet are used and that the machine is connected properly
- Follow the manufacturer's guide and do not overload your dryer
- Turn off the dryer when you leave your home or when you go to bed

FACT

The leading cause of home clothes dryer fires is the failure to clean them.

NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards

2nd Annual JAUNT for JAXON

On Saturday, March 19th, join in on the Jaunt for Jaxon in our community! Jaxon is an incredibly strong young resident in Portugal Cove-St. Philip's. He is a student at Beachy Cove Elementary who is bravely fighting a battle with leukemia. As he's in the final phase of his treatment now, which is called "maintenance," Jaxon is feeling much better and hopes to join back in more of his regular activities (including his favourite, hockey!) in the near future.

It has been an extremely difficult year for Jaxon and his family, and his supporters have organized the 2nd Annual Jaunt for Jaxon fundraiser. On March 19th, join in by sharing a photo of your walk, run or time outside with the hashtag #JauntForJaxon to show your support for Jaxon and all those fighting a battle with leukemia or lymphoma. The lights will be on at Voisey's Brook Park during the evening for all those wishing to join in.

This year, the goal is to raise \$ 1000 for the Leukemia & Lymphoma Society of Canada (LLSC) to help people like Jaxon in the future. Learn more or make a

donation by visiting the Facebook event page "2nd Annual Jaunt for Jaxon" or www.bloodcancers.ca







PublicWorks

Streets • Fleet • Waste Management • Water & Wastewater • Facilities

curbside Con **Portugal Gove** St. Philip's Recycling collection in Portugal Cove-St. Philip's must adhere to all guidelines set out by the Robin Hood Bay waste collection facility. Reason your recyclables have not been picked up: 1. Your recyclables are not to include glass 2. Your recyclables are not to contain garbage, plastic bags or Styrofoam 3. Your recyclables must be separated in two groups (paper products and containers) 4. Your recyclables must be placed at the roadside in clear view for the driver; separate from your garbage box 5. Your recyclables must be in a clear blue bag 6. Cardboard must be placed in bundles measuring 2x2x1 or broken down into blue bags 7. Christmas/gift wrap paper is unaccepted _ 8. Other _ Additional Comments

Please refer to www.pcsp.ca for more details on how to separate your recyclables and what is accepted. Call 895-8000 ext 228 if you have any additional questions.

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Have you seen a tag like this on your recycling bag and wondered why it wasn't picked up?

All of the recycling collected in Portugal Cove-St. Philip's is brought to Robin Hood Bay for processing. This means our community is required to follow the waste collection guidelines set out by that facility.

What does this mean for your household recycling? It means you are responsible to sort your recycling between containers and paper products, placing them in blue bags and ensuring they are at the side of the road in the morning on your designated pick up day.

For a detailed list of what the Town can accept for recycling collection, visit our website: pcsp.ca

While the Town cannot take everything with our collection, Robin Hood Bay is open for residential drop off and they have a very user friendly set up for disposing of your unwanted items. It is as simple as checking in with the attendant, letting them know what you have, and placing the items in the designated bins.

Robin Hood Bay has a great furniture recycling program where you can bring your sofas, chairs, book shelves and more, and the facility will find them a new home. The same goes for your unwanted electronics. Robin Hood Bay also recycles your old computers, televisions, printers, VCRs, monitors, speakers and more.

Find out the scheduled hours for residential drop off and full details on what is accepted at Robin Hood Bay here:

http://robinhoodbay.ca/fees-permits/residential-drop-off/

Thank you for helping to keep our community so beautiful and for helping to ensure we do our part to help the environment.



LOCAL YOUTH BRINGS HIS 'CUTTING EDGE' BUSINESS IDEA TO LIFE

Last year, Jaxson Bradbury had a hard time trying to get his hockey skates sharpened close to his own community when he needed it. So he came up with the idea to save his money and purchase a skate sharpener. Knowing he wasn't the only skater who needed his skates done, he quickly developed a plan to create a small business.

Jaxson spent his time saving his allowance, returning refundable recycling and doing odd jobs to come up with the money. He finally has his own Sparx Skate Sharpener and Jax Skate Sharpening is now open for business!

For \$6 a pair, with \$1 going to charity, you can get your skates sharpened right here in PCSP by this enthusiastic entrepreneur. You can find <u>Jax Skate Sharpening</u> on Facebook or text Jaxson at (709) 727-6710.

ENJOY A WINTER WALK IN THE PARK





We are excited to offer residents a new way to get outside for some evening movement this winter! The lights at the Voisey's Brook Park Softball Field and the Rainbow Gully Park Softball Field will be on during the weekday evenings so that the field track is lit for walkers to safely enjoy. Please check the Town website, pcsp.ca for updates on any weather related changes or cancellations to the lighting schedule. Grab a walking buddy and a pair of warm mittens and get active right here in your own community.





