



# Portugal Cove St. Philip's

Just imagine!



 townofpcsp

 @PCSPnl, @Get\_RecD

 @PCSPnl

## The *Tickle* Newsletter

March - April 2018

### Go Brookside Bulldogs!



Grade 6 Girls Basketball team wins silver medal at Provincials



Grade 9 Girls Volleyball team wins bronze at Provincials



Grade 5 Boys Basketball team wins gold and silver medals at Provincials



Grade 8 Girls Volleyball team win silver at the Burger King Classic



Grade 7 Boys Basketball team crowned champions at St. Peter's Junior High Invitational



Grade 8 Boys Basketball team win Villanova Vipers Invitational tournament





*Best of*  
**Portugal Gove  
St. Philip's**

**COMMUNITY AWARDS**

Athletic Awards - Volunteer Awards - Business

Nominations are now open.



The 3<sup>rd</sup> Annual  
Best of PCSP Community Awards  
gala event is  
**Monday April 16th, 2018.**

Nominations are now open.

Visit [pcsp.ca](http://pcsp.ca) and nominate  
someone today.



**YOUTH of the YEAR**  
**SENIOR of the YEAR**  
**SERVICE GROUP of the YEAR**  
**MALE ATHLETE of the YEAR**  
**FEMALE ATHLETE of the YEAR**  
**TEAM of the YEAR**  
**COACH of the YEAR**  
**NEW BUSINESS of the YEAR**  
**BUSINESS of the YEAR**  
**EMPLOYEE of the YEAR**  
**VOLUNTEER of the YEAR**

# Public Works

Streets • Fleet • Waste Management • Water & Wastewater • Facilities



## Let's Talk Trash!

The Town's curbside recycling program was established to maximize waste diversion within our community. Although the program has been in place now for a few years, based on the number of blue bags placed curbside it appears our Town's participation rate could be better.

## Why is Reducing Waste So Important?

Each tonne of waste landfilled at Robin Hood Bay costs \$67.60 and each tonne of recycled (blue bag) waste costs only \$20.00 so the answer is simple – recycling costs less. Garbage tonnage has increased by 21% from 2013 to 2017, however recycling tonnage has decreased by 8%. Dollar wise, that equates to an increase of \$26,996 in garbage tipping fees in a five year period. The more efficient we can become at diverting recyclable material from garbage bags to recycling bags, the less the financial impact will be to the Town.

Aside from the financial impact, the more waste that is put into the ground, the more our landfills release methane gas, which is a contributor to climate change, as well as leachate, a toxic sludge that can cause damage to plants and animals and contaminate water supplies. Making small changes in our everyday lives can make a powerful difference to the health of all living things, to our province and to our beautiful Town.

**From 2013 to 2017**  
**Garbage tonnage has**  
**increased by 21% while**  
**Recycling tonnage has**  
**decreased by 8%**

## How Does Recycling Work?

- Sort your recyclable products – Containers in one bag and Paper Products in another.
- Rinse containers to ensure no food or liquids are left inside.
- Remove caps from containers and wrap or plastic from boxes and paper.
- Use only transparent blue recycling bags.
- Do not place small plastic bags inside your blue bags.
- Cardboard can either be placed in a blue bag OR broken down and placed in a bundle measuring 2ft by 2ft by 1ft – this is to ensure it will fit in the recycling truck.
- Do not put cardboard into another cardboard box. Place your recycling curbside at 8:30am on your recycling day.
- Recycling is not collected from garbage containers or bins. All items stored in garbage containers or bins are deemed to be garbage.
- Nets can be used to keep your recycling bags from blowing around on windy days.

## Why Was My Recycling Tagged?

Bags are tagged for various reasons but most commonly it's because they contain cross contamination (recycling items not separated properly) or it contains items which cannot be accepted at the recycling facility. In such cases, the bag will be tagged and not collected by our staff because the recycling facility regularly audits materials we deposit. If you have any questions as to why your bag was tagged, please call Public Works so we can help support your recycling efforts at 895-8000 ext.3.



