



Portugal Cove St. Philip's

Just imagine!



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The *Tickle* Newsletter

July - August 2015

Sonic Boom U13 Girls Take Home Silver



Congratulations to the Sonic Boom U13 Girls Basketball Team on their silver medal win at the Atlantics Basketball Tournament in Prince Edward Island! Robyn Sharpe and Karoline Keating, both of Portugal Cove – St. Philip's, and all their team mates left a trail of victims to make the finals. The girls played their hearts out in a close game and brought home silver medals! Great job ladies!

Congratulations Janet Martin!



Janet Martin participated in the Classic World Powerlifting Competition recently in Salo, Finland and brought home a number of medals and even a National record! Janet returned to Portugal Cove – St. Philip's with a bronze medal in each of the Squats and Deadlift categories, and another bronze medal in Women's Masters II, 84kg division. Third in the world! Janet also broke the National Record for Squats with 155kg. Congratulations Janet! Your serious hard work and dedication to the sport have certainly paid off.

PCSP Legion Dart Team Wins National Title in BC!



Congratulations to Jerry Spurrell, Mitchell Burt, Patty O'Grady, and Gary Kavanagh, of the Royal Canadian Legion Branch 10 Portugal Cove – St. Philip's Dart Team for bringing home the National Title! The Tournament was played in Surrey, BC from May 1 – 3, 2015.

IN THE WORKS

Illegal Dumping Dogberry Hill Road Extension

Over the past few weeks the Public Works office has received several phone calls from residents in and around the Dogberry Hill Road Extension area with concerns about the large pile of garbage that has been illegally dumped on the side of the road. The office has also received calls requesting that this garbage be collected as part of the Bulk Garbage Service. It is important that residents understand that the Bulk Garbage Service is by appointment only - there are no designated drop off areas in our Town for garbage, and, there are restrictions on what is acceptable.

Items such as tires, gasoline and paint cans, vehicle parts, oil drums, wood pallets, televisions and broken glass are all seen in the photos – these items are not considered bulk garbage and are not items the Town can collect or dispose of.

Residents are advised that this dumping is illegal and in contravention of the Town's Litter, Garbage and Refuse Regulations. This matter is currently under investigation and anyone with information related to those persons involved with this activity are asked to call the Public Works office at 895-8000 ext. 228. Those involved with such activity can be fined in line with the Town's Litter, Garbage and Refuse Regulations.

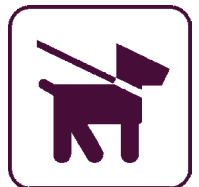


Animal Control

Off Leash and Roaming Dog Concerns

There has been a significant increase in the volume of complaints received at the Public Works office in relation to residents allowing dogs to roam free from their property or walking off leash on roadways and in parks. These complaints are taken very seriously by the Town and with the

assistance of our Animal Inspectors, they will be investigated, and where necessary, action will be taken. Under the Animal Health and Protection Act and the Town's Animal Control Regulations, unleashed or untethered dogs is a ticketable offence. The Town asks that Residents make every effort to respect these Regulations. All Regulations can be found by visiting www.pcsp.ca/living



A Safety Moment with SafePCSP

Summertime in Portugal Cove - St. Philip's! Hopefully we've all been able to strip down to a single layer, dusted off those sunglasses, and basked (if only briefly) in the warm temperatures that are fleeting but nonetheless glorious. The recreation areas, playgrounds, and roadways alike are teeming with activity these days! It is wonderful to see and be apart of! This is the time of year when driving safely is of utmost importance, and we all share the responsibility and have the capability to keep the community safe.

How can an individual make a difference? Condition yourself to drive, bike, walk, and run fully aware of your surroundings and in a safe way. Be the pace car that reinforces what are the posted speed limits. Be respectful to your neighbours, whether they are walking, running, riding, or driving, and keep in mind at all times just how deadly a vehicle can be. Last but not least, please call in any forms of dangerous driving to the RNC **(729-8000)**! You don't have to identify the car or driver to make an impact. We simply need to start logging complaints to quantify areas of concern, and see real action.

Wishing you all a safe and joyful summer!

Portugal Cove – St. Philip's Community Garden



The Portugal Cove-St. Philip's Community Garden is growing!! There has been a great interest in the 8 x 4 foot beds settled in Rainbow Gully Park, between the soccer and the softball fields. Seeds have been sown already and we will soon see the little green shoots of future vegetables and flowers showing in the beds. All we need now is some good growing weather. There will be a great fall harvest celebration!!