Portugal Gove St. Philip's



WALKING TRACKS

Both Rainbow Gully Park and Voisey's Brook Park have designated walking tracks around the softball fields. The lights will be on during weekday evenings for all to enjoy. Lots of parking available and a terrific view in all directions. See maps for both tracks on page 5.





ADAPTIVE SLED RENTALS

Helping to make the parks accessible for everyone, the Town has an adaptive sled available to rent at no cost. This ergonomically designed sled provides support and protection for riders with disabilities. It is built to withstand extreme use.

Reservations are required. For booking inquiries contact kyle.mcguirk@pcsp.ca or visit pcsp.ca to learn more.

SNOWSHOE RENTALS

Take an unguided snowshoe adventure on over 5km of trails, see the various wildlife that live in the park, and enjoy the outdoors. While you're at it - try out our geocaching and orienteering activities - fun for the whole family!

Fridays 6-9pm, Saturdays and Sundays 10am-5pm. Weather permitting weekend rentals are available by **pre-booking only** through eServices. Rentals cannot be rented directly from the Voisey's Brook Park hut. Each pair of snowshoes costs \$5.00 to rent.



ORIENTEERING & GEOCACHING

Grab your compass and try out these creative and fun activities. Follow maps and figure out creative clues, a great family afternoon. Keep an eye on our website for upcoming events and more.

Celebrating

Learning in the Great Outdoors

Pnl #literacyweek My sweet girl loves to explore

Dean Kearney @kearney_dean · Jan 24 Replying to @PCSPnl and @beachycoveelem

Teagan enjoying "Learning in the Great Outdoors" for Literacy Week. He has learned so much this year from @PCourage about the outdoors and teaches us something new on every walk

lisa cobb @bce2cobb · Jan 28







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VANNESSA BADCOCK @VannessaBadcock · Jan 28

the outdoors especially when she gets a chance to stop at a Free Little

We have made it outside every day for the past two weeks, rain or shine (or wind)! Lots of fun learning in the great outdoors! 32.5



Patti Green @AnnlewisGreen · Jan 29 Celebrating literacy week by reading a good book in the soft snow on this sunny Saturday : @beachycoveelem @PCSPnl @rsg138428 #literacyweek





Danielle Molloy @DanielleAlaina

Learning and the great outdoors! 2 of N's favourite things! This weekend he went on an animal footprint scavenger hunt! Below are just a few of the tracks he found! @beachycoveelem @PCSPnl #literacyweek

8:32 AM - Jan 31, 2022 - Twitter Web App



Wendy @wendyturner35 · Jan 30





Meghan Kelly @meghankkellv14 · Jan 28

Learning in the great outdoors! Telling stories and learning traditions, Newfoundland style :) don't worry, our Kelly Kettle was on hand for a cup of tea in the woods too! #lite





Congratulations to the winners of our Literacy Week photo contest: "Learning in the Great Outdoors." It was wonderful to see all the fun activities. A special shout-out to @PCSPnl for supporting our initiatives.

@NI ESDLit







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lisa cobb @bce2cobb · Jan 31





March 11th - 19th, 2022

You don't want to miss out on all kinds of outdoor adventures and family-friendly, wintery fun!

For a full schedule of Winter Carnival events, visit: www.pcsp.ca/winter-carnival



Have your say in an upcoming virtual open house!

WHEN: March 15th 7:00-8:30pm WHERE: From the comfort of your favorite chair

Registration is required by visiting: www.millsandwright.ca/pcsp

The Town is creating a Trails Master Plan and we need your help! In collaboration with residents, businesses and community groups we wish to develop a framework for a trail network that is safe, accessible and inclusive year-round in the community. We want to see PCSP have a robust trail network that will encourage recreation and well-being while connecting neighborhoods, parks and other community amenities.

How do you envision a trail network in PCSP? Join us for a virtual open house and have your say!



Do you play acoustic guitar, or sing?? Would you like to play with others?

The PCSP Lions Club is pleased to invite music lovers in our community to join a new weekly musical event called "Friends in Music." Friends of all levels of musical talent are welcome.

This **free** event will take place at the PCSP Recreation Centre on Sundays (6:00 to 7:00) during the winter/spring of 2022 (*Start date will be announced as soon as it's confirmed*). **Pre-registration is required**, as space is limited. COVID rules must be followed.

For inquiries or to pre-register, contact FriendsInMusicLions@gmail.com, 895-3137 or search for us on Facebook: "PCSP Lions Club Friends in Music".