# LET'S INCREASE RECYCLING IN 2018!

## BLUE BAG IT BOXES & PAPER

Cereal boxes  
Cracker boxes  
Shoe boxes  
Gift boxes  
Pasta boxes  
Pizza boxes  
Corrugated cardboard  
Packing boxes  
Frozen food boxes

Newspapers and flyers  
Magazines and catalogues  
Glossy paper and junk mail  
Computer paper, writing paper, bond paper, post-it notes  
Phonebooks (without covers)  
Envelopes  
Books (without covers)  
Empty toilet paper and paper towel rolls  
Cardboard egg cartons  
Drink / Coffee trays  
Paper bags



## BLUE BAG IT CONTAINERS

Pop and beer cans  
Disposable baking trays, pie plates  
Cookie, cake and chocolate tins  
Soup cans, coffee cans, bean cans, tuna cans, cat / dog food cans, etc.  
Gable top cartons like juice, cream, sugar  
Milk cartons including soy and almond milk  
Tetra boxes like juice, sauce, soup, broth

Water, pop and liquor bottles  
Condiments bottles: BBQ sauce, ketchup, mustard  
Household cleaners: dish/laundry detergent, bleach, windshield wash  
Toiletries: shampoo, mouthwash, hand soap, body wash  
Over-the-counter medicine: vitamin bottles, cough syrup  
Plastic tubs: butter, sour cream, ice cream  
Yogurt containers  
Juice containers  
Plastic flower pots  
Plastic containers #1-7



## DO NOT Blue Bag These Items



Plastic grocery bags, bottle caps, bubble envelopes, food wrappers, CD/DVD cases, chip/snack bags, cutlery, condiment packs, plastic wrap/baggies, straws, coffee cups, wrapping paper, take out drink containers, gift bags, napkins, paper towels, tissues, wax paper, glass jars, and styrofoam.

### REDUCE

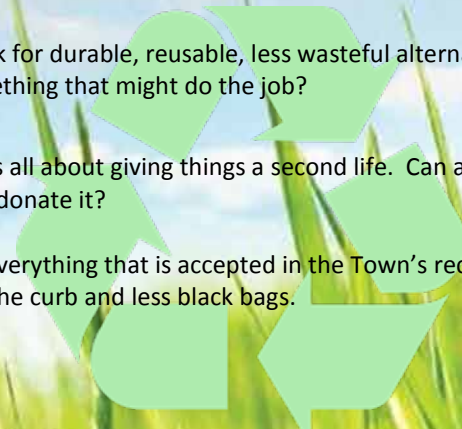
what you buy – look for durable, reusable, less wasteful alternatives. Borrow or rent, ask yourself, do I already have something that might do the job?

### REUSE

what you have – it's all about giving things a second life. Can an item be used for something else, can it be repaired, and can I donate it?

### RECYCLE

the big R. Recycle everything that is accepted in the Town's recycling program. Challenge yourself to place more blue bags at the curb and less black bags.





# Spring Sleigh Ride & EASTER PARTY

**Saturday**  
**March 24<sup>th</sup>, 2018**  
**1:00-4:00pm**

**Voisey's Brook Park**

Celebrate spring with us! Sleigh rides, crafts, games, refreshments, and of course an egg hunt and a special visit from the Easter Bunny!

**Tickets are \$5 each**  
(on sale March 12th)

Pre-registration through eServices required.

These are outdoor activities, so dress warm!

Call Nicole for more information: 895-5677  
or email: [Nicole.Clark@pcsp.ca](mailto:Nicole.Clark@pcsp.ca)

The Town of Portugal Cove-St. Philip's is taking part in a "Light Up in Green" campaign during Mental Health Week, May 6<sup>th</sup> - 12<sup>th</sup>, 2018. We invite all residents to attend a special flag raising ceremony and vigil on Monday May 7<sup>th</sup> in memory of those who have lost their struggle or those living with Mental Illness. We encourage residents to light up their homes in green to show their support. Pony Up & Pay: with every \$5 donation to our event you are entered to win a session with Spirit Horse. All proceeds go to CMHA-NL.

For more details on this important event, visit [pcsp.ca](http://pcsp.ca) or call: Nicole Clark at 895-5677.

