



Portugal Cove St. Philip's

Just imagine!



townofpcsp

@PCSPnl



@Get_RecD

The *Tickle* Newsletter

September - October 2016



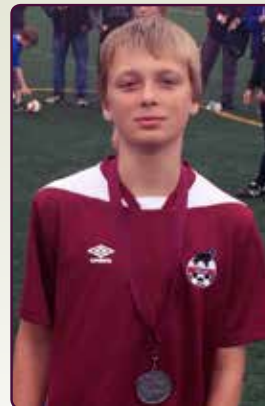
2016 Tickle Swim for Mental Health

The Fourth Annual Tickle Swim for Mental Health, an event held by the Canadian Mental Health Association Newfoundland and Labrador chapter, had a successful run on August 16th. On that Tuesday morning, 24 brave swimmers dove into the cold Atlantic north of the Portugal Cove-St. Philip's ferry terminal at 7 a.m. and they swam the five kilometers to Bell Island. This year's swim was a resounding success, with CMHA-NL raising more than the goal of \$25,000, hitting the \$26,000 mark by that afternoon. A giant congratulations to all the participants and organizers for a successful event and we're all looking forward to next year's swim!



Congratulations Bev Sharpe

Beverly Sharpe has only been competing in the sport of powerlifting since Oct. 2015 and her results so far have been nothing short of excellence. Not only did she take home gold in her first competition, she qualified and brought home gold in Nationals beating two national records, earned a spot on Team Canada for the Worlds and brought home the bronze! Congratulations Bev, your community is tremendously proud of you!



Silver Medal Win

William Gamperl and his team brought home silver medals from the 2016 Boys U14 Atlantic Soccer Championships. The team played a fantastic game and your community is proud of you all.

Congratulations William!



Portugal Cove St. Philip's

Community SPOTLIGHT



(Janet receiving her Volunteer of the Year award)

Janet Martin

Janet has been the driving force behind the Breakfast Program at Leary's Brook Jr. High School for a number of years. Janet has been an enthusiastic volunteer of the program for more than 10 years. Janet has also been a board member of the Virginia Park Community Centre and a Red Cross volunteer for more than six years. She has also volunteered with Targa NL for seven years and the St. John's Jaycees for 10 years, and a volunteer member of the Neighborhood Watch Program since 1981. In addition to her volunteer time, Janet is also active in powerlifting competing at the provincial and national level. She broke the National Squat Record for her age and weight category in 2015 with a lift of 237.6 lbs. A three time national record setter, Janet also brought home the bronze medal from Helsinki Finland with Team Canada in June of 2015.



(The Women's Institute received the Community Champion Award from the Canadian Cancer Society in May. Members are pictured here with Canadian Cancer Society staff.)

The St. Philip's Women's Institute

The St. Philip's Women's Institute have been volunteering in the community for more than 25 years. Throughout these 25 years, they have organized and donated too many great causes that benefit not only the local area, but well beyond, touching lives throughout the world. Every Christmas they have provided a full Christmas meal and a variety of gifts for a family in need here in our community. They donate a book every year to the PCSP library, regularly knit and donate scarves for the Special Olympics, sell daffodils for the Cancer Society, fill shoe boxes each year for Operation Christmas Child, and donate shoes to One Step Shoe Charity just to name a few. We are grateful for their dedication and proud they are a part of our community.



(Darryl of Beachy Cove Café accepting the award for New Business of the Year)

Beachy Cove Café

Recently winning the award for New Business of the Year, Beachy Cove Café is a beautiful restaurant attached to the Beachy Cove B&B. Serving classic Newfoundland fare like fish and chips, fresh seafood and entrees such as striploin steak. With its kids menu, the Beachy Cove Café caters to old and young alike. Offering live performances on occasion, the Beachy Cove Café is easily a destination spot for locals and tourists, offering great food, atmosphere and local talent.

If you know of a business, person or community group that should be featured under our Community Spotlight, please email Jacqueline.clarke@pcsp.ca with the name and why they should be featured.

Local Artist at Canada House in London



Photo Credit: Canada House Staff

Marlene Creates at Canada House, London, England on June 15, 2015 for the screening of her video-poem based on the Blast Hole Pond River in Portugal Cove: From the Ground Tier to a Sparrow Batch: A Newfoundland Treasury of Terms for Ice and Snow, Blast Hole Pond River, Winter 2012-2013.