There are still a few regular sized beds available plus 2 higher raised beds for wheelchair accessibility. Contact the Town Hall for information on how to arrange for a bed. There are members of the Community Garden Committee available to help those who are unsure of the steps to take in getting started.



REPORT SUSPICIOUS ACTIVITY

If you see any kind of suspicious activity around Town, or have concerns around speeding, reckless driving, possible criminal activities, and so on, please call the Royal Newfoundland Constabulary non-emergency number 729-8000 asap. The more calls they get for an area of concern, the more resources they can allocate for that area.

NL Families Separated By Work

Newfoundland and Labrador has a long history of families who faced the daily challenges that occur when one partner has had to leave home "for work". Traditionally that meant men "going to sea", leaving to log, working the mines, and even clergy or healthcare workers setting out across the land to care for people in need.

In each of those traditional situations, tight-knit communities and large families kicked in to help each other out. The "It takes a village to raise a child..." philosophy could as easily originated in our province!

Today is no different. Employment takes partners off-shore and out of province. For family members left at home, there is the added workload of keeping the home and life running smoothly without a second set of eyes and hands to help. For the partner "away", there is the emotional stress of missing out on special occasions as well as on the everyday joys of watching children grow. Returning home can be an adjustment for each and every family member in their own way, as practices and routines;

ideas and plans shift to accommodate another person.

Here in Portugal Cove- St. Philip's, a group has evolved to help strengthen families facing these challenges. "NL Families Separated by Work" is a Facebook group which aims to offer supportive connections. It is built upon the foundation of Family Resource Centers. It aims to identify stressors, but also, to highlight the positive benefits for families. The ultimate goal is to pave a smoother, happier family experience for everyone. Melissa Ralph and Amy Chislett, as mothers, have formed this group right here in our community.

The public health nurses, have seen the value in linking people together to deal with issues that we face in our day to day lives. Connections help! Together we are all stronger!

For more information contact either Amy or Melissa (churchill_melissa@Hotmail.com); "NL Families Separated By Work" Facebook group, or your local public health nurse (Lynne Brazil, Joan Veitch or Janet Fox-Beer).

L'école élémentaire Beachy Cove Elementary

**Will reopen for 2015-2016 on
Wednesday, September 9, 2015 for
all learners except kindergarten.**

Learners in grades one, two, and three will start at 8:30am and learners in grades four, five, and six will start at 9:30am. Please note that this staggered opening is for THIS DAY ONLY.

Busses will make their normal runs for the 8:30am (1-3) start time and then will do their runs all over again to pick up students for the 9:30am start time (4-6).

We are putting these measures in place to combat the volume of traffic we see on opening day.

School opens for kindergarten learners on Thursday, September 10, 2015 in accordance with schedules already distributed.

Please direct your questions to Aubrey Dawe, Principal at principal@beachycove.ca.

Pink Days in Bloom

Murray's is delighted to be again involved in this great fundraiser for the Canadian Breast Foundation-Atlantic Region. Join us for prize draws, a baked goods sale and more - all in support of Breast Cancer Research.

Date: Wednesday, July 1
Location: Murray's Garden Centre



Eco-Weekend

Return your plastic nursery pots and trays for recycling, find great specials on organic fertilizer, and visit our display veggie garden. In support of greenspace preservation we will be raising fund towards the East Coast Trail Association.

Date: Thur-Sun, July 16-19
Location: Murray's Garden Centre

Garden Competition 2015



The Town of Portugal Cove - St. Philip in partnership with Murray's Garden Centre, will be awarding residents and businesses who contribute to the beauty of our community, with the Annual Garden Competition Awards.

Judging will take place the week of July 14th – 17th

Deadline for Registration is Friday, July 10th

Prizes will be awarded for the following categories:

Best Landscape Design

Best Kept Property

Best Veggie/Fruit Garden

*Business Beautification
Award*

Peoples Choice Award

*First place in each category
will receive a \$100 certificate
donated by Murray's*

To register please call Nicole Clark at 895-5661, email nicole.clark@pcsp.ca or visit Murray's Garden Centre at 1525 Portugal Cove Rd.

