

#### **BROOKSIDE INTERMEDIATE RAISE THOUSANDS FOR RELAY FOR LIFE**

Congratulations to the students at Brookside Intermediate who completed the Relay for Life and raised donations for the Canadian Cancer Society. Together, the participants raised an incredible \$18,165.80 - wow! Thank you to all those who donated, participated, and worked to organize this fantastic fundraiser in our community.



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### ALL ABOARD THE SMILE TRAIN!

During the month of May, Beachy Cove Elementary hosted their 6<sup>th</sup> Annual Cans for Kids event to help raise money for Smile Train, an organization that provides cleft lip and palate

surgeries to children in developing countries. Students and teachers collected recyclables and donations at the school as well as at the PCSP Environmental Fair to help support the cause. Beachy Cove Elementary has helped 28 children so far from past fundraisers, and all of the funds raised this year will help continue their efforts and reach even more children in need!



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<sup>\*</sup> @PCSPnl, @Get\_RecD



# TWIN GOLFING STARS

Congratulations to twin sisters Mila and Freya Snook who have qualified to represent CJGA Team Canada at the IMG Junior World Championships! Mila and Freya are the first junior members of Bally Haly Country Club to ever participate at a world junior event. They will travel to San Diego in July to golf in the Girls 7-8 age division at the championships. Good luck, girls!

Your community is behind you both the whole way!

# **GRADE 7 GIRLS BASKETBALL**

Congratulations to the Brookside Intermediate Grade 7 Girls Basketball Team who were the winners of the 2019 Grade 7 Girls Tier 1 Junior High Basketball League. Go Bulldogs!



# HARBOURS OF HOPE - PCSP'S NEWEST COMMUNITY GROUP

Harbours of Hope is the newest community group in PCSP. Habours of Hope offers mental health education and awareness workshops which are open to everyone. The workshops will be held at the Town Hall throughout the summer:

July 10<sup>th</sup> 6:00-8:00pm HARBOURS OF HOPE COMMUNITY GROUP LAUNCH BBQ Drop by for good food, good company, and good conversation.

July 24th7:00-8:30pmLIVING WITH MENTAL HEALTHHow to support yourself by reducing stressand staying healthy with self care.

August 14th7:00-8:30pmUNDERSTANDINGAND COPINGWITH MENTAL HEALTHHow to support a loved one.

August 28th7:00-8:30pmPEER SUPPORTAvailable community resources.



For more information on the group or the workshops, please contact:

Tina Neary Erin gallant Tina.Neary@pcsp.ca eringallant@hotmail.com



# AUTHOR NANCY ROSE VISITS BEACHY COVE ELEMENTARY SCHOOL

To celebrate TD Canada Children's Book Week, author Nancy Rose visited the grade 3 students at Beachy Cove Elementary School for a special reading event. Her book series is called "The Secret Life of Squirrels" and features candid photographs of wild squirrels in handcrafted, homemade miniature settings. Children's Book Week inspires young imaginations, teaches children how wonderful all books can be, and encourages every child to tell their own stories!

# **CBDC COMMUNITY AWARD WINNERS**

Two community members were honored recently from the Newfoundland and Labrador Association of Community Business Development Corporation (CBDC).

#### **Murray Meadows Farm**

was awarded CBDC Business of the Year for their inspiring venture focusing on local strength and sustainability in the province's agricultural sector. The recent addition of the farm to table café, The Grounds Café, has brought together the work of Murray Meadows Farm and the family's horticulture venture, Murray's Garden Centre. The café uses as many local ingredients as possible and has proven to be very popular with tourists and locals alike.



PCSP resident William (Bill) Scott was awarded CBDC Volunteer of the Year for his long-standing twenty-four years of service to the CBDC. As the longest serving member, Bill has time and time again proven to be the most reliable Board member, always prepared and always supportive. Bill is a true brand ambassador.



# MUNICIPAL AWARENESS DAY

On May 14<sup>th</sup> grade 4 students from Beachy Cove Elementary enjoyed a visit the Town Hall for Municipal Awareness Day. The students visited Council Chambers, the Town Library, the Fire Hall, and also got to try out many of the vehicles in our Public Works fleet – their favorite part was honking the truck horns!

