

# **RECREATION & COMMUNITY SERVICES UPDATES**



#### **RFAD WITH PAWS 4 STORIES**

Practice reading aloud with a furry friend from St. John Ambulance. This program is for reluctant readers. Contact Kailey Cahill-Meeker for details at 895-5655.

#### **BOARD GAMF NIGHT**

Swing by the PCSP Library for a night of board game fun for everyone! Try out a new game or enjoy an old favorite. Wednesday, February 13th from 6:30pm - 8:00pm.

#### TUTORING IN THE **PCSP LIBRARY**

Tutoring is available on Mondays, Tuesdays, and Wednesdays from 3:00 -5:00pm. Contact Kailey the Librarian to book your session at 895-5655.

#### **HEALTH & WELLNESS EXPO**

Saturday, January 12th from 9am - 4pm at Brookside Intermediate. Featuring a trade show, healthy food and drinks, demonstrations, guest speakers and lots more!

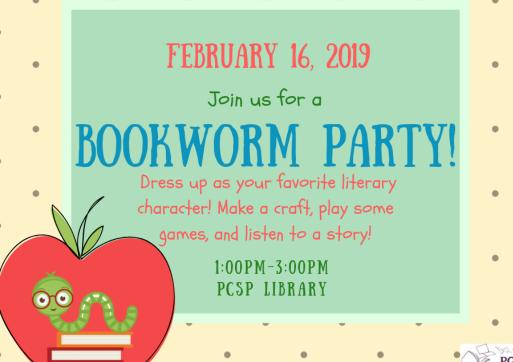
## WINTER CARNIVAL SAVE THE DATE: FEBRUARY 8TH – 17TH, 2019

This annual event provides opportunities to people of all ages to get involved and enjoy social and recreation activities during the winter season at several different venues around the Town. The week-long festival includes exciting events like the favorite community breakfast, card games, bingo, horse and sleigh rides and much more. It is guaranteed that there is something for everyone!

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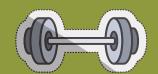












YOGA (12 weeks) Jan. 14 - April 4	Monday 6:30-7:30pm Thursday 6:30-7:30pm	Recreation Centre Recreation Centre	Cost:	\$120.00 for one class per week \$228.00 for both classes per week \$10.00 drop in fee
<b>ZUMBA</b> (7 weeks) Jan. 14 - Feb. 28	Monday 8:00-9:00pm Thursday 8:00-9:00pm	Brookside Inter. Beachy Cove Elem.	Cost:	\$56.00 for one class per week \$112.00 for both classes per week \$10.00 drop in fee
ADULT FITNESS (12 weeks) Jan. 14 - April 4	Monday 9:30-10:30am Thursday 9:30-10:30am Limit of 35 participants.		Cost:	\$30.00
KICKBOXING (6 weeks) Feb. 20 - March 27	Wednesday 8:00-9:00pm	Recreation Centre	Cost:	\$60.00
SENIORS SIT N FIT (12 weeks) Jan. 15 - April 15	Tuesday 10:30-11:15am Friday 10:30-11:15am	Recreation Centre Recreation Centre	Cost:	\$30.00

Hey parents!
Check it out!
The Town of
PCSP offers a
range of fitness
classes each
season.
Kick off your
New Years
fitness
resolutions with
us! To register,
visit eServices at
www.pcsp.ca



### Save the date for events in the PCSP Library:

- Board Game Night: Wednesday, February 13th from 6:30pm 8:00pm (All Ages)
- Paws 4 Stories: Tuesdays in January & February from 5:30pm 7:30pm (Starts Jan. 15th)
- Tutoring in the Library: Mondays, Tuesdays, and Wednesdays from 3:00pm 5:00pm

Contact our Library for details on these programs by calling 895-5655 or email library@pcsp.ca