

Just imagine!





The Tickle Newsletter January - February, 2015

You will be missed

"Love of my Life, You did not go away. You just went on ahead."

"God Bless"

To the Mayor, Councillors, Employees and the Town of Portugal Cove – St. Philip's:

On behalf of Our Precious Loretta, we would like to thank you for the kindness, consideration, and high regard you have shown us during our difficult time. The flowers were beautiful.

Again, we thank you, Victor & family.

Loretta Tucker spent more than 30 years with the Town of Portugal Cove – St. Philip's and we are truly grateful for her many years of dedication and service.



Congratulations Phoebe Miller

Phoebe Miller of Portugal Cove – St. Philip's became an Honorary Member in the C.L.B. Ms. Miller was presented with this great honour by The Honourable Frank Fagan, Lieutenant Governor of Newfoundland and Labrador, and Colonel Al Pelley of the C.L.B. on November 12, 2014 at Government House.



Lest we Forget

The Town wishes to thank all those who participated in the Rememberable Day event this year. It was an inspiring and reflective moment for all as a very large crowd came out to the War Memorial.





AWARDS AND BUSINESS St. Philip's SUMMIT

On behalf of the community, the Town Council would like to congratulate the winners and all those nominated for the Best of PCSP Awards.

The Business Summit started the day with a series of presentations to different businesses in PCSP. The evening saw the formal Best of PCSP Awards event with special guests Minister Darin King and Minister David Brazil.





BEST NEW BUSINESS

Nominees Jennifer's Groom Room Murray Meadows Farm

Winner **Breakwater Pharmacy**

DEVELOPER OF THE YEAR

Nominees Mike O'Leary Cal Ollerhead

Winner Dan Whelan

EMPLOYEE OF THE YEAR

Nominees

Hazel Newport, Tilt House Bakery Shannon Barbour and Myles Whitaker Murrays Garden Centre and Horticultural Services Carrie-lee Morgan, Breakwater Pharmacy

Winner Lisa Hussey, Murray's Pond Country Club.

BUSINESS OF THE YEAR

Nominees Sharpe's Store Tilt House Bakery

Winner

Murray's Garden Centre and Horticultural Services

Thank you to our sponsors









Safety Tips for Wood Burning Appliances



There is comfort in the crackling sound of a wood-burning fireplace or stove on a cold winter's night. But warm and cozy can quickly turn dangerous, destructive and deadly if your wood-burning unit is not properly installed or regularly maintained.

Preparation Tips

- Preventative care and a well-designed area for burning wood can reduce the likelihood of an unintended incident. For example, when installing a woodstove, situate it on a noncombustible surface such as a tile floor. Adequate ventilation is very important for preventing carbon monoxide poisoning; make sure that a door or window is easily accessible from your wood-burning area.
- Consult a professional about proper installation of stove pipes.
 If you are using a fireplace, regularly have the chimney cleaned and serviced by a professional. Keep an area of at least one metre around the stove or fireplace clear of anything that might catch fire or overheat.
- Know what to expect from your wood-burning unit. Stoves are
 designed to heat larger areas, and emit warmth from all sides.
 You may need to install a heat shield behind or beside the
 stove to prevent heat damage to any nearby walls. A fireplace,
 meanwhile, is primarily decorative and often does little more
 than provide some heat to the room in which it is located.

Firing it up

- Before lighting your fireplace or wood-stove, open the damper to allow for good airflow. Keep the damper open until the fire is out and the ashes are cool enough to touch.
- Build your fire with a small amount of dry, seasoned wood to keep the flames under control. Resist the temptation to overload your fireplace or stove. Burning too much wood at once can cause tar and creosote to build up in your chimney or stove pipes, which creates a fire hazard.
- Never use highly flammable materials such as wrapping paper or gasoline in a woodstove or fireplace. These substances can create dangerous fireballs in an instant and, just like burning too much wood at once, can cause a buildup of flammable materials in your chimney or stove pipes.
- Always use a screen in front of the fireplace, and never leave children unattended by a fire. Have a fire escape plan for your house and regularly review it with your family.