For several weeks prior to Municipal Awareness Day, the students learned about municipal governments in their classrooms. With the help of some awesome teachers at Beachy Cove Elementary, the Town taught students about elections and even held their own campaigns and an election. These impressive students now have their own councillors and mayor as representatives. The new Junior Council members, Mayor Simon Jennings, Councillor Lauren

Eddy, Councillor Megan Au, and Councillor Hunter Churchill, joined our Town Council in the Council Chambers for a very special council meeting.

Thanks to the fantastic team at Beachy Cove Elementary for working with us to make this such a fantastic learning experience.







# NEW WASTE MANAGEMENT POLICY

The Town of Portugal Cove-St. Philip's has introduced a new Waste Management Policy, coming into effect on **July 31st, 2019**. These changes are a supportive measure for the Occupational Health and Safety (OH&S) of our Waste Collection staff. These operational improvements will also result in cost savings and more efficient service delivery.

#### The new policy requires residents to abide by the following regulations:

- Garbage bags and containers must be located within 3 (three) meters of the road.
- Garbage containers (boxes, bins, or buckets) must be in good condition and not have any visible hazards (nails, screws, or wire) and kept free from rodents, insects, wasp nests, and other animals. They must also be durable and withstand various weather conditions.
- Garbage must be in regular / standard sized household polyethylene plastic garbage bags. Small kitchen or supermarket bags, blue recycling bags and industrial sized contractor bags are not accepted for garbage collection.
- Garbage bags must not weigh more than 50lbs each.
- Garbage bags must not be sprayed with harmful chemicals such as bleach, ammonia cleaners or other similar products to avoid serious injury to the collectors.
- Hypodermic needles and other sharp objects must be placed in a puncture proof container prior to placing in garbage bags. Bags containing broken glass must be clearly marked and the glass must be secured in such a way as not to cause hazard to collectors.
- Animal waste must be double bagged.

If you have questions or require assistance, please contact the Public Works Department:

public.works@pcsp.ca 895-8000 ext.228

Town Office, 1119 Thorburn Road, Portugal Cove-St. Philip's, NL A1M 1T6

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# RELOCATING YOUR GARBAGE CONTAINER

An important part of the new Waste Management Policy is the location of garbage containers. Garbage bags and containers must be located within 3 (three) meters of the road. This is being done for health and safety reasons and to make collection more efficient. If your garbage container is not currently located within three meters of the road, you have to two options:



Relocate the garbage container to be within 3 (three) meters of the road, but it must not be placed in such a manner that it interferes with ordinary travel, parking, passage of pedestrians and snow removal If a garbage container cannot be placed within 3 (three) meters of the roads edge, the container may remain in its current location, but bags must be removed from the container and placed at the roads edge on collection day. Garbage bags must be covered between April 1 and November 30.



# **PublicWorks** Streets • Fleet • Waste Management • Water & Wastewater • Facilities

PUBLIC WORKS: Town Infrastructure @ Work

#### WATER AND WASTEWATER DIVISION

The Town provides water and sewer services to those connected to the Town's water, sanitary sewer and storm sewer systems and is responsible for the maintenance of its water distribution system which directs water coming from the Bay Bulls Big Pond Regional Water System. The Town also owns and maintains two (2) wastewater treatment plants. Our staff are trained in the collection and treatment of sanitary sewer. Our wastewater treatment plants are permitted for secondary treatment, and we are meeting both federal and provincial regulations for wastewater effluent.



# STREETS, FLEET & WASTE MANAGEMENT DIVISION

This division of our operation takes care of roads maintenance (e.g. asphalt & pothole repair, line painting, sweeping, ditch maintenance), snow clearing & ice control; traffic control and monitoring; animal services; fleet acquisition and maintenance; and residential garbage & recycling collection and disposal and bulk collection service.



# **FACILITIES DIVISION**

The Facilities Division is responsible for the maintenance and upkeep of all Town facilities, which includes physical buildings and outdoor open spaces. Our staff maintain our recreational facilities and fields, playgrounds and green spaces, as well as the Town's administrative offices, fire stations and wastewater treatment plants.