Photo Credit: Canada House Staff



Portugal Cove – St. Philip's Lions Club

Meetings every second and fourth Tuesday of the month.
New members welcome!
Starts at 7:30pm at the Holy Rosary Community Centre



SATURDAY NOV 5 GUY FAWKES BONFIRE

2nd Portugal Cove Scouts and PCSP Volunteer Fire Department

Come out and join us for the Annual Bonfire night. Marshmallows and hot chocolate to be served.

Thank you to our volunteers for helping to make this event successful!



LOCATION:
TO BE
DETERMINED

TIME:
6:30 – 8:00PM

HOT CHOCOLATE

MARSHMALLOWS

GIANT FIRE

FOR MORE
INFORMATION

Nick Miller

Nick.Miller@pcsp.ca

895-5661



PCSP Hiking & Walking Club

NEIGHBOURS BECOME FRIENDS WHILE ENJOYING THE GREAT OUTDOORS



Get on board this fall and join the PCSP Hiking & Walking Club!

Every Saturday, weather permitting, they get together to explore the great outdoors. Hikes vary to appeal to participants of all ages and abilities and are organized and led by someone who knows the trail.

For more information and to have a look at the latest newsletter check out their website, where you can sign up to receive weekly notices of each hike.

WEBSITE: <https://sites.google.com/site/pcspikingwalking/home>

EMAIL: pcspikingwalking@gmail.com

Come out and join us, enjoy the outdoors and make some new friends

PHOTOS BY: Sue Willis





HOUSEHOLD HAZARDOUS WASTE DISPOSAL

What are Household Hazardous Waste (HHW) Materials?

These materials are the left-over products from hazardous products used in the home. Some of these wastes exhibit poisonous, combustible, explosive and/or flammable properties. When compared with other types of wastes, HHW are a small component of the waste stream. If HHW are discarded into the residential solid waste stream, the storm sewer system, or the natural environment, environmental damage may occur. If products are improperly stored in the home there may be negative impacts on the health of the residents.

Where can I dispose of Household Hazardous Waste Materials?

Disposal of such materials can be made at the Robin Hood Bay Regional Integrated Waste Management Facility located at 340 East White Hills Road. They are open year round between 8:00am to 4:00pm Wednesday and Saturday.

What is the safest way to transport waste from my home?

- Use gloves when handling hazardous chemicals.
- Keep chemicals in their original containers.
- Ensure containers are clearly labeled and well-sealed. Attach your own label if the label has fallen off. Only label the container if you are sure of the name of the chemical. Do not guess.
- Do not mix chemicals. Apart from making disposal difficult you will increase the risk of being exposed to the chemical and in extreme cases mixing of incompatible chemicals can lead to violent chemical reaction such as fire or explosion.
- Transport in the trunk of your vehicle or preferably in the back of a truck or trailer.
- Do not transport in the passenger compartment a fallen or leaking container may fill the interior with dangerous vapour.
- Travel with your car windows down if carrying flammable or odorous materials.
- Secure containers so they don't fall over or leak. Ensure lids are tightly fitted. Place containers of liquids in a tray or plastic bucket so they do not spill or fall over. Pack powders and solids securely.
- Keep corrosive chemicals, such as battery acid, away from poisons. Keep oxidizing agents, such as peroxide, away from all other materials.
- Avoid transporting open or leaking containers. Put into another container and make sure you label it. Moving corroded chemical containers could result in contamination of you, the storage area or your vehicle.
- A potential leaky container can be placed into another container, such as a plastic bucket.
- Don't forget to label it where possible.
- Don't transport you chemicals with passengers, food, consumer goods or pets.

What to Bring:

- Motor oils
- Solvents
- Propane tanks - do not leave valve open
- Glues
- Brake and clutch fluids
- Wood preservatives and stains
- Pool chemicals
- Cleaning fluids
- Disinfectants
- Paints: oil and latex (Do not mix!)
- Drain and oven cleaners
- Pesticides, insecticides, herbicides, fungicides
- Gas
- BBQ starter
- Lighter fluid
- Paint stripper, turpentine
- Aerosol containers
- Fire extinguishers
- Batteries, battery acids
- Mercury
- Fluorescent light tubes
- Compact fluorescent lights - energy saving bulbs

What NOT to Bring:

- Empty, washed paint cans - these are for your regular curbside garbage collection
- Explosives & Ammunition
- Fireworks
- PCBs
- Biomedical waste
- Industrial, commercial and institutional waste
- Radioactive waste

What about Pharmaceuticals and Sharps?

