



THE *Tickle* NEWSLETTER

Portugal Gove
St. Philip's



2019 CHRISTMAS CELEBRATIONS & EVENTS

The holiday season is just around the corner and we can't wait to celebrate with you!

This year, the Town is pleased to once again offer residents a range of fun and exciting holiday celebration events. We're looking forward to the season's best celebrations in PCSP: The Annual Christmas Parade, Breakfast with Santa, Tree Lighting and Gingerbread Decorating Contest! Check out pages 6-7 for dates, further details, and important information about this year's Christmas season events.

STUDENTS REACH GOLD WITH DUKE OF EDINBURGH AWARD

Congratulations to 16 teens from PWC who successfully completed their Gold Qualifying Journey this fall. This amazing accomplishment is the final lap in the gold level of their Duke of Edinburgh Award. Well done!



PROVINCIAL GOLF CHAMP

PCSP's own Griffen Gallant, age 10, won the championship game in the Bantam Boys division of the Tely Junior Golf Tour.

Way to go Griffen!



Special thanks to leaders:

Donald & Sonya Drover, Darrell & Jeanette Wells, Renay Frankland, as well as John & Sherri Hopkins.

Participating students include:

Back: L-R Jayne Carter, Molly Feehan, Noah Williams, Doreen Huang, Nicholas Wells & Ashtyn Wells.

Front: L-R Noah Brown, Bradley Myrick, Karoline Keating, Anna Feehan, Alexander Frankland, Erin Hopkins, Mackenzie Drover, Claire Feehan, Haley Winsor, Andrew Sala, Connor Thistle.

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TOYOTA NATIONAL SOCCER CHAMPIONSHIP

October 9th to 13th, saw the 2019 Toyota National Soccer Championships held here in Newfoundland and Labrador, with several games taking place at Rainbow Gully Soccer Field in Portugal Cove-St. Philip's.

Local PCSP athlete Stacey Hanlon played with the NL 2 team, Fieldians Greensleeves, during the 2019 National Championship. One of the games hosted at our Rainbow Gully field featured Stacey's team going head to head against the Alberta team.

This was some very exciting soccer all around. Congratulations to British Columbia, the winning National Men's Team and Quebec, the winning National Women's Team.



Photo by Trevor Wragg



CHRISTMAS EVENTS AT MURRAY'S GARDEN CENTRE

Sat- Sun, Nov 23-24: Christmas Centrepiece Pre-booking Event

Saturday, Nov 23, 10am-2pm: Mini Market in the Greenhouse

Saturday, Dec 7, 10am-2pm: Pottery with Purpose Holiday Bowl-Out Sale

Sunday, Dec 8, 10am-2pm: Christmas Mini Market in the Greenhouse

BEACHY COVE GIRL GUIDES

Beachy Cove Girl Guides have groups of all ages who are active in our community: Sparks, Brownies, Guides, Pathfinders, Rangers and Trex. We have several fundraising efforts ongoing for girls who will be travelling to two world Guiding centres in England and Switzerland in 2021 where they will meet Guiding members from around the world.

Cookie season is now upon us as well and you will see girls out selling delicious chocolate mint cookies over the coming weeks! Girl Guides is an important part of the lives of 10 million girls and women in 150 countries worldwide. If you or a girl you know may be interested in joining this amazing organization, please visit register.girlguides.ca. We would also be interested in connecting with some of our seniors who were members of Girl Guides in our community.

Please contact 1stbeachycovesparks@gmail.com for further details!



HARBOURS OF HOPE

Harbours of Hope offers mental health education and awareness workshops open to everyone. Workshops are held at the Town Hall throughout the year.

Meetings are every other Wednesday at 7:00pm in the Town Library
Next meetings:

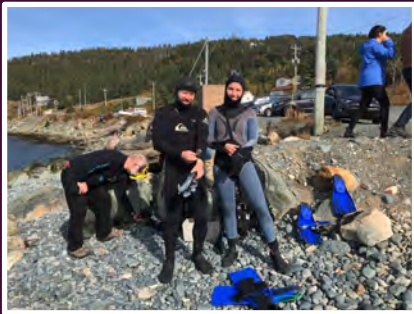
November 13th & 27th and December 11th

For more information on the group or the workshops, please contact:

Tina Neary
Erin Gallant

tina.neary@pcsp.ca
eringallant@hotmail.com

Petty Harbour Mini Aquarium 7th Annual Animal Release Party



Photos by Allison King of VOCM

On October 12th the St. Philip's Marina was *swimming* with visitors! The Petty Harbour Mini Aquarium held their 7th annual Animal Release Party and were joined by lots of families and ocean friends who helped the marine animals make their way back to the sea and then enjoyed the beautiful day.