IN WORKS

Household Hazardous Waste

Please be reminded that household hazardous waste should not be placed in your regular curbside garbage.

Leftover household products that contain corrosive, toxic, ignitable, or reactive ingredients are considered to be household hazardous waste (HHW). Products, such as paints, cleaners, oils, batteries, aerosol cans, used cooking oil and pesticides that contain potentially hazardous ingredients require special care when you dispose of them.

Improper disposal of HHW can include pouring them down the drain, on the ground, into storm sewers, or in some cases putting them out with the trash. The dangers of such disposal methods might not be immediately obvious, but improper disposal of these wastes can pollute the environment and pose a threat to human health.

Recently, during a routine garbage collection, our Operators came upon a curbside garbage bag with a minor fire; fortunately our compactors are equipped with extinguishers and the Operator quickly smothered it. It was uncovered that the garbage contained 9 volt batteries and tin cans – this was likely the cause of the ignition.

A HHW Depot is located in the Residential Drop-Off at the Robin Hood Bay Waste Management Facility at 340 East White Hills Road and is open year-round Wednesdays and Saturdays from 8:00a.m. to 4:00p.m.

The Public Works staff thank you in advance for your cooperation in properly disposing of your HHW material.

Garbage Pickup (every week)

Recycling Pickup (every second week)

JANUARY 2015							FEBRUARY 2015						
Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat
	29	30	31	1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31							

MARCH 2015						APRIL 2015							
Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28	29	30		



Branch 10, Portugal Cove

Legion Happenings...

2014 THE 100TH ANNIVERSARY OF THE BEGINNING OF WORLD WAR I



THE 75TH ANNIVERSARY OF THE BEGINNING OF WORLD WAR II

We honour all those who paid the ultimate sacrifice in all of the Wars, Conflicts and Peacekeeping Missions of our time past, present and future. Please join the Royal Canadian Legion on parade in 2014 to honour them in Rememberance and Gratitude. Details will appear in future newsletters.

War Memorial Restoration Project Portugal Cove-St. Philip's

As those of you who have driven by the memorial lately you can see we are undergoing a wonderful renovation project that will be completed by July 1, 2015. It will expand the site and add the names of those veterans from Portugal Cove - St Philip's from all conflicts and peacekeeping missions that residents have fought in. Key points are:

FOR DONATIONS - Please obtain the forms available at the Town Hall, The Legion, on the Towns web site. Also available at local businesses.

- 1. You have an opportunity to donate to this amazing and meaningful project. You can donate the cost of a bench or a granite paver stone in your family's name and have them personalized as a tribute. Tax receipts will be issued and all donations of any amount are welcome.
- 2. You can donate the amount of a bench or a granite paver stone and have it engraved with your family name/business or another saying and a logo.

ADDITIONAL NAMES FOR THE MEMORIAL - Please obtain the forms available at the Town Hall, The Legion on the Towns web site. Also available at local businesses. If there is anyone in Portugal Cove-St. Philip's who believes there are names from their family that should be put on the War Memorial, now is the time to get the information to the Legion.

- 1. We are going to remember all veterans from Portugal Cove - St Philip's who served in any war/conflict or during Peacekeeping Operations. Names will be accepted for any Military from any Country of service.
- 2. Some Branches of service are, but not limited to, Army, Navy, Air Force, Merchant Marine, Naval Reserve, Forestry Corps, Service Corps, Nurses and Voluntary Aid Detachment (VAD).
- 3. Some of the possible conflicts are, but not limited to, the War of 1812, Boer War, World War One and Two, Korean War, Gulf War, and the Afghanistan War.

Having a Birthday, Wedding, **Banquet, Shower, or Family** Reunion?

Book your function at the Royal Canadian Legion!

Great Rates - Great Hall - Great Fun! The hall has A/C and and an outdoor deck. Call 895-6521 for more information. Monday - Friday: Open at 4:00pm Saturday: Open at 12:00 noon Sunday: Open at 2:00pm

Old Fashioned BINGO!

