

THE *ICRE* NEWSLETTER

Portugal Gove St. Philip's



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LIAM DROVER-MATTINEN WINS NATIONAL TENNIS CHAMPIONSHIP

In September, a young athlete from Portugal Cove-**St. Philip's was recognized as the best tennis** player in Canada at his age. Portugal Cove-**St. Philip's resident Liam Drover**-Mattinen took home the top prize at the Boys Under 16 National Singles Tennis Championship in Milton, Ontario.

Coming into the tournament, Drover-Mattinen was unseeded, but knocked off the number two and five seeds on his way towards the finals, where he faced the top-seeded player. He did not drop a single set all tournament. This is just the second time a player has ever achieved this from our province, and only the third time ever for an Atlantic Canadian tennis player. Way to go, Liam!

NEIGHBOURS ASSISTING NEIGHBOURS (NAN)

As long time residents of Portugal Cove - **St. Philip's, Kurt Murley, a member of our Town's** Volunteer Fire Department, and his mother, Donalda Murley, have seen an increasing need for non-perishable items and supplies for our local food bank.

Each year more and more families depend on this community service and with the onset of Covid-19 the need is even greater. The Murleys state, "Our goal is to help provide the local food banks that serve our community with enough food to ensure no one goes hungry. We have created Neighbours Assisting Neighbours (NAN) as a way for our community to bond together through donations of non-perishables, toiletries or monetary donations. After all NAN Never Lets Anyone Go Hungry!" The next NAN Food Drives take place:

- Saturday, November 6th from 3pm to 4pm
- Sunday, November 28th from 11am to 12pm
- Sunday, December 19th from 12pm to 2pm

Please note the drop off location for all dates is Breakwater Pharmacy at 1604 Portugal Cove Road

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PREMIER'S ATHLETIC AWARDS

Congratulations to all recipients of the Premier's Athletic Awards! Over 150 of the province's top athletes were recognized on Monday, October 4th, 2021 by the Honourable Dr. Andrew Furey, Premier of Newfoundland and Labrador, at the 17th annual Premier's Athletic Awards in St. John's.

The awards program recognizes athletic excellence and provides financial support to help offset the costs of training and competition. Grants ranging from \$500 to \$1,500 are awarded based on the level of competition and the athletes' respective accomplishments.

Special shout out to PCSP resident recipients: Darcy Byrne (Rowing), Aiden Drover-Mattinen (Tennis), Liam Drover-Mattinen (Tennis), Taj Exley (Soccer), Kaitlyn Hall (Rowing), and Ben Krilow (Athletics).







CROSS COUNTRY RUNNERS

Big congratulations to all the cross country runners from Brookside Intermediate! A special shout out to Freya and Claire, who took the top two podium spots in the grade 5 race and Ben who took 3rd place in the grade 9 race.

ERROL'S ADVENTURES CONTINUE...

The third book in local author Sheilah Lukins' series about a heroic and feisty mouse named Errol is called "Once Upon an Iceberg: Errol's Twillingate Adventure".

And that's not the only adventure Errol has been on lately! The author also took him on a series of staycations throughout the province and by the

looks of things, Errol thoroughly enjoyed every minute.

SAPE'WIK PUKTEW





Photo Courtesy of the Government of Newfoundland and Labrador.

PCSP resident Marlene Creates was invested into The Order of Newfoundland and Labrador at Government House in St. John's on September 1, 2021 for her contribution to the province as an environmental artist and her volunteer work for the arts community.

Pictured left to right: His Honour Howard W. Foote, The Honourable Judy M. Foote, Lieutenant Governor of Newfoundland and Labrador, Marlene Creates ONL, and Premier Dr. Andrew Furey.

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PublicWorks

Streets • Fleet • Waste Management • Water & Wastewater • Facilities

WINTER PARKING BAN

- Residents are reminded that during the period from November 1st to April 30th, both days inclusive, no person shall park, leave, or abandon any vehicle or any portion of any vehicle upon any Street Reservation within the Town between the hours of 12:00 midnight to and including 8:00am; and at any time when there is a snowfall and for 12 hours after the snowfall has ceased.

- Vehicles left on the roadway may be subject to a ticket or be impounded at the owner's expense.