Fire Safety During Winter Storms



Winter storms are a regular part of the season in this province. Being prepared before, during and after the storm can make a big difference and help keep you and your family safe.

- Test your smoke alarms at least once a month and install carbon monoxide alarms.
- Plan two ways out of the house in case of emergency and keep the exits and driveway clear of ice and snow.
- Make sure your house number is easily seen from the roadway.
- Be ready for power outages and use extreme caution if you use candles.
- Be aware of winter weather and watch for bulletins.
- Check on your neighbors and others who may need help.
- Generators should be used outdoors and away from windows and doors. Never run a generator in your garage.
- Stay away from downed wires and report them to authorities asap.
- Be ready for loss of heat, and if you use an emergency heat source, keep flammable items at least 1 meter away.
- Never leave a portable heater running when you are not in the room. Turn them off when you go to bed.
- Keep chimneys clean and free of debris like creosote, nests, snow and ice. Have your chimney cleaned and inspected at least once a year.

IMPORTANT REMINDER:

There are more home fires in winter than in any other season. Half of all home heating fires happen in December, January and February.

As you stay cozy and warm this winter season, be fire smart!



NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards



Public Works

Streets • Fleet • Waste Management • Water & Wastewater • Facilities

SNOW CLEARING REGULATIONS

WINTER PARKING BAN:

As a means of continuing the Town of Portugal Cove-St. Philip's commitment to public safety, the winter parking ban will come into effect on November 1st, 2019 through to April 30th, 2020. During this time there will be no parking on the street reservation between 12:00 midnight and 8:00am, as well as any time there is a snowfall event including the twelve hours immediately following the event. This ban is enacted to facilitate the safe and orderly flow of traffic, emergency services, and to protect pedestrians within our community during snow removal operations.

SNOW CLEARING:

In the interest of public safety, residents are also reminded that during the winter parking ban snow and ice cannot be shoveled, blown, or plowed into the street. Doing so also hinders snow removal operations.

PLEASE ENSURE YOUR PRIVATE CONTRACTORS ARE AWARE OF THESE REGULATIONS.

For further details and a complete set of Town regulations, please visit: www.pcsp.ca

IMPORTANT SCHEDULE CHANGES TO GARBAGE AND RECYCLING DURING CHRISTMAS AND NEW YEARS:

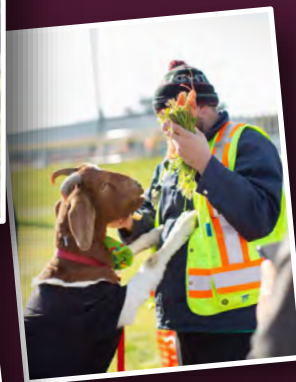


If your normal collection day is:	It is moved to:
Tuesday, December 24	Friday, December 27
Wednesday, December 25	Saturday, December 28
Thursday, December 26	Sunday, December 29 (garbage & recycling)
Friday, December 27	Monday, December 30 (garbage & recycling)
Tuesday, December 31	Thursday, January 2 (garbage & recycling)
Wednesday, January 1	Friday, January 3 (garbage & recycling)
Thursday, January 2	Saturday, January 4
Friday, January 3	Sunday January 5

If you have questions about the Public Works Department in Portugal Cove-St. Philip's, please contact the Public Works Department any time at public.works@pcsp.ca

FALL Family FESTIVAL

The Annual Fall Family Festival was a huge success! Over 900 participants took in a day of autumn fun at Rainbow Gully Park. Thank you to everyone who came, and to the volunteers and supporters who made this event possible!



Bill Churchill Memorial Softball Tournament



Congratulations to the winning team of the tournament, "Two Heads Up," and to Ty Matthews, who was the recipient of this year's Bill Churchill Memorial scholarship.