Every Wednesday Night at 8:00pm

Yes, we still have the old fashioned hard cards: PickaBingo, Early Bird, Lucky 7, and Satellite. Includes a Jackpot Game (Hard Cards). Plus Nevada Tickets and Fun! Come join us! Please bring your friends to enjoy the fun

Legion Representative Contacts

Len Collins, Legion President: 895-6521 James Kennedy, District Commander: 689-9241

Brenda Slaney, Executive Director: 753-6666 Micheal Pretty, Branch 10 Service Officer 727-4674

Provincial Command Service Officer 753-6290

Scent Free Building

Due to extreme health issues, please note that the Legion is a designated Scent Free Building. These are life threatening health issues so we respectfully request your cooperation.

Seniors Christmas Dinner & Dance

January 10, 2015

Come and see a New King and Queen Crowned:

By Queen June White and King Jake

We all hope they enjoyed their Royal Reign in 2014.

Ladies Dart League

Starting January 11, 2015 at7:30 pm

Bingo Resumes

January 7, 2015 at 8 p.m.

Legion Playdowns-Darts and Crib

January 24, 2015 Weather permitting. PLEASE NOTE: January 25, 2015 will be alternate date for Playdowns. Contact Legion for further details.

Legion Playdowns-Darts and Crib

February 21, 2015

Contact Legion for further details.



Friday, February 13 to Sunday, February 22

Get ready for all the snow-tastic fun to come!

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ANTI-BULLYING DAY

Wednesday, February 25

The Town is supporting Pink Shirt Day. Everyone is encouraged to

WEAR PINK to show your support to

BULLYING.



Employment Opportunity

Easter Camp

The Recreation Department is looking for enthusiastic individuals to join our Team as Camp Councilors for a week of Easter Camp (April 6-10). Applications can be found at www.pcsp.ca or at our Town Hall. For more information contact Robin at 728-7526 or email robin.wight@pcsp.ca

Deadline for Applications: Friday, February 13, 4:00pm

Youth

The Town of Portugal Cove – St. Philips wants to make our community "youth friendly" and we need your help!

We are looking for a team of enthusiastic individuals (ages 13-18) from our community to step up and make this happen!

Make a difference, have your voice heard, and bring on change!

For more information please contact Robin Wight at **728-7526** or email **robin.wight@pcsp.ca**

Volunteers!

The Recreation Department is looking to assist with the revival of a PCSP Recreation Committee. Are you interested in being a part of an organization that host community events, fund-raisers, and other projects within your community? Get out there and get your ideas heard. This organization would be a non-profit group with an elected board by the members of the organization. If interested or wanting any further information, please contact Dawn Sharpe at **895-8000 ext 4**.

FITNESS PROGRAMMING

ZUMBA 2015

Date: January 13th – March 7th (8 Week Session)

All classes pending registration

Times: Tuesdays: Recreation Centre

8:15pm-9:15pm (Toning)

Thursdays: Beachy Cove Elementary 8:15pm-9:15pm (Regular Zumba) Saturdays: Recreation Centre 9:30am-10:30am (Sentao)

Cost: One Class: \$64

Two Classes: \$128 Three Classes: \$154 Drop In Fee: \$10 per class

Equipment: Toning sticks (small dumbbells) for Tuesdays

class



YOGA

Date: January 15th – March 26th (11 Week Session)

Time: Thursdays, 6:30pm-7:30pm

Sundays, 7:00pm-8:00pm

Location: Recreation Centre **Cost:** One Class - \$110

Two Classes - \$198

Equipment: Yoga Mat

*Sundays class is pending registration.

ADULT FITNESS

Date: January 13th – April 2nd (11 Week Session)

No class for 1 week (Dates TBA)

Time: Tuesdays & Thursdays, 10:30am-11:30am

Location: Recreation Centre

Cost: \$25

REGISTRATION FOR FITNESS PROGRAMS:

Registration will begin on Monday, January 5th at 8:30am. Please contact Robin Wight at 728-7526 or email robin.wight@pcsp.ca to register! (no online registration, first come first serve).

LIBRARY PROGRAMS 2015

STORYTIME

Registration is now open for the Winter Sessions. Preregistration is required – spaces are limited.