A description of each category is available at www.pcsp.ca



Sponsored by: Murray's Garden Centre





KILLICK COAST GAMES 2015

Killick Coast Games are a fun, friendly summer games taking place in the region for participants ages 11—17. Youth can take part in ball hockey, basketball, soccer, softball and cross country running.

Hosted By:

Town of Portugal Cove—St. Philip's

When:

Sunday July 26th—Thursday July 30th

Registration:

May 1st—June 6th to guarantee placement

*Registration will only be taken after this date if by
space is available*

For complete registration information
(information package and registration form) please visit:

www.pcsp.ca

Contact:

Nicole Clark

Programs and Event Coordinator

895-5661



Canada Day

July 1st 2015 celebrations!



Join us for the Flag Raising, Bicycle Rodeo, Fire Department Open House, Annual Parade, Carnival, Magic Show, the Show & Shine Car Show, Fireworks and more!

Check out the full schedule of events, visit www.pcsp.ca
or contact Nicole Clark in the Recreation and Community Services
Department at 895-5661.

REGATTA FESTIVAL 2015

June 27 - July 4

Celebrate the Portugal Cove - St. Philip's Regatta with a week long festival of events. Come on out for Breakfast at the Legion, the Wag n' Walk, an outdoor movie, picnics, card games, bingo, bowling, hiking, a youth challenge and of course RACE DAY!

For a full schedule of events, visit www.pcsp.ca



Sponsored by:

VOCM
LOCAL NEWS NOW

HITS
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Dribbling Disco Basketball Program is Back!

HAVE YOU HEARD ABOUT "DRIBBLING DISCO"?

Dribbling Disco is a fun-filled basketball skills development experience. It is a fantastic skill-building program for any child interested in basketball, music, and having fun!

Don't let the disco lights fool you though; you need to be prepared to work hard. All of our funky moves will help you not only on the disco floor but on the basketball court too!



When: 4 weeks session starting in July (Dates TBD)
Time: TBD
Where: Recreation Centre
Cost: \$120 per person
Instructor: Scott Noftall – Next Level Basketball Training
Program is Pending Registration

More details to come! For more information please contact the Recreation Department at 895-8000 ext 4

"So many kids drop out of sports because it's not fun. This program will help kids get skilled while they enjoy themselves. The more skilled the more fun and vice versa".

Holy Rosary Parish

Holy Rosary Parish, **CEMETERY MASS**, Sunday, July 12 at 11:30 am. If inclement weather, Mass will be held in Church.

Holy Rosary Parish, **GARDEN PARTY**, Sunday, July 12 starting at 12:30 pm. All the usual attractions and fun for the whole family.

CARD GAME in aid of the Garden Party, Tuesday, July 7 at 8 pm in the parish hall; Holy Rosary Parish Hall, Portugal Cove \$5.00 admission; excellent prizes; lunch will be provided; please bring your own cards

Also **WEEKLY CARD GAME**, at Holy Rosary Parish Hall, starting Monday, July 20 at 2pm; \$2.00 admission; please bring your own cards and baskets.

SAVE THE Date

Seniors Bus Run in August Details to Come!

Mayors March Tournament Annual Fundraiser for The Heart and Stroke Foundation



Once again the Council and staff from several North East Avalon communities got together for a light-hearted softball competition to raise money in support of the Heart and Stroke Foundation. Teams from Portugal Cove – St. Philip's, Logy Bay-Middle Cove-Outer Cove, Torbay, and the communities of Pouch Cove – Bauline – Flatrock combined, went head to head on the newly renovated Voisey's Brook Park diamond on June 6th and together this year we have raised more than \$2000.00 for the charity. After many laughs, some great plays and a few close scores, the Town of Torbay took home the championship game. We are all looking forward to next year! (*missing from the group photo is Team PBF*)