All pharmacies will accept medications and dispose of them for you. You can also bring your sharps to pharmacies for disposal as long as they are in a rigid container. The Town's local pharmacy, can also assist you with any questions you may have in regard to the safe disposal of pharmaceuticals and sharps.

Why can't I put my chemicals in with my regular garbage?

The waste from households is loaded onto a truck where it is compacted immediately. If a hazardous substance is leaked it may ignite or explode in the collection truck causing injury or affecting the health and safety of the collectors. If a hazardous chemical reaches the landfill it can find its way into ground water, into streams, ponds or the ocean.

Soccer Thriving in PCSP

By Kurt Gamperl

This year, it is 10 years since the PCSP Soccer Association was formed and began to offer programs for the youth of our town. While the association started out quite small, it has grown tremendously and currently offers programs at various competitive levels. At present, there are ~ 260 youth enrolled in house league programs that run over the summer, ~ 120 players in the competitive Metro League program where players train all year round and compete against other clubs in the St. John's area. Finally, there are approximately 20 PCSP boys competing in the U14 and U16 provincial league program with the Avalon Soccer Association (of which our association is a member).

The PCSP association has had numerous successes in recent years, but three to highlight would be: the tremendous increase in girls teams / players being trained, and competing, at the Metro League level; the addition of camps to our summer instructional programs; and the high quality players that the programs are producing. For example, there are currently 6 players on various NL provincial teams, and Noah Johnson was named the NLSA junior player of the month for June. These programs, and their success are due to a number of factors. The efforts of Brian Rice and the PCSP Soccer Association Executive (both past and present), our dedicated (volunteer) coaches, and the town of Portugal Cove - St. Philips. The town has made significant investments in soccer-related infrastructure over the past few years, and continually works with us to provide access to the fields for training and tournaments. We look forward to further successes with our programs, and their continued growth.

If you have any questions about the PCSP Soccer Association programs, or would be interested in volunteering (i.e., as a member of the executive or coach), please contact Brian Rice at brianrice@nf.sympatico.ca.



Some of our metro league girls!!!



2016 Garden Competition Winners

The Town in partnership with Murray's Garden Centre would like to congratulate all the winners of the 2016 Garden Competition. Thanks to everyone who entered and we look forward to even more beautiful gardens next year.

**Best
Veggie
Garden**

Valerie Hansen



**Best
Contained
Space**

Bruce Burry



**Best
Landscape
Design**

Catherine
Bonney-Berzins



**Runner-up
Landscape
Design**

Steven Outerbridge



MURRAY'S
GARDEN CENTRE AND
HORTICULTURAL SERVICES

Sponsored by: Murray's Garden Centre & Horticultural Services



Thank you!

The Town of Portugal Cove – St. Philip's Council would like to thank everyone involved in making Canada Day and our Regatta Festival a huge success! A special thanks to the PCSP Volunteer Fire Department for all their hard work. Many thanks to all of those who helped organize and volunteered their time and effort for all these events, we could not do this without you. A HUGE congratulations to all participants and winners. We look forward to many more great events!

Regatta Race Day Winners

Race	First Place	Sponsor
1 st Men's Race	Kevin Greeley & Brad White (6:53.82)	Councillor Johnny Hanlon
2 nd Ladies Race	Donna Connors & Amanda Hancock(3:05:72)	Elaine's Convenience
Combined Men's and Ladies 2 nd	Dave Jeans & Donna Connors (6:40:14)	Councillor Joe Butler
3 rd Ladies Race	Gina Elens & Melissa Organ(3:49:00)	Frontline Action
3 rd Men's Race	Robert Reid & Cody Riggs (6:46:00)	Bugden Signs
Combined Men's and Ladies 3 rd	Amanda Hancock Dean Hammond (6:26.00)	Sharpe's Garage & Tire
Family Race	Gordon Fitzpatrick & Barb Fitzpatrick (6:06:00)	Councillor Aaron Facey
One Man One Way	Brad Bursey (3:30:00)	Mayor Moses Tucker
Fishermen's Race	Dave Jeans & Dean Hammond (6:18:00)	Windco
Combined Men's and Ladies Championship	Dave Jeans & Donna Connors(5:55:81)	VOCM/HITS FM
Ladies Championship	Donna Connors & Amanda Hancock (3:16:35)	Sharpe's Convenience
Men's Championship	Dave Jeans & Dean Hammond(6:05:00)	PCSP Lions Club