If you have questions about the Public Works Department in Portugal Cove-St. Philip's, please contact Charlie Hamlyn, Director of Public Works, at Charlie.Hamlyn@pcsp.ca

# NATIONAL PUBLIC WORKS WEEK

From May 19<sup>th</sup> through the 25<sup>th</sup>, Council and Town staff celebrated National Public Works Week. Each year this week is set aside to appreciate the outstanding contributions the Public Works team provides to every resident of our community. This year's theme was "*It Starts Here*", as a representation of the many facets of modern civilization and residents' quality of life that grow from the efforts put forward by the Public Works Department. All three divisions work together seamlessly to ensure the Town's infrastructure and operations are well covered. Each day of the week a new Public Works focused message was spread over our social media pages in an effort to better appreciate the dedication and effort these men and women put into their jobs. The week was wrapped up with an organization wide celebration BBQ.





# YOUNG GARDENERS BUDDING AT BEACHY COVE

The Kindergarten students at Beachy Cove Elementary enjoyed a fun morning with the Town's Recreation & Community Services Team as they learned about gardening and growing. The students planted their own sunflowers and will take them home to care for and enjoy.



# THE BOREAL POETRY GARDEN

The Boreal Poetry Garden is an independent project by Portugal Cove-St. Philip's resident, Marlene Creates. Part multidisciplinary nature walk, part place-sensitive collaborative performance, part eco-poetry reading, part multi-sensorial live-art event, part socio-eco undertaking, and part creative gathering for arts and science.

This summer, the events in The Boreal Poetry Garden will focus on local wildlife and various human and animal movement through the site. Some surprises will be *afoot* in The Boreal Poetry Garden.

Cerry Ourder

Saturday July 6 at 2:00 pm (rain date Sunday July 7 at 2:00 pm)

Tuesday July 16 at 7:00 pm (rain date Wednesday July 17 at 7:00 pm

Wednesday July 24 at 7:00 pm (rain date Thursday July 25 at 7:00 pm)

Limited to 25 people. All ages are welcome. <u>Advance</u> <u>registration is required.</u> To register and for directions: <u>marlene.creates@nf.sympatico.ca</u> or phone 709.895.1020

general \$25 | students & seniors \$20 | children \$10

# PLAN AHEAD: SUMMER BUILDING AND DEVELOPMENT ACTIVITY

The following development activity **does not** require a permit (except where located within an environmentally sensitive area identified within Schedule E which can be viewed at www.pcsp.ca):

#### Accessory Buildings:

- measuring 2.3 m<sup>2</sup> (25 ft<sup>2</sup>) or less;
- greenhouses for residential purposes measuring 14 m<sup>2</sup> (150 ft<sup>2</sup>) or less that are temporary in nature and are constructed using wood or metal framing, plastic sheeting, and has no constructed flooring.

#### Maintenance and Repair Work:

- construction, demolition, and/or maintenance of patio/decks (examples: patios, steps, landings, wheelchair ramps) only if detached from the dwelling;
- driveway repairs and maintenance (excluding culverts and widening);
- minor landscaping involving less than 125 m<sup>3</sup> of material (examples: minor backfilling, fire pits, walkways, non-structural retaining walls, flowerboxes);
- non-structural exterior work (examples: replacing siding, windows, doors, or shingles, painting);
- non-structural interior renovations (replacing drywall, flooring or cabinetry, painting), and;
- construction and/or maintenance of ditches or drainage channels (excluding those that lead to a town owned road or an environmental feature like a river or pond).

This information is intended as a general guideline only. For more detailed information, please contact the Planning and Development Department Staff.

Please note: A permit from the Town is required for all building and development activity that is not listed above. It is recommended that applicants discuss their proposal with Town staff well in advance of submitting an application.