National Seniors Day Thank You

We had a wonderful time celebrating **National Seniors Day** at our Seniors Prom! The Town of Portugal Cove-St. Philip's would like to send a special thank you to all our seniors and acknowledge their tremendous contributions to our wonderful town. Congratulations to our Seniors Prom King and Queen: **Henry Tucker and Maureen Haines.**



Christmas Events

TREE LIGHTING

Tuesday November 26th 6:30pm Town Hall

Join the Mayor, Council and staff as they turn on the Town's Christmas Tree for the holiday season. Take in some festive Christmas songs, followed by our "dancing tree", brilliant fireworks show and delicious hot chocolate. Remember to dress for the weather as this is an outdoor event.



GINGERBREAD DECORATING CONTEST

Tuesday November 26th Following the Tree Lighting at the Recreation Centre

Showcase your delicious construction talents by entering the Annual Gingerbread Decorating Contest. Be as creative as you want but you must use everything provided in the kit. You can add on anything at all, no limits! Bring your completed creation to the Recreation Centre before 6:00pm. Judges will be on hand immediately following the Tree Lighting. There are some terrific prizes to be won! Kits are only \$20, peanut free and will be available for pick up on Monday November 18th. Register through eServices.



MUMMERS FESTIVAL FUNDRAISER PAINTNITE

Sunday December 1st 7:00pm Recreation Centre

Grab your friends and come enjoy a night of good laughs and creativity. You will be guided by one of the talented artists from PaintNite through your very own Mummers Festival-themed masterpiece. This year's painting will be revealed in the coming weeks, and registration details will be posted on the Town website, pcsp.ca. Cost is \$40 per person and there is a limit of 40 seats available. Ages 13+

BOX, BUCKET, & PILLOWCASE MASK

MUMMERS FESTIVAL WORKSHOP

Wednesday December 4th 6:30pm Recreation Centre

The Heritage Committee is hosting another wonderful Mummers Festival event!

Join us for this year's workshop and make your very own traditional Mummer-inspired creation.



BREAKFAST WITH SANTA

Saturday December 7th 9:00 - 11:00am Brookside Intermediate

Enjoy a continental breakfast with fruit, yogurt, pancakes, cereal and much more. Registration for Breakfast with Santa opens at 9:00am on Tuesday, November 12th for residents of Portugal Cove-St. Philip's through eServices. Cost is \$5.00 per person. Children under one are free, but must still be registered to be included in the event by calling Nicole Clark at 895-5662.

If space permits, registration to non-residents will begin on Monday, November 18th.



TOWN OF PCSP & VOLUNTEER FIRE DEPARTMENT ANNUAL CHRISTMAS PARADE

Sunday December 8th 2:00pm

St. Philip's Marina to Town Hall

Join us for the Annual Christmas Parade with our friend from the North Pole! Volunteers from the Fire Department, local community groups and businesses will be showing off all things Christmas. Bring along a non-perishable food item for the local food bank and don't forget your letter for Santa! The parade begins at the St. Philip's Marina at 2:00pm and travels to the Town Hall. (Please note there may be traffic delays during the parade)

MERRY & BRIGHT FESTIVAL OF LIGHT

December 17th - 21st

Is your home the best dressed this holiday season? The Recreation and Community Services Department invites all residents to break out your Christmas decorating skills and your festive spirit, challenge your neighbours to see who can outdo who with their creativity. The Recreation Team will be travelling throughout the community all week long for judging. No pre-registration is required, but if you don't want to be missed be sure to call Nicole Clark at 895-5662. Make sure your lights are on by 5:30pm each night!





Call for Christmas Parade Floats!

You can be part of the exciting annual PCSP & Volunteer Fire Department Christmas Parade on Sunday December 8th!

Great promotion for your business, group or organization and great fun for everyone.

If your business, group or organization is interested in participating in the parade and entering a float, please contact:
Nicole Clark at 895-5662
or email:
Nicole.Clark@pcsp.ca



Mental
Health

Physical
Health

Health
Education

Social
Health

Emotional
Wellness

Portugal Cove
St. Philip's



2nd Annual

Health & Wellness Expo

SAVE THE DATE:
February 1st, 2020 at
Brookside Intermediate

Contact nick.miller@pcsp.ca for further information



GUY FAWKES NIGHT *bonfire*

TUESDAY NOVEMBER 5TH 6:00 - 7:30PM
RECREATION CENTRE LOT


ENJOY A NIGHT OF HOT CHOCOLATE, HOT DOGS,
AND MARSHMALLOWS AROUND OUR TRADITIONAL
COMMUNITY BONFIRE!