As well, a big thank you to our additional race sponsors: Councillor Dave Bartlett, Country Convenience, Deputy Mayor Gavin Will, Councillor Norm Collins, and Facey Financial

Moms and Tots

Our Moms and Tots program will start up again on Wednesday September 7th and run until Wednesday November 30th.

10 am to 12 pm

Snack provided, bouncy castle and toys (Rec Centre)

\$2 drop in fee

St. Philip's Anglican Church

Coady's Rd, St. Philip's

Moose Supper

Sept 14th, 2016

Card Game

Sept 26th, 2016, 8 p.m

Harvest Festival Jiggs Dinner

Oct 19th, 2016

Card Game

Oct 24th, 2016, 8 p.m

St. Lawrence Parish

Rector's Induction Service

Sunday, Sept 18, 7pm

Back to Church Sunday

Sunday, Sept 25

Dinner Theatre

Saturday, October 1

ACW Card Games

Tuesday, Sept 20
October 18

Afternoon Cards & Fellowship

Wednesday, Sept 14, 21,
28; October 5, 12, 19, 26

L'école élémentaire Beachy Cove Elementary School

School closes for students on **Thursday, June 23, 2016**

at 12:30pm. School reopens for all students on

Wednesday, September 7, 2016

in accordance with the following schedule:

8:30am: Grades one, two, and three

9:30am: Kindergarten & grades four, five, and six.

Please note that this staggered opening is effective for one day only, Wednesday, September 7, 2016.

Classes begin for everyone at 8:30am from September 8, 2016 onward.

Bussing for kindergarten students begins on Monday, September 12, 2016.

Fall Family Festival

This October join us for a full day of family fun including pumpkin bowling, a pie contest, pumpkin carving, dress in costume and enjoy some trick or treating, and much more!

Check our website pcsp.ca for a full schedule of events in September.

Prepare yourself for the adult outdoor horror fest movie after dark...



SAVE THE DATES

OCT
NOV
DEC

Recreation & Community Services Fall Events 2016:

OCTOBER 1: Nationals Senior Day

OCTOBER 15: Fall Family Festival

NOVEMBER 5: Guy Fawkes Night

NOVEMBER 20: National Jersey Day

NOVEMBER 21: National Sports Day

NOVEMBER 29: Tree Lighting Ceremony

DECEMBER 3: Breakfast with Santa

DECEMBER 4: Christmas Parade



Programming

Registration for all fall fitness programs begins on Monday, August 29th Register online at pcsp.ca through eServices or call Mike at 895-5772

Zumba

(7 week Program) September 13th to October 27th

Tuesday at the Rec Center 7:45 pm – 8:45 pm

Thursday at Beachy Cove 8:15 pm – 9:15 pm

Cost: \$56 for one class a week

\$112 for two classes a week

\$10 drop in fee

Yoga

(12 week Program) September 12th to December 1st

Monday at the Rec Center 6:30 pm – 7:30 pm

Thursday at the Rec Center 6:30 pm - 7:30 pm

Cost: \$120 for one class a week

\$216 for two classes a week

\$10 drop in fee

Note* There will be no class on October 10th

(Thanksgiving) make up will be December 5th

Adult Fitness

(12 week Program) September 12th to December 1st

Monday at the Rec Center 9:00 am – 10:00 am

Thursday at the Rec Center 9:00 am – 10:00 am

Cost: \$25 for the entire session

BILL CHURCHILL MEMORIAL SOFTBALL FIELD



Bill Churchill

August 17, 1936 - December 6, 1993

The Town of Portugal Cove-St. Philip's invites you
to the Naming Ceremony of the

Bill Churchill Memorial Softball Field

Friday September 9, 2016 at 6:00pm

Voisey's Brook Park, Indian Meal Line, Portugal Cove-St. Philip's

Mr. Churchill was instrumental in the planning, fund-raising, and construction of the Voisey's Brook softball field which opened in 1977. In appreciation of his long time service to the sport of softball and his many contributions to the Town of Portugal Cove-St. Philip's, we would like to dedicate this field in his honour.