## Light Up in Green!

**Monday May 7th**

**8:00pm**

**PCSP Town Hall**



Canadian Mental  
Health Association  
Newfoundland and Labrador



  
**Portugal Cove**  
**St. Philip's**



## Programs

**Yoga** (10 weeks)

**April 9th to June 14th** (Rec Centre)

**Instructor:** Pauline Pineau

**When:** Mondays and Thursdays, 6:30pm to 7:30 pm

**Cost:** \$120.00 for one class a week or \$228.00 for two classes a week

**Registration:** Begins March 16th (call Mike 895-5671)

**ADULT FITNESS** (9 weeks)

**April 23rd to June 21st** (Rec Centre)

**Cost:** \$30.00

**Registration:** Begins February 26th (call Mike 895-5671)

**ZUMBA** (6 weeks)

**March 12th to April 19th**

**When:** Monday, 8pm to 9pm at Brookside

**When:** Thursday, 8:15pm to 9:15pm

at Beachy Cove Elementary School Gym

**Cost:** \$60.00 one class a week or \$120.00 two classes a week

**Registration:** Begins February 27th (call Mike 895-5671)

**CARDIO KICKBOXING** (9 weeks)

**May 2nd to June 27th**

**Instructor:** Michael Stone

**When:** Wednesday at the Rec Center, 7:30 pm to 8:30 pm

**Cost:** \$90.00

**Registration:** Online April 9th (call Mike 895-5671)

**TEEN KICKBOXING** (5 weeks)

**Monday and Thursday**

**When:** Begins Monday April 30th to Thursday May 31st

**Time:** 3:15 pm to 4:00pm

**Cost:** \$25.00 (comfy clothes and running sneakers required)

**Registration:** Begins April 9th

**BOOTCAMP** (Rec Centre)

**5:30 am to 6:30 am** (May 2nd to May 25th)

**When:** Wednesday and Friday at the Rec Centre (4 weeks)

**Cost:** 2 classes per week (\$80.00)

**Youth Yoga** (4 weeks)

**Every Saturday in April**

**When:** Saturdays 11am to 12pm

**Cost:** \$5.00 per youth

**Registration:** Online through eServices March 12th

## St. Patrick's Day Seniors Social

Friday March 16th

2:00-4:00pm

Recreation Centre

Join us in your best green gear for some live entertainment, tea and desserts.

\$5 per senior

Call Mike to register:  
895-5671

## Clay Café Paint Night



**Wednesday March 21st, 2018**

**6:30pm**

**Recreation Centre**

Try a new twist on paint night! Join the artists from Clay Café and bring your friends out for a night of painting pottery.

Register through eServices, registration opens March 12th.

For more information contact:

Nicole Clark at 895-5677 or email [Nicole.Clark@pcsp.ca](mailto:Nicole.Clark@pcsp.ca)

Portugal Gove  
St. Philip's



pcsp.ca

**NOW HIRING!**  
*Camp Counsellors & Staff Needed*

Visit the Careers section of the Town website for full details and how to apply.

# Easter Camp!

April 2nd - 6th  
Brookside Intermediate  
8:00am - 5:00pm

Week long day camp full of fun crafts, activities and even a field trip!

**\$150 for one child : \$120 for second child  
\$100 for third child (in one family)**

Registration opens online  
through eServices on  
March 5th at 9:00am

For more information,  
contact Mike Stone at 895-5671  
or email [Mike.Stone@pcsp.ca](mailto:Mike.Stone@pcsp.ca)

## Rainbow 50+ Club

Merry Christmas and Happy New Year to everyone from PCSP Rainbow 50 Plus Club. Our Club meets every Friday for cards and darts. New members always welcome. Come and check us out.

### March 17

St. Patrick's Day Social

### Tuesday April 17

Anniversary Dinner/Dance

### CARDS/DARTS

Every Friday 2-4 P.M. New members always welcome.

**March 30th Good Friday, NO CARDS/DARTS**

For further information please contact

Paula: 739-1303

Viola: 895-2577

Rebecca: 895-2343



## Portugal Cove - St. Philip's Lions Club

Meetings every second and fourth Tuesday of the month.

Meetings start at 7:30pm at the Voisey's Brook Park chalet.

New members are always welcome!



# THANK YOU!

residents, sponsors, and volunteers  
for making this year's Winter Carnival **SNOW MUCH FUN!**  
2018 is off to a great start, and there's so much more to come.



Country  
Convenience



## Library Programs

### Yarns for Youngins

Thursday at 10:00am  
Storytime for all ages!

### Tutoring and Homework Help

Monday, Tuesday, and Wednesday from 3:00-5:00pm  
Private tutoring in math, French immersion and general studies.  
Visit the Town website for more details.

### Paws 4 Stories

Tuesday from 5:30-7:30pm  
One on one reading sessions with a St. John Ambulance Therapy dog.  
Ages 6-12. Call the Library to register - 895-5655

## Did you know that the library catalogue is now ONLINE

Check us out at [www.pcsp.ca/library](http://www.pcsp.ca/library) under the catalogue section. You can place holds, renew your books, and browse all our titles!