SNOW CLEARING REMINDERS

Residents are reminded not to throw, blow, plow
or place snow in the road – this is against the law.
The Town's job is to keep roadways clear and
accessible – please support us in this endeavour.

 If possible, we ask that residents use reflective markers on their property boundaries to help prevent damage during snow clearing operations.

- Please remember your neighbours who may not be able to clear access to their property and check on them from time to time.

HOLIDAY WASTE DISPOSAL NOTICES

- Please ensure your garbage boxes or bins are cleared of snow, salt the area, and there is a clear access to the box.
- We encourage residents to use snow stakes, markers, or plow stakes to mark your garbage boxes. These simple visual aids are a great way to assist our snow plow operators and protect your property and garbage boxes during our snowy winter season.
- If you are placing your garbage or recycling bags curbside, please remember to net/secure your bags during the winter season so they do not blow away.
- Gift wrap (excluding the cardboard roll it comes on), tissue paper, and gift bags are not recyclable. Please place these items in your regular garbage bags for disposal.

The 2022 Waste Collection Schedule will be coming to your mailbox in December.

The Town of Portugal Cove-St. Philip's Department of Public Works wishes all residents a wonderful holiday season and a very Merry Christmas!



ARTS FESTIVAL Saturday November 27th Grounds Café

A celebration of our local creatives as we showcase the amazing talent our community offers.

Keep an eye on social media the PCSP Chamber of Commerce website for full details.

POP-UP EVENTS

Keep an eye out for sandwich boards with our logo indicating a pop-up event at a local businesses.

Artists, authors, singers... you never know what you'll find so if you see one of our signs be sure to drop in and check it out!

ARTIST GRANTS

With endorsement from the Town of Portugal Cove-St. Philip's we will be awarding two \$1000 grants to local artists!

Watch for details to be posted on the PCSP Chamber of Commerce website.

www.chamberpcsp.ca

Are you a creative? Not a member yet?

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We welcome members from all disciplines of the arts. Membership info and applications can be found on the PCSP Chamber of Commerce website.





A week of recognition and celebration of the perseverance of small business owners and the significant contribution they make to our community.







WHY SHOULD YOU SHOP LOCAL? SO MANY REASONS

Follow Our Social and Visit Our Website: LiveLocalPCSP.ca Shop-Ent-Enjoy

Have you visited the website <u>www.livelocalpcsp.ca</u> website yet?

Designed by the PCSP Chamber of Commerce in collaboration with the Town, it's one convenient space to discover things you may not know exist in your own backyard! With so many experiences to be had in our community, we encourage you to visit the site and be reminded of how you can support local.

For information on this website and/or the PCSP Chamber of Commerce, please visit: <u>www.livelocalpcsp.ca</u> or e-mail Tara at: <u>executive@chamberpcsp.ca</u>









Congratulations to all those who were nominated and to the winners of the 2020/2021 Best of PCSP Awards!



Marlene Creates BUSINESS OF THE YEAR

ARTIST OF THE YEAR

Boulder Books

COACH OF THE YEAR Troy Ralph

EMPLOYEE OF THE YEAR Melissa Martin

FEMALE ATHLETE OF THE YEAR Shannon Jones

LIFETIME ACHIEVEMENT AWARD Nita Mason

MALE ATHLETE OF THE YEAR Taj Exley

NEW BUSINESS OF THE YEAR Fetch & Fab Dog Co.

SENIOR OF THE YEAR Carol McDonald

SERVICE GROUP OF THE YEAR PCSP Hiking & Walking

STANDING OVATION AWARD Hubert Driscoll

> TEAM OF THE YEAR NEA Peewee C Team



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VOLUNTEER OF THE YEAR Alastair Allan YOUTH OF THE YEAR Rachel Moss



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Christmas Events 2021

The holidays are fast approaching and Team Recreation is hard at work planning some fantastic festive events for everyone!

Be sure to check the town website In November for a full holiday schedule and complete details for all of these festive family-friendly events.

Don't forget to keep an eye out on our social media pages for Garland the Elfl He will be out and about around the community once again and there are some great prizes to be won.