# June 28 - July 7, 2019

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FRIDAY JUNE 28th			WEDNESDAY JULY 3rd			
5pm The Great Summer Camp Out		10am	Sundaes & Storytime			
	SATURDAY JUNE 2	9th	6pm	Plarn Reusable Tote Making		
		6:30pm	Ultimate Teen Night			
SUNDAY JUNE 30th		8pm	Women's Institute Card Game			
11am TOUCH A TRUCK		THURSDAY JULY 4th				
MONDAY JULY 1st		8pm	Youth Trivia Night at the Library			
	11am	Volunteer Fire Department Open House	9:30pm	Outdoor Family Movie Night		
	12pm	Town Hall Flag Raising	FRIDAY JULY 5th			
	12:30pm	Annual Canada Day Parade	11:30am	"A Day on Conception Bay" Seniors Event		
	1pm	Canada Day Carnival Celebrations	SATURDAY JULY 6	h		
	3:30pm	Wonderbolt Circus	12pm	Music & More at the Regatta		
	4:30pm	Community BBQ	12:30pm	Regatta Races & Beer Tent (19+)		
	10pm	Fireworks	1pm	Heroes & Villains Party		
	TUESDAY JULY 2nd		9pm	Regatta Dance: The Relics		
	2pm	Spa Soaks & Scrubs at the Library	SUNDAY JULY 7 <sup>th</sup>			
	брт	Family Bingo Night	8am Dory Das	h 5K Run		
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# THANK YOU TO ALL OUR VOLUNTEERS, SPONSORS, COMMUNITY GROUPS, FAMILIES, AND PARTICIPANTS!



@PCSPnl, @Get\_RecD



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July 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 REGATTA FESTIVAL Legion Darts	1 REGATTA FESTIVAL CANADA DAY Memorial Day Parade	2 REGATTA FESTIVAL Holy Rosary Cards Legion Darts	3 REGATTA FESTIVAL 50 Plus Cards & Darts Legion Bingo	4 REGATTA FESTIVAL Legion Darts	5 REGATTA FESTIVAL Seniors Boat Tour	6 REGATTA FESTIVAL Hiking/Walking Club Boreal Poetry Garden
7 REGATTA FESTIVAL Legion Darts	8 Women's Institute Legion Darts Youth Camp	Public Council Meeting Holy Rosary Cards Legion Darts Lions Club Youth Camp	10 Harbours of Hope BBQ 50 Plus Cards & Darts Legion Bingo Youth Camp	11 Legion Darts Youth Camp Yarns for Youngins	12 Youth Camp	<b>13</b> Hiking/Walking Club
14 Legion Darts	15 Women's Institute Legion Darts	16 Boreal Poetry Garden Legion Darts Holy Rosary Cards	17 50 Plus Cards & Darts Legion Bingo	18 Legion Darts Yarns for Youngins	19	20 Hiking/Walking Club
21 Killick Coast Games Legion Darts	22 Killick Coast Games Women's Institute Legion Darts	23 Killick Coast Games Public Council Meeting Legion Darts Lions Club Holy Rosary Cards	24 Killick Coast Games Boreal Poetry Garden 50 Plus Cards & Darts Legion Bingo PCSP Playgroup	25 Killick Coast Games Legion Darts Yarns for Youngins	26 Killick Coast Games	27 Hiking/Walking Club
28 Legion Darts	29 Women's Institute Legion Darts	30 Legion Darts Holy Rosary Cards	31 New Waste Management Policy in Effect 50 Plus Cards & Darts Legion Bingo			

August 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Legion Darts Yarns for Youngins	2	3 Hiking/Walking Club
4 Legion Darts	5 Women's Institute Legion Darts	Public Council Meeting Legion Darts Holy Rosary Cards	7 50 Plus Cards & Darts Legion Bingo Royal St. John's Regatta	8 Legion Darts Yarns for Youngins	9 Tickle Submission Deadline	10 Hiking/Walking Club Kickboxing Seminar
11 Legion Darts	12 Women's Institute Legion Darts	13 Legion Darts Lions Club Holy Rosary Cards	14 Harbours of Hope Workshop 50 Plus Cards & Darts Legion Bingo	15 Legion Darts Yarns for Youngins	16	17 Hiking/Walking Club Tickle Swim for Mental Health
18 <sub>Legion Darts</sub>	19 Women's Institute Legion Darts	20 Public Council Meeting Legion Darts Holy Rosary Cards	21 50 Plus Cards & Darts Legion Bingo	22 Legion Darts Yarns for Youngins	23	24 Hiking/Walking Club
25 Legion Darts	26 Women's Institute Legion Darts	27 Legion Darts Lions Club Holy Rosary Cards	28 Harbours of Hope Workshop 50 Plus Cards & Darts Legion Bingo	29 Legion Darts Yarns for Youngins	30	31 Hiking/Walking Club



# ADVISORY COMMITTEE ON THE ENVIRONMENT



The 4th Annual Environment Fair was held on Saturday May 11th at Brookside Intermediate and what a day it was! With over 50 vendors and record numbers of visitors hitting over 500 attendees, this year's event was a tremendous success. We are already



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looking forward to planning next year's fair!