Don't forget! Late books are subject to a fine, so make sure you sign on and renew if you need more time!

## St. Lawrence Parish

### Holy Week Services

#### March:

25 - Palm Sunday Liturgy of the Palms 11am  
26 - Stations of the Cross 7pm  
27 - Anointing & Eucharist 7pm  
28 - Regular Lenten Service 7pm  
29 - Foot Washing & Stripping of the Altar 7pm  
30 - Good Friday Children's Service 10am  
30 - Good Friday Adult Service 12noon  
31 - Easter Vigil Service 7pm

#### April:

1 - Holy Communion (BCP) 6:30am  
1 - Holy Eucharist (BAS) 11:00am

#### Lenten Services

March 7, 14, 21

#### Card Game

Tuesday March 20

#### Paddy's Day Scoff & Scuff

Saturday March 24

#### Paint Night

Tuesday April 10

#### ACW Spring Sale

Saturday April 14

#### Card Game & Soup Supper

Tuesday April 17



## Message from the Chamber

Greetings fellow business owners big and small. We are taking advantage of the opportunity, the Town has allowed us in their newsletter, to inform our fellow Business owners and professionals of one of the projects we are currently working on jointly with of Town Council. Over the past several weeks we have been developing a new business directory in a partnership with the Town. This directory will offer advertising opportunities for businesses and professionals in our community and will be available in both print and electronic format. Information on how to be included will be available in the upcoming weeks. I encourage Chamber members to take advantage of the 25% discount for advertising and welcome all businesses and professionals to become a Chamber member. Don't miss out on your chance to be included.



AN EVENING WITH

*Kevin Collins*

**Date:** Saturday April 21, 2018  
**Showtime:** 7:30 pm  
**Place:** Brookside Intermediate School  
**Tickets:** \$25.00  
**Contact:** 895-3451 or 754-5323

Proudly Supported By: School Lunch Program, Brookside Intermediate School  
and the Portugal Cove /St. Phillips Chamber Of Commerce

**!!Proceed's in aid of the School Lunch Program!!**

Sponsored by:



Holiday Inn



# MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> </ul> 1	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> </ul> 2	<ul style="list-style-type: none"> <li>PCSP Hiking/ Walking Club</li> </ul> 3
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> </ul> 4	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> </ul> 5	<ul style="list-style-type: none"> <li>Public Council Meeting</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> </ul> 6	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> </ul> 7	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> </ul> 8	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> </ul> 9	<ul style="list-style-type: none"> <li>PCSP Hiking/ Walking Club</li> <li>Murray's Painting Class</li> </ul> 10
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> </ul> 11	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Zumba</li> </ul> 12	<ul style="list-style-type: none"> <li>Lions Club</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> </ul> 13	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> </ul> 14	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> </ul> 15	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> <li>PCSP St. Patrick's Senior Social</li> </ul> 16	<ul style="list-style-type: none"> <li>St. Patrick's Day</li> <li>PCSP Hiking/ Walking Club</li> <li>Rainbox 50 Plus St. Patrick's Social</li> </ul> 17
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> </ul> 18	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Zumba</li> </ul> 19	<ul style="list-style-type: none"> <li>Public Council Meeting</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> <li>St. Lawrence Card Game</li> </ul> 20	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> <li>Clay Café Paint Night</li> </ul> 21	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> </ul> 22	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> <li>Legion Open Mic Night</li> </ul> 23	<ul style="list-style-type: none"> <li>PCSP Easter Party &amp; Sleigh Ride</li> <li>PCSP Hiking/ Walking Club</li> <li>St. Lawrence Paddy's Day Scoff &amp; Scuff</li> </ul> 24
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> </ul> 25	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Zumba</li> </ul> 26	<ul style="list-style-type: none"> <li>Lions Club</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> </ul> 27	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> </ul> 28	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> </ul> 29	<ul style="list-style-type: none"> <li>Good Friday</li> </ul> 30	<ul style="list-style-type: none"> <li>PCSP Hiking/ Walking Club</li> </ul> 31

# APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>Easter Sunday</li> </ul> 1	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Zumba</li> <li>Easter Camp</li> </ul> 2	<ul style="list-style-type: none"> <li>Public Council Meeting</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> <li>Easter Camp</li> </ul> 3	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> <li>Easter Camp</li> </ul> 4	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> <li>Easter Camp</li> </ul> 5	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> <li>Tickle Submission Deadline</li> <li>Easter Camp</li> </ul> 6	<ul style="list-style-type: none"> <li>PCSP Hiking/ Walking Club</li> <li>Youth Yoga</li> </ul> 7
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> <li>Murray's Spring Fling Workshops</li> </ul> 8	<ul style="list-style-type: none"> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Zumba</li> <li>Yoga</li> </ul> 9	<ul style="list-style-type: none"> <li>Lions Club</li> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> <li>St. Lawrence Paint Night</li> </ul> 10	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> </ul> 11	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> <li>Yoga</li> </ul> 12	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> </ul> 13	<ul style="list-style-type: none"> <li>Murray's Painting Class</li> <li>PCSP Hiking/ Walking Club</li> <li>Rainbox 50 Plus Anniversary Dinner/ Dance</li> <li>St. Lawrence ACW Spring Sale</li> <li>Youth Yoga</li> </ul> 14
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<ul style="list-style-type: none"> <li>Legion Women's Darts</li> <li>Murray's Spring Fling Workshops</li> </ul> 22	<ul style="list-style-type: none"> <li>St. George's Day</li> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Adult Fitness</li> <li>Yoga</li> </ul> 23	<ul style="list-style-type: none"> <li>Paws 4 Stories</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Mixed Darts</li> <li>St. Lawrence Paint Night</li> </ul> 24	<ul style="list-style-type: none"> <li>St. Lawrence Parish Cards &amp; Fellowship</li> <li>Tutoring &amp; Homework Help</li> <li>Legion Bingo</li> </ul> 25	<ul style="list-style-type: none"> <li>Legion Mens Darts</li> <li>Yarns for Young'uns</li> <li>Zumba</li> <li>Yoga</li> </ul> 26	<ul style="list-style-type: none"> <li>Rainbox 50 Plus Cards and Darts</li> </ul> 27	<ul style="list-style-type: none"> <li>PCSP Hiking/ Walking Club</li> <li>Youth Yoga</li> </ul> 28
<ul style="list-style-type: none"> <li>Legion Women's Darts</li> <li>Murray's Spring Fling Workshops</li> </ul> 29	<ul style="list-style-type: none"> <li>Teen Kickboxing</li> <li>Women's Institute</li> <li>Legion Men's Single Darts</li> <li>Tutoring &amp; Homework Help</li> <li>Adult Fitness</li> <li>Yoga</li> </ul> 30					

## Murray's Garden Centre and Horticultural Services

### Painting Classes at the Grounds Cafe with Artist, Brenda Rowe

- Saturday March 10 12-2pm
- Saturday, April 14 12-2pm

**Cost:** \$45 (to tax) per session (all supplies included). No Experience Necessary. Classes Suitable for all Ages (12 years and up). Sign up at [www.brendaroweartwork.com](http://www.brendaroweartwork.com) or contact Brenda at [brenda@brendaroweartwork.com](mailto:brenda@brendaroweartwork.com)

### Spring Fling Workshops

**Sundays in April 11am-1pm**

Talks and workshops on Organic Gardening, Backyard Farming, and more! See [www.murraysgardens.com](http://www.murraysgardens.com) for complete schedule and class descriptions

## The Telegram's Provincial Spelling Bee Competition



There are four children from our community headed to the Telegram's Provincial Spelling Bee competition on February 24th. Pictured above are sisters Allee and April Swain, Grade 6 students at Brookside Intermediate. Joining them will be Caryssa Tucker and Brennan Rideout, both Grade 4 students at Beachy Cove Elementary.



## 3<sup>RD</sup> ANNUAL PCSP ENVIRONMENT FAIR



# SAVE THE DATE!

## APRIL 21, 2018

Mark your calendar because you won't want to miss the 3<sup>rd</sup> annual Environment Fair in April.

Last year's fair was a great success and this year is growing excitement already!

Meet all kinds of vendors and share resources and information on the environment, sustainability, nature, conservation and more.

For more information on the fair or how you can be part of this opportunity, contact:

Julie Pomeroy at 895-5657 or email: [Julie.Pomeroy@pcsp.ca](mailto:Julie.Pomeroy@pcsp.ca)

Visit [pcsp.ca](http://pcsp.ca) for more information.





Show  
off  
your  
fascinating  
items...

Help us show off the fascinating and unique heritage of our community. We are looking for your artifacts to display in key places around the Town such as the schools, Town Hall, and more. Either through donation or on loan, we are very interested to hear your stories and display your unique items.

