

THE DOWNLOAD



ST. JOHN'S EDGE GAME

Cheer on the Edge at Mile One Centre on February 22nd! Tickets are \$10 per person, with optional bus transportation (\$2) and discounted food pre-order available. Call Nicole Clark at 895-5662 - Registration Opens January 20th.

PAINTING CLASS FOR YOUTH

During this 5 week program (Jan 28th - Feb 25th), participants will learn about various techniques and painting tools! Tuesdays from 6:30-7:30pm at Rainbow Gully Hut. For further details, Call Mike Stone at 895-5671. Ages 10-16.

GLOW DANCE

On February 14th at the PCSP Rec Centre the Girl Guides are hosting a Glow Dance! \$5 admission and canteen + glow products available.
Grades K-3 at 6:30-7:30pm
Grades 4-6 at 7:45-8:45pm
Grades 7-9 at 9:00-10:00pm

HEALTH & WELLNESS EXPO

Saturday, February 1st from 10am - 3pm at Brookside Intermediate. Featuring a trade show, healthy food and drinks, demonstrations, guest speakers and lots more!

WINTER CARNIVAL SAVE THE DATE: FEBRUARY 14TH – 22ND, 2020

This annual event provides opportunities to people of all ages to get involved and enjoy social and recreation activities during the winter season at several different venues around the Town. The week-long festival includes exciting events like the favourite community breakfast, card games, family bingo, horse and sleigh rides and much more. It is guaranteed that there is something for everyone!

CONTACT US: NICOLE.CLARK@PCSP.CA OR 895-5662
NICK.MILLER@PCSP.CA OR 895-5661 // MIKE.STONE@PCSP.CA OR 895-5671



RECREATION & COMMUNITY SERVICES

WINTER 2020 PROGRAMS

SENIORS SIT N FIT (20 classes) Jan. 14 - March 26	Tuesday and Thursday 11:00am-12noon	Recreation Centre	Cost: \$30.00
ADULT FITNESS (20 classes) Jan. 13 - March 26	Monday and Thursday 9:30-10:30am	Recreation Centre	Cost: \$30.00
ZUMBA (10 classes) Jan. 15 - March 25	Wednesday 6:30-7:30pm	Recreation Centre	Cost: \$90.00
KICKBOXING (5 classes) Jan. 15 - Feb. 12	Wednesday 7:30-8:30pm	Recreation Centre	Cost: \$50.00
YOGA (9 classes) Jan. 13 - March 23	Monday 6:30-7:30pm	Recreation Centre	Cost: \$85.00
PAINTING WITH PURPOSE (5 classes) Jan. 28 - Feb. 25	Tuesday 6:30-7:30pm	Rainbow Gully Hut	Cost: \$50.00
POUND (10 classes) Jan. 16 - March 26	Thursday 6:30-7:30pm	Recreation Centre	Cost: \$90.00
PCSP PLAYGROUP Starts January 15	Wednesday 10:00am-12noon	Recreation Centre Ages newborn to 4 years. Enjoy bouncy castle, toys, & healthy snacks.	Cost: \$2.00 per child drop in fee

REGISTRATION OPENS: January 6, 2020 Register online through eServices.

For more information on these programs, please contact Mike Stone at 895-5671 or email: Mike.Stone@pcsp.ca