We invite the residents of Portugal Cove-St. Philip's to come out and recognize the hard work and dedication of Mr. Churchill and his fellow peers in the planning and development of this softball field. If you or someone you know played a role in these efforts, please RSVP so we can acknowledge your contributions as well.

All residents, families and visitors are welcome!




Dawn Sharpe, Director of Recreation & Community Services
call: 895-5662 or email: Dawn.Sharpe@pcsp.ca

Register your team for the 1st annual

BILL CHURCHILL MEMORIAL SOFTBALL TOURNAMENT

September 9 - 11, 2016

Voisey's Brook Park, Indian Meal Line, Portugal Cove-St. Philip's

-  Mixed Tournament
-  \$200 Registration Fee
-  Minimum of 4 Females Per Team



townofpcsp



@PCSPnl

@Get_RecD

To register or for further information visit our Facebook page or
call Nick Miller, Sports Coordinator
895-5661 or email: Nick.Miller@pcsp.ca



SEPTEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 3
4	5	6	<ul style="list-style-type: none"> First Day of School – Beachy Cove Elem. Water Metering Public Meeting Moms and Tots 7	<ul style="list-style-type: none"> Legion Men's League Darts Begins 8	9	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 10
<ul style="list-style-type: none"> Ladies Start-up Dart Meeting @ Legion 11	<ul style="list-style-type: none"> Yoga Adult Fitness 12	<ul style="list-style-type: none"> Zumba (Rec Center) Legion Mixed League Darts Begins 13	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship St. Philip's Anglican Church Moose Supper Moms and Tots 14	<ul style="list-style-type: none"> Zumba (BCE) Yoga 15	16	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 17
<ul style="list-style-type: none"> St. Lawrence Rector's Induction Service 18	<ul style="list-style-type: none"> Yoga Adult Fitness 19	<ul style="list-style-type: none"> St. Lawrence ACW Card Game Zumba (Rec Center) 20	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship Moms and Tots 21	<ul style="list-style-type: none"> Zumba (BCE) Yoga 22	23	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 24
<ul style="list-style-type: none"> St. Lawrence "Back to Church Sunday" 25	<ul style="list-style-type: none"> Yoga Adult Fitness St. Philip's Anglican Church Card Game 26	<ul style="list-style-type: none"> Zumba (Rec Center) 27	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship Moms and Tots 28	<ul style="list-style-type: none"> Zumba (BCE) Yoga 29	<ul style="list-style-type: none"> Legion Country Corral Dance 30	

OCTOBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<ul style="list-style-type: none"> National Seniors Day St. Lawrence Dinner Theatre PCSP Hiking/Walking Club 1
2	<ul style="list-style-type: none"> Yoga Adult Fitness 3	<ul style="list-style-type: none"> Zumba (Rec Center) Holy Rosary Parish Card Game 4	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship Moms and Tots 5	<ul style="list-style-type: none"> Zumba (BCE) Yoga Adult Fitness 6	<ul style="list-style-type: none"> Tickle Newsletter Submission Deadline 7	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 8
9	<ul style="list-style-type: none"> Adult Fitness 10	<ul style="list-style-type: none"> Zumba (Rec Center) 11	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship Moms and Tots 12	<ul style="list-style-type: none"> Zumba (BCE) Yoga Adult Fitness 13	14	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 15
16	<ul style="list-style-type: none"> Yoga Adult Fitness 17	<ul style="list-style-type: none"> St. Lawrence ACW Card Game Zumba (Rec Center) 18	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship St. Philip's Anglican Church Harvest Festival Jiggs Dinner Moms and Tots 19	<ul style="list-style-type: none"> Zumba (BCE) Yoga Adult Fitness 20	21	<ul style="list-style-type: none"> PCSP Hiking/Walking Club 22
23	<ul style="list-style-type: none"> Yoga Adult Fitness St. Philip's Anglican Church Card Game Adult Fitness Yoga 24	<ul style="list-style-type: none"> Zumba (Rec Center) 25	<ul style="list-style-type: none"> St. Lawrence Cards & Fellowship Moms and Tots 26	<ul style="list-style-type: none"> Zumba (BCE) Yoga Adult Fitness 27	<ul style="list-style-type: none"> Legion Country Corral Dance 28	<ul style="list-style-type: none"> PCSP Children's Halloween Party PCSP Hiking/Walking Club 29
30	31					