RAINBOW 50+ CLUB

Spring is around the corner! We hope you are all staying well during these hard times. No news as to when we will be back in the Recreation Centre for cards and darts. COVID levels have been changing and hopefully, once the Rec. Centre is finished, we will be allowed to return. Be patient and keep well. We will return.

WOMEN'S INSTITUTE

Members of the Women's Institute meet every two weeks on Mondays.

These dedicated ladies are always finding great and creative ways to help support our community.

Thank you for all you do!



MARCH 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Legion Darts Library Public Hours	2 Library Public Hours	3 Legion Darts Library Public Hours	4 Rainbow 50+ Cards and Darts	5 Hiking/Walking Club
6 Legion Darts	7 Women's Institute Family History Club	8 Public Council Meeting Lions Club Library Public Hours Legion Darts	9 Library Public Hours	10 Legion Darts Library Public Hours	11 Rainbow 50+ Cards and Darts	12 HikingWalking Club
13 Legion Darts	14 TOWN OFFICES CLOSED	15 Legion Darts Library Public Hours Trails Master Plan	16 Library Public Hours	17 Legion Daris	18 Rainbow 50+ Cards and Darts	19 Hiking/Walking Club
20 Legion Darts	21 Women's Institute Family History Club	22 Public Council Meeting Lions Club Library Public Hours Legion Darts	23 Library Public Hours	24 Legion Darts Library Public Hours	25 Rainbow 50+ Cards and Darts	26 Hiking/Walking Club
27 Legion Darts	28	29 Legion Darts Library Public Hours	30 Library Public Hours	31 Legion Darts Library Public Hours		

APRIL 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Rainbow 50+ Cards and Darts	2 Hiking/Walking Club
3 Legion Darts	4 Women's Institute Family History Club	5 Public Council Meeting Legion Darts Library Public Hours	6 Library Public Hours	7 Legion Darts Library Public Hours	8 Rainbow 50+ Cards and Darts Tickle Submission Deadline	9 Hiking/Walking Club
10 Legion Darts	11	12 Legion Darts Lions Club Library Public Hours	13 Library Public Hours	14 Legion Darts Library Public Hours	15 GOOD FRIDAY TOWN OFFICES CLOSED Waste Collection Moved to Monday 18 th	16 Hiking Walking Club
17 EASTER SUNDAY	18 Women's Institute Family History Club	19 Public Council Meeting Legion Darts Library Public Hours	20 Library Public Hours	21 Legion Darts Library Public Hours	22 Rainbow 50+ Cards and Darts	23 Hiking/Walking Club
24 Legion Darts	25 TOWN OFFICES CLOSED	26 Lions Club Legion Darts Library Public Hours	27 Library Public Hours	28 Legion Darts Library Public Hours	29 Rainbow 50+ Cards and Darts	30 Hiking/Walking Club Deadline for Library Winter Book Bingo



Town Seeks Input for Natural Assets List

The Town is seeking your help to develop a list of special and valuable natural places in our

community. We are creating this list for future enhancements to our asset management plan, so we can work to help protect these natural assets in the future from climate change and other pressures.

What other environmental areas do you consider as assets in our community? Are there more natural elements you'd like us to consider protecting?

Please visit pcsp.ca to provide your submissions!

To celebrate National Heritage Week, we put together a challenge for you. Unscramble these 15 people, places and

things related to the history of our

HERITAGE WOR	2D JUMBLE

ou unscramble these letters to spell 15 people, places of things related to the heritage and history of our community?

community.		
	TOGA CEVO	
or a full		
size version		
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visit		
ocsp.ca		

St. Bartholomew's Cemetery Refurbishment: Project Update

The Heritage Committee is very pleased with the progress made on this important heritage site.

St. Bartholomew's Anglican Cemetery is located behind the old Anglican Church in Portugal Cove. The first Anglican cemetery in Portugal Cove was used in the 1800's and closed in 1857. St. Bartholomew's opened next and was located in the churchyard of St. Peter's church. The cemetery was originally called St. Peter's and consecrated on St. Peter's Day, June 29th, 1854 by Bishop Field. A diphtheria epidemic quickly filled up this cemetery and it was closed to burial in 1896.

The Heritage Committee sought out professional arborists to clear some of the trees and renew the space. As you can tell by the "before" and "after" pictures it has been opened up significantly and revealed a large number of unnamed field stones and marked graves.

> The next step is to preserve the site and the remaining stones, to identify the unmarked graves and to compile a list of those who are buried there. Our plan is for the fence to be replaced, create several story boards and develop a small trail going through the cemetery to tell the story of those who came before us.