Wednesday Session:

Date: Beginning January 14th

Time: 2:00pm

Friday Session:

Date: Beginning January 16th

Time: 10:30am

Fee:

\$20.00 per child



TOTS & US

Come out and interact with other families within your community! This program is a good way for children to socialize through craft making and freestyle play and it gives parents/caregivers an opportunity to network with others in a relaxed and enjoyable setting.

To register please contact Joanie at 895-8000 ext 226 (joan. white@pcsp.ca) or Robin Wight at 728-7526 (robin.wight@pcsp.ca)

Location: Recreation Centre
Date & Time: Beginning January 14th

Wednesdays from 10:00am - 12:00pm

Drop In Fee: \$2 per session



Thank you to all volunteers, community groups, families and participants in the Town's Christmas Events. You have made these events very successful and we look forward to working with all of you in 2015. Keep an eye out for the January Newsletter for pictures!













Staff from the Killick Coast would like to invite all residents to come out and cheer on your community representatives as they battle it out in a friendly competition on the ice!

Saturday January 31, 2015
Puck drops at 10:00am

The staff of the Killick Coast region want to show their comradery while supporting the Reason for the Rink.

Admission is a non-perishable food item for the local food bank.

For more information visit: www.reasonfortherink.com

JERSEY DAY WINNERS

William Anthony



Anna Parsons





CHRISTMAS PARADE FLOAT WINNERS



BEST BUSINESS FLOAT (left) Jennifer's Groom Room Dog Parade and Float

BEST COMMUNITY
ORGANIZATION FLOAT (right)
St. Lawrence Church Girls Auxiliary
Polar Express Float and Dancers

BEST FAMILY FLOAT (no picture) The Sharpe Family "Ugly Sweater"





January 2015

SUNDAY MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
				Happy New							
				Year! ₁	2	3					
4	5	6	• St. Lawrence Fellowship and Cards 2-4pm • Legion Bingo 8pm	8	9	Legion Seniors Christmas Dinner and Dance LEGION 10					
Legion Ladies Dart League starts 7:30pm		• Zumba	St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tot & Us Storytime 14	• Zumba • Yoga		• Zumba					
• Yoga	19	• St. Lawrence ACW Card Game 8pm • Zumba	• St. Lawrence Fellowship and Cards 2-4pm • Legion Bingo 8pm • Tot & Us Storytime 21	• Zumba • Yoga	23	• Legion Playdowns – Darts and Crib • Zumba					
Legion Playdowns alternate date for weather Yoga	26	• Zumba	St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tot & Us Storytime 28	• Zumba • Yoga	30	Killick Coast Cup Hockey Game Zumba 31					

February 2015

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
• Yoga	. 2	• Zumba	St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tot & Us Storytime 4	• Zumba • Yoga	6	St. Lawrence Valentine's Dinner & Dance 7pm Music by Dennis Kendall "Me & Her" For more information call: 895-6424 or 753-6072 7
• Yoga	3 9	• Zumba	St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tot & Us Storytime 11	• Zumba • Yoga	PGSP Vinter 13	Valentines Day • Zumba • Zumba • Zumba 14
• Yoga	no noce	St. Lawrence ACW Card Game 8pm St. Lawrence Pancake Supper 5-6pm Zumba PCSP Sp. PCSP	St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tot & Us Storytime PGSP	Zumba Yoga PCSP	⇒_PG§P	Legion District Darts and Crib Playdowns Zumba DCSB
Winter Carnival 1	PGSP Winter Carnival 16		Winter Carnival 18	PGSP Usinter Carnival 19	Winter Carnival 20	PGSP Winter Carnival 21
• Yoga		• Zumba	Anti-Bullying Day — wear pink St. Lawrence Fellowship and Cards 2-4pm Legion Bingo 8pm Tegion Bingo 8pm	• Zumba • Yoga		• Zumba
PGSP Usinter Carnival 22	23	24	• Tot & Us Storytime 25	26	27	28

9 pcsp.ca

Heritage Committee

The PCSP Heritage Committee would like to wish everyone a very Happy New Year. We hope that everyone had a wonderful holiday season filled with family, friends, and traditions new and old.