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ADVISORY COMMITTEE ON THE ENVIRONMENT



ZERO WASTE PROJECT

The Town of Portugal Cove – St. Philip's is excited to announce a new project in collaboration with College of the North Atlantic and Planeet Consulting. This new project entitled "Building Strong, Healthy, and Resilient Municipalities through Zero Waste and Circularity" will focus on identifying and expanding "Circular Services" in PCSP. A circular service refers to any "R" type service such as Repair, Reuse, Refill, Recycling, Return and Rot (Composting) that helps prevent and reduce waste, connects people and moves PCSP towards circularity.

Circularity will help PCSP keep materials in use for as long as possible, reduce pollution, waste, associated costs and create new business opportunities that support skill development, jobs, and connections.

Circularity also helps contribute to PCSP's climate action initiatives. When materials are kept in use for as long as possible, there is significant reduction in the greenhouse gas emissions associated with the extraction, production, transportation, and disposal of new things.

PCSP is excited to begin this project with CNA and Planeet and we hope to have significant input from members of the community.

WE WANT TO HEAR FROM YOU!

If you know of or have used any of these "R" services or are involved in any way as an individual (at home or workplace), school, business, or community organization in PCSP, please email Alexander at <u>alexander.templeman@pcsp.ca</u> or Viviana at <u>viviana@planeet.consulting.com</u>

If you're a senior citizen, we want to learn/hear how you reduced waste in the past and today. Your experiences will help us work on/design/plan a more sustainable future for PCSP.

There will also be a survey to collect PCSP community members' experience with and perceptions about Circular ("R") Services. Community members will also have the opportunity to get together, discuss the results and plan the Circular future of PCSP!

More updates on this project including opportunities for community input will be posted on our website and social media. We thank you for the support of this project and look forward to hearing from you soon.

COMMUNITY COMPOSTING

The Town is excited to announce the next stage in our community composting project with the upcoming installation of a large capacity tumbling style composter in Voisey's Brook Park. This composter will provide a way for Town residents, businesses and employees to responsibly dispose of their organic waste, and provide useful compost for local agricultural projects. This project will not only reduce the amount of waste sent to landfills, saving money on tipping fees, but also reduce harmful emissions, as composting is a highly effective way to eliminate greenhouse gasses usually associated with waste disposal.

This composter is part of the Towns ongoing compositing initiatives which will include more large scale composters being installed in the Town as well as the continued annual sale of small scale composters to residents. These projects support PCSP's larger environmental initiatives including our greenhouse gas reduction targets and our waste reduction projects.

The composter will be monitored and maintained by the Town and we encourage local residents to dispose of suitable organic waste using this composter once it is operational. Details on installation date as well as tips for composting will be posted to our social media accounts.

Thank you for your continued support of our environmental initiatives and keeping PCSP clean and safe for everyone!

For more information contact our Heritage and Environment Coordinator:





TRADITIONAL SKILLŠ

darning knitting boatbuilding fishing birch broom pottery storytelling baking pottery store workfood preservation rug hooking stone workfood preservation growing foodquilting basket making het making canning The Heritage Committee would like to support the growing interest in keeping traditional skills alive in our community. Whether it was part of daily life or a hobby or a pasttime, many of these skills are at risk of dying out. Let's help each other get back to basics and at the same time enjoy learning traditions! The benefits to yourself, your family and the environment are endless.

What skills would you like to learn? How about a traditional repair workshop or flea market? Tell us <u>your</u> ideas.

Contact our Heritage and Environment Coordinator: Julie Pomeroy Sparrow at 895-5657 or email: julie.pomeroy@pcsp.ca

HERITAGE WALKING TOURS

The Heritage Committee is planning two traditional community zone walking tours- one on the Portugal Cove side of town and one on the St. Philip's side of town. We are looking for significant points of interest, stories and more to highlight during the St. Philip's traditional zone tour. Please contact our Heritage and Environment Coordinator: Julie Pomeroy Sparrow at 895-5657 or email julie.pomeroy@pcsp.ca



There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening.

BE WARM AND SAFE THIS WINTER!

- Keep anything that can burn at least three-feet (one metre) away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- Have a three-foot (one metre) "kid-free zone" around open fires and space heaters.
- Never use your oven to heat your home.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the right kind of fuel, specified by the manufacturer, for fuel burning space heaters.
- Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- Test smoke alarms at least once a month.