THANK YOU TO THE PCSP VOLUNTEER
FIRE DEPARTMENT AND OUR LOCAL
SCOUTS FOR HELPING PUT THIS
EVENT TOGETHER.

THE 1ST PORTUGAL COVE
SCOUTS WILL BE HOSTING A
BAKE SALE DURING THIS EVENT.



November 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 50 Plus Cards & Darts	2 Hiking/Walking Club
3 Legion Darts Budget Workshop	4 Women's Institute Legion Darts WI Fundraising Card Game Adult Fitness Yoga Yarns for Youngins Ukulele	5 Legion Darts Guy Fawkes Bonfire Seniors Sit N Fit Holy Rosary Cards	6 Legion Bingo St. Lawrence Cards & Fellowship Zumba Tabata PCSP Playgroup	7 Legion Darts Budget Presentations Adult Fitness Seniors Sit N Fit	8 50 Plus Cards & Darts	9 Hiking/Walking Club Babysitting Course
10 Legion Darts Memorial United Remembrance Service	11 REMEMBRANCE DAY Town Office Closed 	12 Public Council Meeting Lions Club Legion Darts Family History Club Seniors Sit N Fit	13 Legion Bingo Harbours of Hope St. Lawrence Cards & Fellowship Zumba Tabata PCSP Playgroup	14 Legion Darts Adult Fitness Seniors Sit N Fit	15 50 Plus Cards & Darts	16 Hiking/Walking Club Legion Christmas Craft Fair
17 Legion Darts	18 Women's Institute Legion Darts Adult Fitness Yoga Yarns for Youngins Ukulele	19 Legion Darts Holy Rosary Cards ACW Card Game Seniors Sit N Fit	20 Legion Bingo St. Lawrence Cards & Fellowship Zumba Tabata PCSP Playgroup	21 50 Plus Cards & Darts Legion Darts Heritage Committee Adult Fitness Seniors Sit N Fit	22	23 Hiking/Walking Club Murrays Christmas Centerpiece Event Murrays Mini Market Christmas in the Cove Youth Stay Safe Course
24 Legion Darts Murrays Christmas Centerpiece Event	25 Women's Institute Legion Darts Adult Fitness Yoga Yarns for Youngins Ukulele	26 PCSP Tree Lighting & Gingerbread Contest Legion Darts Lions Club Seniors Sit N Fit Public Council Meeting	27 Legion Bingo Harbours of Hope PCSP Playgroup Zumba Tabata St. Lawrence Cards & Fellowship	28 Legion Darts Adult Fitness Seniors Sit N Fit	29 50 Plus Cards & Darts	30 Hiking/Walking Club

December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Murrays Festival PaintNite Event	2	3 Holy Rosary Cards	4 Murrays Festival Event St. Lawrence Cards & Fellowship Yarns for Youngins & PCSP Playgroup Christmas Party	5 Legion Darts	6 Tickle Submission Deadline 50 Plus Cards & Darts	7 Breakfast with Santa Hiking/Walking Club Murrays Pottery Event Memorial United Christmas Dinner Spirit Horse "Spirit of Christmas"
8 PCSP VFD Annual Christmas Parade Legion Darts Murrays Mini Market Legion General Meeting Memorial United White Gift Service	9 Women's Institute Legion Darts Adult Fitness Yoga Ukulele	10 Legion Darts Lions Club Family History Club Public Council Meeting	11 Legion Bingo St. Lawrence Cards & Fellowship Harbours of Hope	12 Legion Darts Heritage Committee	13 50 Plus Cards & Darts	14 Hiking/Walking Club Legion Members Christmas Party
15 Legion Darts Legion Children's Christmas Party Memorial United Tree Lighting	16 Merry & Bright Festival Legion Darts	17 Legion Darts Merry & Bright Festival Memorial United Blue Christmas Service	18 Legion Bingo St. Lawrence Cards & Fellowship Merry & Bright Festival	19 Legion Darts Merry & Bright Festival	20 Merry & Bright Festival	21 Hiking/Walking Club Merry & Bright Festival
22 Legion Darts	23 Legion Darts	24 Memorial United Christmas Eve Service Town Office Closed	25 	26 Town Office Closed	27	28
29	30	31 Town Office Closed				

HERITAGE CORNER

The Heritage Committee is now back from summer break and meeting on the 3rd Thursday of the month at 7:00pm. The next meetings are scheduled for: November 21st & December 12th.