2015 is going to be a productive year with the development of a heritage trail, and the completion of some heritage resources that we hope will be useful to residents.

Are you doing any spring cleaning? Have you come across any treasures that you would like to donate to the town archive? Would you like to be a part of our Oral History Project? We are interested in meeting with residents, or former residents young and old to collect stories and interviews. Are you interested in learning how to trace your family history? If there is enough interest we will put together a genealogy workshop in the spring.

If you have any questions or are interested in a workshop, please contact Julie Pomeroy, Heritage Programs and Services Coordinator, at Julie.Pomeroy@pcsp.ca or 895-8000 ext. 229



Port side lamp used on ships. Photo curtesy of Mac Miller.

St. Lawrence Parish

Seniors Fellowship and Cards every Wednesday at 2pm.

Tuesday January 20

ACW Card Game at 8:00pm Refreshments will be served.

Saturday February 7

Valentine's Dinner and Dance at 7:00pm Music by Dennis Kendall – "Me and Her" For more information call: 895-6424 or 753-6072

Tuesday February 17

Pancake Supper from 5-6pm ACW Card Game at 8:00pm Refreshments will be served.

Beachy Cove Pathfinder/ Trex Group

On Saturday November 15th, the 1st Beachy Cove Pathfinder/ Trex group had a great time learning to Build an Outdoor Shelter at Sunshine Camp. The instructors also went over outdoor survival information. Using the material they found in the woods, they worked together to build a lean-to. The Pathfinders are hoping to use their new skills and sleep in a lean-to they construct in the very near future!



Women's Institute Library Donation

During the PCSP Library Children's Christmas Party on December 12th, Mayor Moses Tucker and Librarian Joan White were thrilled to accept a generous donation from the members of the Women's Institute. Thank you so much ladies!



From the Mayor's Desk



Mayor Gary Gosine, Minister David Brazil, and myself paused to mark a great moment, the naming of the M.V. Legionnaire. I was very happy to share in such a tremendous moment and truly feel the name of the new vessel is a fantastic choice.

A brand new year and a great look ahead to the future! With our recently passed budget, we are well under way to a great start for 2015. We would like to thank all of you who have taken time to be part of our planning process; the information gathered has been invaluable in helping to guide us through our budget decisions. This kind of open communication is what we as Council, would like to continue into the future. Contact us anytime, follow along with us on Facebook and Twitter, and remember to send us your feedback through our Budget Survey on the Town website, www.pcsp.ca

Bundle up and keep safe this winter season, hopefully there will be less snow to shovel than last winter.

Portugal Cove – St. Philip's

Lions Club

The PCSP Lions had a busy and productive fall session, supporting a young family's stay at Ronald McDonald House, helping three local families in need, donating to community church food hamper programs, assisting the Salvation Army kettle program, and participating in both the PCSP Remembrance Day parade and Christmas parade. The Club also hosted a Coffee House music night, with more planned for 2015 on the last Friday of each month. For more information Google "Portugal Cove - St. Philip's Lions" to visit our website, and follow us on Twitter @ PCSPLions.



Advisory Committee on the Environment (ACE)

ACE would like to encourage the citizens of our town to minimize the idling of any vehicles, including the use of remote starters this winter.

According to Natural Resources Canada, idling an engine for more than 10 seconds uses more fuel and produces more carbon dioxide gas than restarting it.

Idling:

- wastes fossil fuels and money
- causes engine wear and carbon soot build-up
- shortens the life of spark plugs and the exhaust system
- pollutes
- contributes to greenhouse gases and global warming
- · causes respiratory illness.

Please turn your engine off when parked or when stopping in at the post office or the convenience store, or waiting for the school bus.

Most cities in Canada have had anti-idling provisions in their municipal by-laws for at least three decades. Let's make PCSP an idle-free zone too.

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PLEASE DO NOT IDLE



Idling is wasteful, pollutes, and causes respiratory illness

pcsp.ca



2015 BUDGET SPEECH

In my capacity as the Chair of the Administration and Finance committee, I am proud to present the 2015 Budget for the Town of Portugal Cove – St. Philips. The total projected revenue for 2015 is \$12,874,587 which includes transfers from the province relating to infrastructure funding and cost shared debt. If we exclude the Provinces' share the total projected budget is \$9,975,977.