For more information or to discuss this educational opportunity, please contact:

**Julie Pomeroy**

*Heritage Programs and Services Coordinator*

895-5657

Julie.Pomeroy@pcsp.ca

# The Royal Canadian LEGION

Branch 10, Portugal Cove

Legion Happenings... 895-6521

## Darts

**Mens:** Thursday nights at 8:00 pm

**Mixed:** Tuesday nights at 8:00 pm

**Mens Single league:** Monday nights at 8:00 pm

**Womens:** Sunday nights at 8:00 pm

Contact the Legion at 895- 6521 for more information

## Country Corral Open Mic

March 23 and April 20

## Scent Free Building

Due to extreme health issues, please note that the Legion is a designated Scent Free Building. These are life threatening health issues so we respectfully request your cooperation.

## Old Fashioned BINGO!

**Every Wednesday Night at 8:00pm**

Yes, we still have the old fashioned hard cards: PickaBingo, Early Bird, Lucky 7, and Satellite. Includes a Jackpot Game (Hard Cards). Plus Nevada Tickets and Fun! Come join us!

**Please bring your friends to enjoy the fun**

## Having a Birthday, Wedding, Banquet, Shower, or Family Reunion?

**Book your function at the Royal Canadian Legion!**

**Great Rates - Great Hall - Great Fun!**

The hall has A/C and an outdoor deck

Call 895-6521 for more information

Monday-Friday: Open at 4:00pm

Saturday: Open at 12:00noon

Sunday: Open at 2:00pm

## Legion Representative Contacts

Len Collins, *President:* 895-6521

Michael Pretty, *Service Officer:* 727-4674

Provincial Command, 753-6290



We are Branch  
10 of the Royal  
Canadian Legion

## From the Mayor's Desk



It has been a busy five months for your new Council. As the spring approaches I can look back and feel confident that we are laying the foundation of a strong four year term. We aim to govern collaboratively and fairly with our residents and businesses. I want to sincerely thank all those who took part in the budget consultations this year. Your input helped us craft a budget that led to tax and fee reductions, improved services and a significant decrease in our budget. We were able to invest in the community through a growing relationship with our friends at the Chamber of Commerce, with an emphasis on business growth and promotion in PCSP. We will be undertaking a Community Strategic Plan in the coming months where we will work hand in hand with residents and businesses in the community to form a shared vision. I look forward to celebrating the Best of PCSP in April and encourage everyone to make their nominations today. To all of the children at Beachy Cove Elementary and Brookside Intermediate, I wish you a wonderful and safe Easter holiday.

Mayor Carol McDonald



## Portugal Cove-St. Philip's Fire Department



### Ice Safety in Portugal Cove-St. Philip's

The Town of Portugal-Cove St. Philip's is fortunate to have a number of bodies of water that certainly enhance our community year round. While they add greatly to our community ambiance and leisure, they also bring a level of inherent risk when our citizens use them.

In wintertime, many of Canada's millions of lakes and ponds call many adventurers to come out and play. Frozen bodies of water offer great opportunities for sports such as skating, ice fishing, cross country skiing, snowshoeing, and snowmobiling. Because no ice surface is without some risk, you need to become ice aware and take all necessary precautions before you venture out. If not, you could literally find yourself on thin ice!

### The recommended minimum depth for activities on new, clear, hard ice is:

Your fire department is equipped and trained to respond to ice and water emergencies throughout the year, although this does not mean that we can respond timely enough to assist a person in distress.

#### If you break through:

- Do not panic. Your clothing will trap air and keep you buoyant.
- Turn towards the direction you came from and place your hands and arms flat on the unbroken surface.
- Kick your feet and try to push yourself up on top of the unbroken ice on your stomach, like a seal.
- Once you are lying on the ice, don't stand up. Roll away from the break until you are on solid ice.

#### If your buddy breaks through:

- Call 911 immediately
- Stay calm and think out a solution.
- Don't run up to the hole. You might break through and then you'll both need help.
- Use an item to throw or extend to your friend to pull them out of the water – if you don't have a rope, improvise with items such as clothing, a tree branch, jumper cables, skis, etc. Use something to extend your reach.

For more information on ice safety, and outdoor safety throughout the year go to [www.adventuresmart.ca](http://www.adventuresmart.ca)

**We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submissions for the May - June 2018 edition is 4:30pm Friday, April 6th, 2018. Contact Jeff Lawlor at [jeff.lawlor@pcsp.ca](mailto:jeff.lawlor@pcsp.ca) or 895-8000 ext 222.**