FAMILY HISTORY CLUB

The Family History Club meets on the second Tuesday of every month from 10:00am – 12:00pm in the PCSP Library. The next meetings are scheduled for: November 12th and December 10th. Join us as we discuss family trees and conduct research using the Town Archive materials. We also have Ancestry Library Edition accessible to everyone on both of our Library computers.



To make an appointment to use the Ancestry Library Edition, please contact Julie Pomeroy at 895-5657 or email: julie.pomeroy@pcsp.ca

For more information on the PCSP Library and its programming, classes, sessions and more, visit pcsp.ca or contact the Recreation & Community Services Department at 895-8000.



MEMORIAL UNITED CHURCH EVENTS

November 10th	Special Remembrance Service 11:00am
December 7th	Christmas Dinner 6:00pm
December 8th	White Gift Service 11:00am
December 15th	Christmas Tree Lighting Service 7:00pm
December 17th	Blue Christmas Service 7:00pm
December 24th	Christmas Eve Service 7:00pm



ADVISORY COMMITTEE ON THE ENVIRONMENT

CLIMATE CHANGE PROJECTS IN OUR TOWN

Climate Change is such a hot topic these days and when it comes to the environment, ACE and the Town strive to be leaders. As a Town, we are currently working on 3 climate change projects that will help our Town Council make decisions and changes with the changing climate and future in mind. All 3 projects are funded through FCM (Federation of Canadian Municipalities). These projects have been undergoing several meetings with climate change representatives, Town Councilors, Directors, and staff, as well as local stakeholders including the Chamber of Commerce, ACE, and the PCSP Heritage Committee.

CCNL (Conservation Corps NL) is conducting one of the projects. This one is a provincially based project, of which PCSP is one of 6 municipalities participating. By working through the province's "7 Steps to Assess Climate Change Vulnerability in Your Community" resource guide, we have identified the types of climate and weather related issues that have affected the Town, including location and what infrastructure could be impacted, as well as residents in areas who have been or will be most affected and how the natural environment and economic sectors could be affected.

ICLEI Canada has been working closely with us on another project to identify climate impacts, assess vulnerability and risk assessment and develop community-wide adaptation strategies. For this project we are one of 8 municipalities across Canada that were selected to participate. CBS is also participating from our province.

We have also received funding that has allowed us to hire a Climate Change Coordinator on a 2-year funded contract through MCIP (Municipalities for Climate Innovation Program). As a result of this funding, the Town has committed to Climate Change Mitigation action by enrolling in the PCP (Partners for Climate Protection) Program. The Town has been undertaking a corporate greenhouse gas inventory, which will be followed by a community-wide greenhouse gas inventory in the coming months. The corporate inventory will allow the Town to assess where emissions reductions and cost savings could occur.



Partners for Climate Protection



FEDERATION
OF CANADIAN
MUNICIPALITIES

FÉDÉRATION
CANADIENNE DES
MUNICIPALITÉS

BRANCH 10, PORTUGAL COVE

Legion Happenings... 895-6521

The holidays are a perfect time to remind you how much we appreciate your support. We hope you enjoy a wonderful season filled with friends, family and traditions that mean the most!

LEGION REPRESENTATIVES CONTACTS:

Legion 895-6521 Beatrice Day (President) 895- 0100

Michael Pretty (Service Officer) 727-4674

Winter is almost here so if you are looking for a place to host your next event **please don't hesitate to call us @ 895-6521**. We have great rates and our hall has air conditioning.

WINTER DARTS:

Women's - Sunday Nights

Men's Singles - Monday Nights

Mixed League - Tuesday Nights

Men's League - Thursday Nights

BINGO:

Every Wednesday night at 8 p.m. YES we still have the old fashioned hard cards along with our Paper Bingo and Satellite Bingo. Bring your friends and enjoy the fun!