JULY 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<ul style="list-style-type: none"> PCSP Canada Day Events Pink Days in Bloom – Murray's Garden Centre 1	<ul style="list-style-type: none"> Outdoor Movie Picnic in the Park 2	<ul style="list-style-type: none"> Parent –n- Tot Picnic 3	<ul style="list-style-type: none"> PCSP Hiking / Walking Club Regatta Day! 4
5	6	<ul style="list-style-type: none"> Holy Rosary Garden Party Card Game 7	8	9	<ul style="list-style-type: none"> Garden Competition Submission Deadline 10	<ul style="list-style-type: none"> PCSP Hiking / Walking Club 11
<ul style="list-style-type: none"> Holy Rosary Cemetery Mass Holy Rosary Garden Party 12	Orangemen's Day Holiday 13	<ul style="list-style-type: none"> Garden Competition Judging Lions Club 14	<ul style="list-style-type: none"> Garden Competition Judging 15	<ul style="list-style-type: none"> Garden Competition Judging Eco-Weekend – Murray's Garden Centre 16	<ul style="list-style-type: none"> Garden Competition Judging Eco-Weekend – Murray's Garden Centre 17	<ul style="list-style-type: none"> PCSP Hiking / Walking Club Eco-Weekend – Murray's Garden Centre 18
<ul style="list-style-type: none"> Eco-Weekend – Murray's Garden Centre 19	<ul style="list-style-type: none"> Holy Rosary Weekly Card Game 20	21	22	23	<ul style="list-style-type: none"> Parish of St. Philip's ACW Seniors Day 24	<ul style="list-style-type: none"> PCSP Hiking / Walking Club 25
<ul style="list-style-type: none"> Killick Coast Games 26	<ul style="list-style-type: none"> Killick Coast Games Holy Rosary Weekly Card Game Parish of St. Philip's ACW Card Game 27	<ul style="list-style-type: none"> Killick Coast Games Lions Club 28	<ul style="list-style-type: none"> Killick Coast Games 29	<ul style="list-style-type: none"> Killick Coast Games 30	31	

AUGUST 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<ul style="list-style-type: none"> PCSP Hiking / Walking Club 1
2	<ul style="list-style-type: none"> Holy Rosary Weekly Card Game 3	4	Royal St. John's Regatta 5	6	<ul style="list-style-type: none"> Tickle Newsletter Submission Deadline 7	<ul style="list-style-type: none"> PCSP Hiking / Walking Club 8
9	<ul style="list-style-type: none"> Holy Rosary Weekly Card Game 10	<ul style="list-style-type: none"> Lions Club 11	12	13	14	<ul style="list-style-type: none"> PCSP Hiking / Walking Club End of Season Regatta (PC Rowing Club) 15
16	<ul style="list-style-type: none"> Holy Rosary Weekly Card Game 17	18	<ul style="list-style-type: none"> Legion Back to School Bingo 19	20	21	<ul style="list-style-type: none"> PCSP Hiking / Walking Club Parish of St. Philip's ACW Walk-a-Thon 22
23 30	24 <ul style="list-style-type: none"> Holy Rosary Weekly Card Game Parish of St. Philip's ACW Card Game Holy Rosary Weekly Card Game 31	<ul style="list-style-type: none"> Lions Club 25	26	27	28	<ul style="list-style-type: none"> PCSP Hiking / Walking Club 29

2015

THE 100TH ANNIVERSARY
OF THE SECOND YEAR OF THE FIRST WORLD WAR

THE 75TH ANNIVERSARY
OF THE BEGINNING OF WORLD WAR II

THE 76TH ANNIVERSARY
OF THE BATTLE OF BRITAIN

THE 65TH ANNIVERSARY
OF THE BEGINNING OF THE KOREAN WAR

We honour all those who paid the ultimate sacrifice in all of the Wars, Conflicts and Peacekeeping Missions of our time past, present and future. Please join the Royal Canadian Legion on parade in 2015 to honour them in Remembrance and Gratitude. Details will appear in future newsletters.

War Memorial

War Memorial Re-Dedication Ceremony will be 28 June 2015. Anyone can lay a wreath, if you wish to be part of the official program please contact the Legion. It is not too late to have any family members name who served in operations or war added to the memorial.

You can also make a tax deductible donation and purchase a paver stone that can be engraved with a loved one's name or any message. The Post Office, Legion and Town hall have all the forms as do most businesses. Cutoff date to ensure they are ready for the re-dedication on 28 June is 30 April 2015. Contact Michael Pretty 727-4674 if you have any questions.

Having a Birthday, Wedding, Banquet, Shower, or Family Reunion?

Book your function at the Royal Canadian Legion! Great Rates - Great Hall - Great Fun!

The hall has A/C and an outdoor deck.

Call 895-6521 for more information.

Monday - Friday: Open at 4:00pm

Saturday: Open at 12:00 noon

Sunday: Open at 2:00pm

Old Fashioned BINGO!