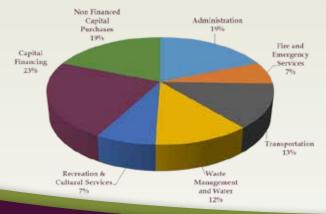
With Council's first full year behind us we have refocused the vision and priorities for the Town. Three key pillars have arisen as key strategic components moving forward: Financial sustainability, public input and smart long-term planning.

With this budget we are taking a giant leap towards creating financial sustainability in Portugal Cove – St. Philip's. This is being done primarily through the creation of a new infrastructure reserve that will give the Town a great deal of flexibility moving forward. As infrastructure ages and new demands arise within our community a reserve to draw upon will lessen the impact of such projects on the mil rate in the future. In addition, we are evaluating services and programs that the Town provides and are adjusting the costs more appropriately to those who benefit. This philosophy is the reason why the water and sewer fee is going up from \$380 to \$600, to move closer to the true cost of providing the service to those residents. A priority of council is to maintain a healthy debt ratio and more consistent mil rate from year to year.

Public Input has been a major focus with this Council, throughout 2014 residents and other community stakeholders were involved in a number of surveys and projects, including PlaceBuilder, which is helping prioritize projects as they relate to economic growth within the community. This focus continued into the budget consultation session with 3 public meetings including presentations to and from Council. What we heard was summarized in the Draft Budget details sent to all residents. In summary Council made financial investments in each of the areas identified including:

- New trails and recreation amenities and maintenance of existing ones
- More enforcement and security
- Increased pedestrian safety
- Improved environmental protection
- Focus on debt management

2015 EXPENSES BREAKDOWN



- Smart long term infrastructure and financial planning
- · Concerns of rising regional water costs
- Improved fire and emergency services

Finally, Council will use 2015 to identify long term needs to better inform planning and future budgets through a series of important reports including the Asset Management Plan, completion of PlaceBuilder, an Advanced Road Network Plan and the Flood Plain Risk Assessment.

BUDGET HIGHLIGHTS

- The Residential property tax mil rate set at 7.9 mils in 2015. This increase is a
 result in both addressing numerous needs identified in the public consultation
 process and better positioning the town for future infrastructure needs with
 the infrastructure reserve fund.
- 2. The town is pleased to continue to offer Residents a 5% discount off their property tax bill if the invoice is paid by March 31, 2015.
- 3. We are also pleased to continue the 20% discount to the property owners in the Town who are in receipt of the Guaranteed Income Supplement. This discount coupled with the early payment discount previously noted could provide a total compounded discount of 27%.
- 4. The Town of Portugal Cove St. Philip's will once again be making considerable Investment in capital projects to ensure the town provides up to date services with modern equipment. Our overall Capital Program for 2015 amounts to \$5,160,400 with \$1,948,600 coming from Federal and Provincial Governments. Below is a summary of some of the Capital spend by area:

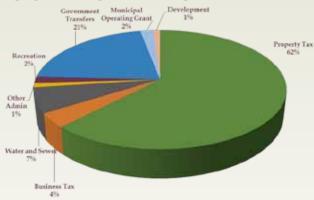
Protective Services: \$566,500 Recreation: \$530,900 Property Acquisitions/Renovations, Development Studies: \$1,150,000 Public Works: \$1,635,000 Multi-Year Capital Works: \$900,000 Signage, and Misc.: \$378,000 and

We appreciate the support of our residents, especially all those who gave input during the public budget consultations as we strive to become a sustainable community and a model for the region and province. We continue to encourage you all to give input in the future.

Detailed information on revenues and expenditures as well as the complete budget speech will be provided on the Town's web site for the information of residents.

Respectfully submitted **Gavin Will** Chair, Finance Committee

2015 REVENUE BREAKDOWN



We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submission for the March - April edition is February 6, 2015 at 4:00 pm. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or 895-8000 ext 222.