Heating Equipment Smarts Install wood burning stoves

following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning.

Install and maintain CO alarms to avoid the risk of CO poisoning. If you smell gas in your gas heater, do not light the appliance. Leave the home immediately

home immediately and call your local fire department or gas company.

FACT

Half of home heating fires are reported during the months of December, January, and February.





Having an easily identifiable home number sign helps emergency responders when they need to find a home quickly. Clearly number your home — you could save a life!

The cost to purchase covers your custom two-sided fully reflective sign with your civic address, including installation!

Order your sign today: Email pesp@pesp.ca or visit









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November 2021

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Yoga Pickleball (Seniors & Youth)	2 Adult Fitness Seniors Sit n Fit Legion Mixed League Darts	3 Parents nTots Zumba	4 Adult Fitness Seniors Sit n Fit Kickboxing Legion Mens League Darts	5 Parents nTots Guy Fawkes Night Rainbow 50+ Cards and Darts	6 Hiking/Walking Club
7 Pound Legion Womens League Darts	8 Yoga Pickleball (Seniors & Youth)	9 Public Council Meeting Adult Fitness Seniors Sit n Fit Lions Club Legion Mixed League Darts	10 Parents nTots Zumba	11	12 Parents nTots Rainbow 50+ Cards and Darts	13 Hiking/Walking Club
14 Pound Legion Womens League Darts	15 Yoga Pickleball (Seniors & Youth)	16 Adult Fitness Seniors Sit n Fit Legion Mixed League Darts	17 Parents nTots Zumba	18 Adult Fitness Seniors Sit n Fit Kickboxing Legion Mens League Darts	19 Parents nTots Rainbow 50+ Cards and Darts	20 Hiking/Walking Club
21 Pound Legion Womens League Darts	22 Yoga Pickleball (Seniors & Youth)	23 Public Council Meeting Adult Fitness Seniors Sit n Fit Lions Club Legion Mixed League Darts	24 Parents nTots Zumba	25 Adult Fitness Seniors Sit n Fit Kickboxing Legion Mens League Darts	26 Parents nTots Rainbow 50+ Cards and Darts	27 HikingWalking Club
28 Pound Legion Womens League Darts	29 Yoga Pickleball (Seniors & Youth)	30 Adult Fitness Seniors Sit n Fit Legion Mixed League Darts				

December 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Zumba Mummer's Festival Ugly Stick Event	2 Adult Fitness Seniors Sit n Fit Kickboxing Legion Mens League Darts	3 Tickle Submission Deadline Rainbow 50+ Cards and Darts	4 Hiking/Walking Club Storytime with Santa
5 PCSP Annual Christmas Parade Legion Womens League Darts	6	7 Public Council Meeting Legion Mixed League Darts	8	9 Legion Mens League Darts	10 Rainbow 50+ Cards and Darts	11 Hiking/Walking Club
12 Legion Womens League Darts	13	14 Lions Club Legion Mixed League Darts	15	16 Legion Mens League Darts	17 Rainbow 50+ Cards and Darts	18 Hiking/Walking Club
19 Legion Womens League Darts	20	21 Public Council Meeting Legion Mixed League Darts	22	23 Legion Mens League Darts	24 Christmas Eve: Town Hall Closed	25
26	27 Town Hall Closed in Observance of Christmas Day	28 Lions Club Town Hall Closed in Observance of Boxing Day	29	30	31 _{New Years Eve:} Town Hall Closed	



BRANCH 10, PORTUGAL COVE Legion Happenings... 895-6521

We want to take this opportunity to send out a huge thank you to our committee members and volunteers that took time out of their busy schedules to plan and organize all events. Your work and energy are making a difference here at the Royal Canadian Legion Branch 10.

We couldn't do this without you. We deeply appreciate it, thank you.

LEGION REPRESENTATIVES CONTACTS: President - Philip Thorne 895-6754 (h) 749-0204 (c)

Service Officer - Bud Churchill 685-7644

Due to ongoing COVID-19 restrictions, the hall is operating at reduced capacity. We will keep you posted when changes are made. If you're looking for a place to host your next event, please don't hesitate to call us @ 895-6521 We have great rates and our hall has A/C and an outdoor deck.