Every Wednesday Night at 8:00pm

Yes, we still have the old fashioned hard cards:

PickaBingo, Early Bird, Lucky 7, and Satellite.

Includes a Jackpot Game (Hard Cards). Plus

Nevada Tickets and Fun! Come join us!

Please bring your friends to enjoy the fun

Legion Representative Contacts

Len Collins, *Legion President*: 895-6521

Doug McCarthy, *District Commander*: 753-6666

Brenda Slaney, *Executive Director*: 753-6666

Micheal Pretty, *BR 10 Service Officer*: 727-4674

Provincial Command Service Officer 753-6290

Scent Free Building

Due to extreme health issues, please note that the Legion is a designated Scent Free Building. These are life threatening health issues so we respectfully request your cooperation.

I'm still on the journey with Kate MacEachern for thelongwayhome.ca

"It's been amazing and I'm so proud that this section of the journey began at our town's gala for volunteers. Kate sends warm wishes and thank you's to everyone. This team is raising incredible awareness that Post Traumatic Stress Disorder can affect ANYONE not just Combat Soldiers. I miss everyone... I miss calling Bingo at the Legion but I wanted to let you all know... this journey is worth every moment".

JoAnne Power aka Jo "Gunny" Gilliland
The Long Way Home

BACK TO SCHOOL



August 19

All Ages

Doors open at 6 pm

Bingo begins at 7:30 sharp

2 Extra games for the kids

PCSP Advisory Committee on the Environment (ACE)

PCSP Advisory Committee on the Environment (ACE) is made up of volunteers that have been appointed by PCSP council to steward environmental issues for the town. Committee members have a wide variety of backgrounds and experiences in environmental issues – they are (in alphabetical order): James Blackmore, Marlene Creates, Luise Hermanutz, Shawn Kean, Dick Whitaker and Sue Willis (chair).

The town of PCSP provided ACE with a Terms of Reference that outline areas where they would like feedback and/or advice (e.g. development of an environmental strategic plan, educating and creating awareness of environmental issues, advising council on environmental regulations and guidelines, supporting environmental groups within the town).

In compliance with these Terms, ACE has been busy working on several initiatives, such as:

- Providing advice and direction on the recent algae blooms in local ponds;
- Drafting recommendations for environmental landscaping (for developers and landowners);
- Promoting a no idling campaign,
- Working on a policy/plan for trail development, and
- Promoting sustainable development in our town.

Because our town is growing and will continue to do so, ACE would like to get an idea of what residents consider important. This may include things that should be promoted (e.g. awareness of special areas) or things that are causing concern (such as litter/recycling issues). To assist in compiling these items, and to educate and create awareness of environmental issues in the community, we'll be hosting an environmental fair in early fall 2015. Of course, if you would like to provide feedback prior to this, please do not hesitate contacting us via Jeff's email below.

If you are interested in contributing or supporting the committee please phone Jeff Lawlor at the Town Hall at 895-8000 ext 222 and if you'd like to report any environmental problems you see around the community please phone the Town Hall at 895-8000.

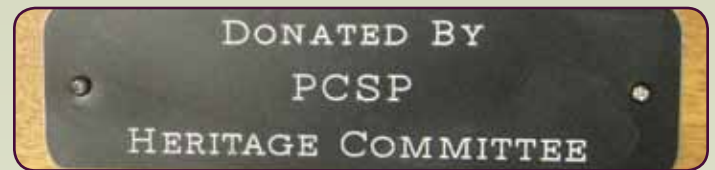
Note: In NL, Environment Canada (as per their website: <https://www.ec.gc.ca/ee-ue/default.asp?lang=En&n=EED2E58C-1>) have a number to call in case of an environmental emergency or incident:

Newfoundland and Labrador
Newfoundland and Labrador Regional Office
Canadian Coast Guard
Fisheries and Oceans Canada
Telephone: 709-772-2083 or 1-800-563-9089

Heritage Committee Donates Desk

John Lukins and Sheila Roberts visited Beachy Cove Elementary on behalf of the Heritage Committee to donate an old desk that has been engraved to celebrate the community's history of education.

"The desk is a big hit with the kids! It has been placed in the school library and is a favourite spot to sit and read!"