Heritage Committee

Call for Pictures! Call for Artifacts!

Call for New Members!

The PCSP artifact and archive collection is growing. If you have pictures and memories or items you would like to see preserved please contact Julie Pomeroy, Heritage Programs and Services Coordinator, for assistance.

PICTURE PROGRAM

Our picture program has been implemented for residents to preserve precious mementos and for the archive to collect information. Donated photos will be professionally copied and returned to the donor along with a new professional copy so they are able to properly store these delicate items.

FAMILY HISTORY CLUB

The Family History Club will start back up in September. Meetings are traditionally on the second Wednesday morning of each month. If you are working on a family tree and would like to chat with others who are doing similar projects, join us, everyone is welcome to attend. These meetings have already seen some great conversations and collaborations; there are definitely more to come.

The Heritage Committee will return to their regularly scheduled meetings on the third Thursday of each month in September and we currently have some spaces available.

If you are interested in joining the Heritage Committee, the Family History Club, or if you would like to tell your stories, share your memories, or donate anything to the collections, please contact: Julie Pomeroy, Heritage Programs and Services Coordinator
Tel: 895-8000 ext. Email: 229 Julie.pomeroy@pcsp.ca



"Bark Pot" - Donated to the Town by Clarence Tucker. This Bark Pot is currently being used as a beautiful planter outside the main door of the Town Hall. The beautiful flower arrangement was designed and planted by Murray's Garden Center and Horticultural Services.

The Bark Pot predates Clarence's father, Robert Tucker, who was born in 1894. At one point this was the only pot of its kind in the Cove and was used by many people in Town. It is believed that it originally came from either Cape Breton or Ireland, and was used for "barking nets".

"Barking nets" is the process of using the Bark Pots as cauldron. They would be filled with bark and buds from coniferous trees and filled with water. This was then put over a fire and boiled for hours creating a sticky solution. Nets, and sometimes sails, were dipped into the sticky solution and then laid out to dry. The solution provided a coating on the nets that would protect them from rotting by the sea water, algae, and more.

Clarence only remembers it being used as a flower pot in his lifetime (he was born in 1931).

PCSP Advisory Committee

on the Environment Green Team



Angela Gillis, Tyler Cogswell, Leah Curnew, and Kailey Noonan

This summer, the Portugal Cove - St-Philip's Green Team surveyed the Beachy Cove Brook waterway to assess overall stream health, and determine stream locations that were ideal for establishing healthy fish populations. By surveying the main stream and its tributary offshoots, the team identified areas for remediation that would benefit from trout habitat restoration. Having healthy, viable fish populations in the region is important for both the local culture and local economy. According to locals, the area's trout population has been in decline, and improving the waterway is crucial to increasing the abundance of fish not only in the stream, but also in the ponds such as Oliver's, Hugh's, Mitchell's, and Hogan's.

This project provides the town and its residents with valuable knowledge about the Beachy Cove system. There are a number of areas where human activity has disrupted the normal movement of water, causing obstructions to fish, and introducing siltation through the destruction of stream substrate and bank vegetation.

With help from advisors, the Green Team was provided with the necessary tools and equipment in order to accurately report and compile data on the stream. They helped the team identify certain types of species and their survivable conditions, along with selecting locations that were ideal for remediation. During the survey, suitable areas were chosen for the remediation and installation of spawning areas, to assist with increasing trout populations and restoring a healthy waterway. With assistance from the PCSP Public Works, DFO, and community advisors, sites were prepared for washed gravel installation. With proper natural colonization, spawning should occur for brown and brook trout in October and November, and then Rainbow trout in April and May, with potential to double the young fish population in these ponds.