Please be advised that the Legion has been designated as a SCENT FREE building. We respectfully request your cooperation. Thank you. Always accepting new applications. *The Legion needs you!*



FOLLOW US ON
FACEBOOK @ Royal
Canadian Legion Branch 10.



UPCOMING EVENTS

November 11th – Remembrance Day Parade

Parade will form at St. Lawrence Church parking lot @10.30 am
parade to the War Memorial for the services @11am
All welcome back to the Legion after.

November 16th – Christmas Craft Fair at 11am to 4pm

Cost to rent a table is \$10.00 - Limit of 20 tables
Call the Legion to book @ 895-6521

December 8th – General meeting at 2pm, for all Legion members

December 14th – Members Christmas Party

Honors and awards – Pot Luck starting at 7pm

December 15th – Christmas Party for Children 2 - 4 pm

Santa will be there – Parents to provide a gift for their child (with their name on it)
maximum of \$20.00
There will be games / crafts and lunch provided for the children.

Portugal Cove - St. Philip's Lions Club



We serve in the community & around the globe.

BECOME A MEMBER



Call 895-0472



@pcsplions



WOMENS INSTITUTE ANNUAL FUNDRAISING CARD GAME



MONDAY NOVEMBER 4TH 8:00PM

PCSP RECREATION CENTRE

ADMISSION IS \$5

BRING YOUR OWN CARDS, AND LUNCH IS PROVIDED.

SPINS AND 50/50 DRAWS.

FOR FURTHER DETAILS, PLEASE CALL 895-3458

RAINBOW 50 PLUS CLUB

A sincere thank you to the Town and Recreation Department for the beautiful Seniors Prom Night, celebrating National Seniors Day October 1st. A good time was had by all!

Rainbow 50 Plus Club meets every Friday at 2pm - 4pm for cards and darts.

New members are always welcome. Come along and bring a friend!

November: 1, 8, 15, 21*, 29

December: 6, 13

**Please note there will be no cards on Friday, November 22nd, and for this week only cards will take place on Thursday, November 21st.*

Club closes for Christmas on Friday, December 13th, 2019 and resumes on Friday, January 10th, 2020

Merry Christmas and Happy New Year to all from the Rainbow 50+ Club!

For more information please contact:
Paula Rees 739-1303/730-6033
Viola Squires 895-2577
Rebecca Tucker 895-2343



Mayor McDonald proclaims World Breastfeeding Week with residents of PCSP.

A Message from the Mayor

As we look forward to the holiday season, I hope to see everyone join us during our numerous annual festivities in Portugal Cove-St. Philip's. Each year our events grow and the spirit of our community is on full display. One of my favorite events of the year, the Tree Lighting and Gingerbread Contest, is set for November 26th and I'm already looking forward to it knowing that it is going to be bigger and better than ever.

As we prepare for 2020, our budget consultation process is underway and we hope to hear your insight and ideas for our town. There are many ways for you to engage with us and I encourage everyone to have their say. Council is committed to creating a budget in collaboration with our residents, business community, and community groups that works for everyone.

We are also excited to be launching a town plan review process in the new year. We are opening this process up to the community in hopes to build a plan that truly reflects the common vision of our residents. Details about this process will be sent in January.

I wish you all a safe and joyous holiday season. Merry Christmas and Happy New Year.

Carol



2020 BUDGET CONSULTATIONS

Our Council is committed to creating a 2020 budget in collaboration with the Portugal Cove-St. Philip's community.

A brochure will be delivered to all households in fall 2019, detailing the budget consultation process. There will be a series of public meetings, an online form for sharing your ideas, and social media outreach, which will provide an opportunity for public engagement and input. We look forward to hearing from all our residents this fall and to working together to build a 2020 budget!



Budget Workshop

- Date: November 3, 2019
- Time: 7:00pm
- Location: Recreation Centre

Public Presentations

- Date: November 7, 2019
- Time: 7:00pm
- Location: Council Chambers

Draft Budget Presentation

- Date to be announced
- Please check www.pcsp.ca for date announcement

WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the January-February edition of the Tickle Newsletter is 4:30pm Friday December 6th, 2019. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or phone 895-5651.