End of Season Regatta



Kevin Greeley from the Portugal Cove St. Philips Regatta Committee would like to remind everyone to come join us, and help celebrate our 10th End of Season Regatta. Yes 10th, can you believe it? The big day will be Saturday August 15th, 2015 at the Portugal Cove Harbour. First race will be at 8:00am weather permitting. Come cheer for your favorite crews. Some of our more exciting races are the Parish Race, Fisherman's Race and the Family Race.

Let's see if the United Church will defend their win from last year, or will the Holy Rosary Parish two time Champions come back and try and regain their glory from being sat out last year. Maybe the Dark Horse, the St. Lawrence Parish will surprise everyone. Don't forget the Fisherman's Race I have heard that the Day's will be back to take on all comers. They don't want to lose their title.

There will be many other races to watch as well as games of chance, and live entertainment.

An event like this would not be possible without the help from our many volunteers - thank you to you all. Anyone interested in volunteering, either at the races or with our Regatta Committee this year can contact Donna White at 895-3759 or 749-1006

People who would be interested in rowing could contact Cyril Greeley at 895-0015 or Kevin Greeley at 745-8031 or 699-8383.

See you at the races!

From the Mayor's Desk



L-R: Mayor John Kennedy, LBMCO; MHA Kevin Parsons, Mayor Joedy Wall, Pouch Cove; Mayor Moses Tucker, Portugal Cove – St. Philip's; and Mayor Ralph Tapper, Torbay.

What an exciting and active program our Recreation Department has planned for Portugal Cove St. Philips this summer, especially for the youth of our community. To complement our amazing recreation facility in Rainbow Gully Park, Completion of our equally amazing Voisey's Brook Park extension and upgrade will be finished in next few days. PCSP is home to the most "state of the art and all-inclusive facilities" on the North East Avalon. Voisey's Brook Park will be home of an all-new inclusive playground, a multi activity court, a superbly equipped skate park, fantastic walking and hiking trails, two newly created off-leash dog parks and much more. There is certainly something for everyone.

Portugal Cove St Philips is also proud to be hosting the Killick Coast Games this year. Youth ages 11 through 17 from all the Killick Coast communities (Bauline, Pouch Cove, Flatrock, Torbay, Logy Bay-Middle Cove-Outer Cove & PCSP) will be coming together at our fabulous facilities to celebrate their love of sport and physical activity during the last week of July. Also, other exciting events for all ages are planned for Canada Day and Regatta week and the weather predictions appear to be accommodating. I'm looking forward to seeing all of you attending or participating at these events and many more,

during this summer season.

I invite everyone to become involved in outside physical activities and enjoy the fresh air as often as you can. Please take care of yourself and have a safe and happy summer!

Moses



PCSP Hiking & Walking Club

NEIGHBOURS BECOME FRIENDS WHILE ENJOYING THE GREAT OUTDOORS




You are invited to join the PCSP Hiking & Walking Club on their next walk! Every Saturday, weather permitting, they get together as a group to explore the great outdoors. Hikes vary to appeal to participants of all ages and abilities and are organized and led by someone who knows the trail.

For more information and to have a look at the latest newsletter check out their website, where you can sign up to receive weekly notices of each hike.

WEBSITE: <https://sites.google.com/site/pcsp hiking walking/home>

EMAIL: pcsp hiking walking@gmail.com

Come out and join us, enjoy the outdoors and make some new friends!



Portugal Cove – St. Philip's Lions Club

Meetings every **second and fourth Tuesday** of the month.

New members welcome!

Starts at 7:30pm at the Holy Rosary Community Centre

Have you ever considered being a Lion? Did you grow up in a town with a Lions Club, or have you ever benefited from a Lions program? Your Lions Club wants you! The PCSP Lions Club is looking for men and women who are keen to serve and make a difference in their community. Our current membership includes students, working people, parents with small children,

and retirees who attend two evening meetings per month and participate in service activities as their schedules dictate.

Entering its 100th year of service, Lions International is a recognized leader in sight conservation, poverty reduction, disaster relief, environmental stewardship and work with children and youth. It remains the largest organization of its type in the world, with a global network of 1.35 million members in over 200 countries. To learn more, visit www.be-a-lion.org, Google "Portugal Cove St. Philip's Lions Club," or follow us on Twitter @PCSPLions. Want to speak with a real person about the benefits of Lionism? Call 895-6940.

We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submission for the September – October edition, deadline is 4:00pm August 7. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or 895-8000 ext 222.