LEAGUE DARTS:	Mixed League	Tuesday night	
	Mens League	Thursday night (Teams)	
	Womens League	Sunday Night	
Call the Legion for I	more information 895-6521 ·	Can't wait to see you all there!	

Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. *The Legion needs you!*



NOVEMBER 11th REMEMBRANCE DAY PARADE Parade will form at St. Lawrence Church parking lot at 10:30am and proceed to the War Memorial for services at 11:00am.

The community is welcome to attend the parade, however, due to COVID restrictions there will be no public gathering at the Legion.

Wishing you all a very Merry Christmas and a Happy New Year!

We look forward to seeing you all in 2022!

FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10.



WOMEN'S INSTITUTE

The Women's Institute is excited to be meeting again every two weeks.

Members are planning a Sewing Day for November 6th where they will be using their endless skills creating turbans for cancer patients and fidget aprons, muffs and bibs for the Alzheimer's Unit of Lanes Retirement Centre.

These dedicated ladies are always finding great and creative ways to help support our community. Thank you for all you do!

PORTUGAL COVE-ST. PHILIP'S LIONS CLUB

Over the last four months our local Lions have been very busy in the community!

- Made a donation to: (1) Ride to the Max in support of the Lions Max Simms Memorial Camp, (2) the Bell Island Food Bank, (3) Stella's Circle Run for Women, and (4) the Ronald McDonald House
- Purchased autism equipment for Beachy Cove Elementary
- Purchased a BBQ for grade 9 annual leaving ceremony at Brookside Intermediate
- Completed the "Giving Gabe a Lift" project, including a sellout of 10,000 50/50 tickets the project raised over \$73,000
- Launched the "Sign up for Safety" civic numbering project
- Continuing to collect glasses

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- Continuing partnership with student at Brookside Intermediate to do ice cream sales every Friday – profits will be donated to the Canadian Diabetes Association and our club
- Donated tents to PCSP Girl Guides
- Members helped with the community clean up after hurricane Larry
- Donated gas and grocery gift cards to a family in need in PCSP
- Launched the Seniors Digital Literacy Program

RAINBOW 50+ CLUB

Hurray! The PCSP Rainbow 50 Plus Club for darts and cards FINALLY was able to open up. We have 60 people back, which is all we can have at this time. All are really enjoying each other's company. Thank you to the Town for allowing us to reopen at this time!



Lions meet the second & fourth Tuesday each month

New Members Welcome!

Call Suzette 895-0472

Visit us on Facebook and follow us on Twitter @PCSPLions



Congratulations 2021-2025 TOWN COUNCIL



We thank all those who put themselves forward for this election! Other nominees include: Johnny Hanlon, who received 811 votes in his campaign for mayor and Jeff Laham (1048 votes), Paul Duffett (801 votes), and Moses Tucker (764 votes) who ran for council

A Message from the Mayor

) would like to begin by thanking all those who voted in the 2021 Municipal Election and all those who put their name forward to run for Council. J am delighted and proud to have been elected to return for another term as your mayor, and J promise to continue to work hard for the people of our community. Thank you for continuing to place your trust in me. J look forward to working with this new Council, all of whom are eager to get to work and make a difference in our wonderful community.

As your new council, we are seeking input from residents, businesses, stakeholders, community groups and all those who wish to have a say in our Town's 2022 budget. Do you have ideas to share for things you'd like to see in our town? What do you think we're doing well, and what do you think could be improved? Please share your insight so we can work together to build a collaborative budget that works for everyone. We look forward to hearing from you. Public engagement will be a top priority of this Council and we have much to work on together. It all starts here with the 2022 Budget.

As the holiday season is upon us, I wish everyone in Portugal Cove-St. Philip's a very Merry Christmas, Happy Holidays, and a Happy New Year! We have some amazing plans scheduled for this year's celebrations and it is very exciting that we will be able to again gather together during the holiday season.

Here's to a wonderful year ahead in 2022. **Carol**



The Town of Portugal Cove-St. Philip's annual budget is a financial plan for creating and maintaining programs and services for all residents. The planning process follows an annual cycle involving specific activities of Council, Town Administration, and public engagement.



WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the January-February edition of the Tickle Newsletter is <u>4:30pm Friday December 3rd</u>, 2021. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or phone 895-5651.