# **GREEN TEAM PROJECT**

PCSP has been chosen by CCNL for another Green Team project this year. This year's project will continue with water sampling and testing for dissolved oxygen, nitrates, and phosphates. As well as testing for caffeine with the help of the Marine Institute.

This year's team members include:

Team Lead: Samara Bugden

Team members: Kyle Roberts,

Catherine Ducey, and Samantha Young.

Keep an eye out for them around Town!

# CLEAN P

# May 11<sup>th</sup> – August 30<sup>th</sup>

#trashtag #PCSPnl Post your pics for a chance to win!

Brookside Intermediate students dove in to help with the Community Clean Up and did a great job! Stop by the Town Hall to pick up bags and gloves and you can get in on the action.



# NATIONAL SAFE KIDS WEEK

Beachy Cove Elementary was thrilled to host the NL Safety Council's (Safety NL) kick off for National Safe Kids Week on Thursday, June 6th. Guest speakers drove home the message about the importance of everyone's safety while outside playing over the summer and while riding bicycles. Each classroom teacher was given a bicycle helmet to give away as a prize and a grade one learner named Desmond was the grand prize winner of a new bicycle, when his name was drawn by Councilor Tina Neary.





# BRANCH 10, PORTUGAL COVE Legion Happenings... 895-6521

Starting off our new year we want to take this opportunity to send out a huge thank you to our committee members and volunteers that took time out of their busy schedules to plan and organize all events. Your work and energy are making a difference here at the Royal Canadian Legion Branch 10. We couldn't do this without you. We deeply appreciate it, thank you.

#### LEGION REPRESENTATIVES CONTACTS:

Legion 895-6521 Beatrice

Beatrice Day (President) 895-0100

Michael Pretty (Service Officer ) 727-4674

Summer is almost here so if you're looking for a place to host your next event please don't hesitate to call us @ 895-6521 We have great rates and our hall has air conditioning.

**SUMMER DARTS:** Blind Draw Mixed Doubles every Thursday starting June 6th to August 29th. Play 6 of 11 weeks to qualify for final night. Everyone is welcome. Dart Leagues starting back up in September:

Womens - Sunday night Mixed League - Tuesday night Mens Singles - Monday night Mens League Thursday night (Teams)

Call the Legion for more information 895-6521 - Can't wait to see you all there!

**BINGO:** Every Wednesday night at 8 p.m. YES we still have the old fashioned hard cards along with our Paper Bingo and Satellite Bingo. Bring your friends and enjoy the fun!

Please be advised that the Legion has been designated as a **SCENT FREE** building. We respectfully request your cooperation. Thank you. Always accepting new applications. *The Legion needs you!* 

#### **RAINBOW 50 PLUS**

#### Happy summer to everyone from the Rainbow 50 Plus Club!

Starting Wednesday July 3rd, the Rainbow 50 Plus Club will meet every Wednesday evening from 7:30 - 9:30pm for cards and darts. New members are always welcome. Drop in and check us out!

#### July 3, 10, 17, 24, 31 August 7, 14, 21, 28

There will be several outings this summer, more details will be shared as they become available.

@PCSPnl, @Get\_RecD

For more information please contact: Paula Rees 739-1303/730-6033 Viola Squires 895-2577 Rebecca Tucker 895-2343.

# PORTUGAL COVE-ST. PHILIP'S LIONS CLUB

- Supported the Waterford Hospital Lions fundraiser for mental health awareness and services to patients.
- Collected over 900 pairs of eyeglasses through contests at both community schools.
- Participated in the PCSP Environment Fair collecting glasses, plastic bags and through a partnership with Sobeys gave each attendee a free reusable bag.
- Donated to the Bell Island Food Bank
- Financial support to the Lion Max Simms Memorial Camp in Bishops Falls – a special place for special people!
- Inducted 2 new members.
- Purchased medical assistive equipment for a PCSP resident.