Special thanks goes to the Green Team's advisors Dick Whitaker, Rex Porter as well as Richard Van Ingen, Tim Anderson, ACE, and to Public Works for assistance in the spawning bed installation.



2016

THE 101st ANNIVERSARY
OF THE SECOND YEAR OF THE FIRST WORLD WAR

THE 76TH ANNIVERSARY
OF THE BEGINNING OF WORLD WAR II

THE 77TH ANNIVERSARY
OF THE BATTLE OF BRITAIN

THE 66TH ANNIVERSARY
OF THE BEGINNING OF THE KOREAN WAR

100TH ANNIVERSARY OF BEAUMONT HAMEL

Scent Free Building

Due to extreme health issues, please note that the Legion is a designated Scent Free Building. These are life threatening health issues so we respectfully request your cooperation.

Having a Birthday, Wedding, Banquet, Shower, or Family Reunion?

Book your function at the Royal Canadian Legion! Great Rates - Great Hall - Great Fun! The hall has A/C and an outdoor deck. Call 895-6521 for more information.

Monday - Friday: Open at 4:00pm
Saturday: Open at 12:00 noon
Sunday: Open at 2:00pm

Legion Representative Contacts

Len Collins, *President*: 895-6521
Micheal Pretty, *Service Officer*: 727-4674
Provincial Command: 753-6290

Darts Begin

Tuesday, Sept 13: Mixed League
Thursday, Sept 8th: Men's League

For further info contact Mary Burt at 895-6521

Dances

Country Corral Dance

Friday, September 30
\$7.00 Entry, 19 and over
Doors open at 8 pm
Come and join the fun.

Country Corral Dance

Friday, October 28
\$7.00 Entry, 19 and over
Doors open at 8 pm
Come and join the fun.

Children's Halloween Party

Adult Halloween Party.
Please contact the Legion at 895-6521 for more info please watch Legion sign.

Legion Poster/Poetry Contest

You can submit an entry directly to the Legion with a correctly filled out form which can be obtained from the school or directly at the Legion website at www.legion.ca.

ENTERING AND REGULATIONS

Students may enter as many contests as they wish to but may submit only one entry for each category.

DEADLINES FOR ENTRIES in the Poster and Literary Contests are determined by the local Legion branches.

**NOVEMBER
11TH IS ALMOST
UPON US**

**Plan to Join The Royal
Canadian Legion on Parade
in Remembrance**



LADIES DART LEAGUE

Hello Ladies, I will be starting up a Ladies Dart League on Sunday nights at the Legion in Portugal Cove. I will be having a meeting on Sunday September 11, 2016 @ 8:00pm for anyone interested in playing. Come along and bring a friend for a fun night out. You can send me a message on Facebook or give me a call at 895-0181. Tina Gosse. Hope to see you there!

Community Profile



(The Women's Institute received the Community Champion Award from the Canadian Cancer Society in May. Members are pictured here with Canadian Cancer Society staff.)

The St. Philip's Women's Institute have been volunteering in the community for more than 25 years. Throughout these 25 years, they have organized and donated too many great causes that benefit not only the local area, but well beyond, touching lives throughout the world. Every Christmas they have provided a full Christmas meal and a variety of gifts for a family in need here in our community. They donate a book every year to the PCSP library, regularly knit and donate scarves for the Special Olympics, sell daffodils for the Cancer Society, fill shoe boxes each year for Operation Christmas Child, and donate shoes to One Step Shoe Charity just to name a few. We are grateful for their dedication and proud they are a part of our community.

If you know of a business, person or community group that should be featured under our Community Profile, please email Jacqueline. clarke@pcsp.ca with the name and why they should be featured.

From the Mayor's Desk



????????????????????

dadsad

Moses

Water Metering Public Information Meeting

Wednesday, September 7

7:00 pm

Recreation Centre

The second public meeting is scheduled. Prior to the meeting an information package will be sent to all residents that will answer the questions identified at the first meeting and provide additional information on rate estimates, scheduling, costs and more. We look forward to sharing this information with the residents and getting their feedback and input. Please visit pcsp.ca for more details.



We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submissions for the November - December edition is 4:30pm Friday, October 7 2016. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or 895-8000 ext 222.