> > We are seeking the public's help in gathering history and identifying those who are buried in this cemetery, as the church records were lost in a fire.

If you have any information to share please contact: Julie.pomeroy@pcsp.ca



before

after





BRANCH 10, PORTUGAL COVE Legion Happenings... 895-6521

We want to take this opportunity to send out a huge thank you to our committee members and volunteers that took time out of their busy schedules to plan and organize all events. Your work and energy are making a difference here at the Royal Canadian Legion Branch 10.

We couldn't do this without you. We deeply appreciate it, thank you.

LEGION REPRESENTATIVES CONTACTS:

President - Philip Thorne 749-0204

Service Officer - Bud Churchill 685-7644

Due to ongoing COVID-19 restrictions, the hall is operating at reduced capacity. We will keep you posted when changes are made. If you're looking for a place to host your next event, please don't hesitate to call us @ 895-6521 We have great rates and our hall has A/C and an outdoor deck.

LEAGUE DARTS			
	Mixed League	Tuesday night	
	Mens League	Thursday night (Teams)	
	Womens League	Sunday Night	
Call the Legion for i	more information 895-6521	- Can't wait to see you all there!	

Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. *The Legion needs you!*



Legion



FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10.



Our new 'Between Generations' Mentoring

program is a fantastic way to support local young people. Big Brothers Big Sisters has been serving the local community since 1975, and for the first time ever, we have a program for volunteers 55 years of age and older! This new program has gained a lot of positive feedback so far and we are currently recruiting new volunteers!

This one-to-one program matches senior volunteers with young people who can benefit from their support and friendship. They typically meet 2-4 times monthly and share in each other's interests, hobbies and learn from new experiences. Volunteers and children are matched based on personalities, interests, geographical location and other factors. If you would like more information about this program, visit the website below and fill out an inquiry. The Between Generations Mentoring Coordinator (Jacqueline) will follow up with you to provide any information that you may need.

https://newfoundland.bigbrothersbigsisters.ca/ between-generations-mentoring/



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A MESSAGE FROM THE MAYOR

Spring is just around the corner and I am excited to welcome a fresh season of new beginnings. As we transition into the next phase of the pandemic, I look forward to seeing the return of many of our regular programs and activities. On behalf of your Town Council, I would like to thank all residents for your continued commitment to health and safety, and the patience and understanding you have shown these past two years.

I would also like to send an extra special thank you to all the students and teachers in our community. You have continued to encourage me and many others with your resilience and positive attitudes these past few years. In spite of the difficult times we started out with for the new year, I have seen many examples of kindness, creativity and generosity shown in our local school community. Thank you for stepping up and exemplifying true leadership with your wonderful community spirit!

In January, our 2022 budget was finalized and I believe that it reflects the commitment of collaboration and listening that we have promised the residents of Portugal Cove – St. Philip's. Public engagement will continue to play an important role this year and we encourage you all to stay engaged and active as we make decisions that will affect the future of our great community together.

In closing, I would like to send best wishes to Tony Pollard, our Chief Administrative Officer, on his retirement this April. Tony has been a hard-working and dependable member of our staff team for over ten years, and he has certainly made a lasting impact on our community during this time. Congratulations on your next chapter, Tony! We wish you all the best.





INTRODUCING THE KILLICK COAST AGRICULTURAL STRATEGIC PLAN

Building upon agriculture and food sustainability in our community is something the PCSP Chamber of Commerce knows is important to you, especially as we experience a pandemic. With that in mind, we are thrilled to be partnering with the Federal Government to develop an agriculture strategic plan that allows your Chamber to do what we do best:

Create economic and community development opportunities that ensure the health & wellness of our business owners and residents.

Unlike anything our region has seen, this plan fosters innovation and modern collaborations required for our agri-businesses to thrive. With their success comes the ability to more easily bring local, healthy food to market for you, job growth opportunities, land and culture preservation, community education and more that will position the Killick Coast as an agriculture leader in our province.

The PCSP Chamber would like your help! How?

- I/ Visit www.chamberpcsp.ca to complete a quick survey
- 2/ Book an appointment with us if you're involved in the local agri-business sector

The PCSP Chamber is encouraging everyone living in the Killick Coast to participate which includes: PCSP, Torbay, Bell Island, Pouch Cove, Bauline, Flat Rock and LB-MC-OC.

Survey & details: www.chamberpcsp.ca or e-mail Tara at: executive@chamberpcsp.ca





Tara Lehman, Executive Director PCSP Chamber of Commerce





WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the May-June edition of the Tickle Newsletter is 4:30pm Friday, April 8th, 2022. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or phone 895-5651.