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- Purchased assistive technology for visually impaired individual to attend university.
- Donated to the Lions Clubs International Disaster Relief fund.
  - Participated & supported the Lions Cavalcade for Diabetes raising money with other Clubs in our District for the Canadian Diabetes Association.
  - Supported our local Girls Auxiliary 2020 convention.
- Provided minor exterior home renovations to PCSP resident.
- Presented our annual volunteer award to a student at both Beachy Cove Elementary & Brookside Intermediate.
- Annual financial support and participation in the PCSP Regatta.
  - Preparation for a free eye clinic in Port au Prince, Haiti with Team Broken Earth.

@PCSPnl

Lions meet twice monthly with service opportunities that can fit your lifestyle. New Members Welcome!



# JULY 1<sup>s⊤</sup> 11am Memorial Day Parade

staring at the Royal Canadian Legion, Branch 10 on Legion Road, travels along Portugal Cove Road and finishes at the War Memorial.

Form up begins at 10:15am.

FOLLOW US ON FACEBOOK @ Royal Canadian Legion Branch 10.



# HOLY ROSARY PARISH

Starting Tuesday July 2nd and continuing every Tuesday throughout July and August, Holy Rosary will be hosting cards. Cost is \$2, please bring your own cards and baskets. All proceeds go to the Parish.

July 2<sup>nd</sup>, July 9<sup>th</sup>, July 16<sup>th</sup>, July 23<sup>rd</sup>, July 30<sup>th</sup> and August 6<sup>th</sup>, August 13<sup>th</sup>, August 20<sup>th</sup>, August 27<sup>th</sup>



Call Suzette 895-0472

Visit us on Facebook and follow us on Twitter @PCSPLions



Mayor Carol McDonald with the newly elected BCE Junior Council: (L-R) Councillor Hunter Churchill, Mayor Simon Jennings, Councillor Megan Au, and Councilor Lauren Eddy.

# A Message from the Mayor

Summer is finally here and that means children in our community will be out and about! Council and staff have been more active than ever within Beachy Cove and Brookside this year and we could not be more proud of the students, parents, teachers, and administrators that make both schools such special places to learn and grow. We were delighted this year to help support an election of a Junior Council from the Grade 4's of Beachy Cove Elementary. The speeches and campaigns were so well done. The future of our community is bright in these young hands. We look forward to doing it again next year!

A major piece of work the Town is undertaking during our term of Council is the review of the Municipal Plan and Development Regulations. There will be lots of opportunity to be engaged with this review over that time. To start the process we are asking residents to visit our website, email, or call us with any ideas, issues, or concerns you feel we should be looking at during the initial stages of the review. We look forward to working with residents, businesses, community groups, and other stakeholders to develop a Municipal Plan that is a true reflection of how we want this community to grow.

I hope to see you all at our Regatta Festival this year. There are so many great events and activities for everyone to attend! Check your mailboxes for more details. Enjoy your summer, be safe and take in all that our wonderful community has to offer.

Carol



# SUMMER GRILLING SAFETY

There's nothing like outdoor grilling - it's one of the most popular ways to enjoy summer food. But a grill placed too close to anything that can burn is a real fire hazard. Follow these simple tips to help stay safe when grilling this summer.

- ONLY use your propane and charcoal
  grills outdoors.
- Always place your grill away from the house, deck railing and overhanging branches.
- Keep children and pets at least 3 feet away from the grill.
- Clean grease and fat buildup from your grill and trays often.
- NEVER leave your grill unattended.
- Make sure to open the lid of your gas grill before lighting it.

- If you use starter fluid, ONLY use charcoal starter fluid. Never add charcoal fluid or any other flammable liquid to the fire.
- Keep charcoal fluid out of reach of children and away from heat sources.
- When you are finished grilling, allow the coals to completely cool before disposing in a metal container.
- Check your gas tank for leaks before using it for the first time each year.
- If you smell gas while cooking, immediately get away from the grill and call the fire department.



July is the peak month for grill fires.

Roughly half of the injuries involving grills and BBQs are thermal burns.

#### WE LOVE TO SHARE!

Send us your photos, community events, good news stories, and any information you would like to share with the PCSP community. The deadline for the September-October edition of the Tickle Newsletter is <u>4:00pm Friday August 9<sup>th</sup>, 2019</u>. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or phone 895-5651.





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