



Portugal Cove St. Philip's

Just imagine!



The Tickle Newsletter

September–October 2013

Governor General Presents Caring Canadian Awards at Beachy Cove Elementary School

His Excellency the Right Honourable David Johnston, Governor General of Canada, met with staff and students from Beachy Cove Elementary School on June 13th. He presented the Governor General's Canadian Caring Award to six deserving recipients. Including three recipients from our community, nominated by grade six students from Beachy Cove Elementary School, for their contributions to the well-being of their community. Their Honours the Honourable Frank F. Fagan, Lieutenant Governor of Newfoundland and Labrador, and Mrs. Patricia Fagan, were also in attendance, as well as family members, school staff and students.

Created in 1995, the Governor General's Caring Canadian Award recognizes living Canadians and permanent residents who have made significant, sustained, unpaid contributions to their community, in Canada or abroad. Often working behind the scenes, these individuals volunteer their time and efforts to help their fellow citizens. The award also brings to light the example set by volunteers, whose compassion and engagement are a part of our Canadian character.

Todd Churchill

Todd Churchill is committed to supporting the organizations that help his son Carter, who has cerebral palsy and is hearing-impaired. He raised funds by renting out the full-size hockey rink in his backyard, featuring side boards, nets and lights, which he built himself. The initiative, dubbed Reason for the Rink, became a huge success, raising both awareness and funding for the Mazol Shriners, Easter Seals of Newfoundland and Labrador, and the Rainbow Raiders therapeutic riding program.



Julianne and Rachel Moss

Since 2009, Julianne and Rachel Moss have raised funds to support the Janeway Children's Health & Rehabilitation Centre. When Rachel broke her leg at age four, the two sisters determined they would give back to the institution that had helped her recover. Starting with a goal of raising \$100 by selling homemade bracelets, they have since raised \$30,000. Their creations now include magnets, snowman pins, Christmas ornaments, hair clips and much more.



Local Players win National Medals!

Jordan Pitcher was a member of the Newfoundland and Labrador U14 Boys All-Star Team that won silver is Charlottetown, PEI. (pictured right). But he wasn't the only member of national all-star teams that came back to Portugal Cove – St. Philip's with accolades.



Jarda Hodder won silver with the Girls U14, Hayley Osborne won Silver with the U13 Girls and both Chris Neil and Andrew Sharpe won Gold with the U13 Boys!

Rainbow Gully Grand Opening

The opening of Rainbow Gully Park was a huge success. Thanks to all those who have made this dream a reality and those who shared in the celebrations on August 8th.



If you have not had a chance to visit the park yet come down anytime and enjoy the trail, have a picnic, play some sports on our fields including soccer, softball, ultimate frisbee or rugby. There is a skateboard park, basketball court and children's playground. There really is something for everyone!

PCSP Wins Boys U10 at Sunsplash!

Congratulations to the Boys U10 team who went to Paradise for Sunspalsh and brought back a Gold Medal! Members of the team pictured include:

Front Row: Brandon Toope, Sean O'Brien, Aaron Gamperl, Will Williams, Jonathan Furlong;
Second Row: Santiago Taborda,



Brady Toope, Daniel Hanlon, Aiden Mattinen-Drover, Taj Exley, Kyle Spurrell, Mitch Roberts;
Back Row: Kurt Gamperl, Ethel Clarke, John Furlong.



Election 2013 information

Nomination Day

Thursday, August 29 at the Town Office from 8 a.m. to 8 p.m.

Advance Poll

Tuesday, September 17 at the Town Office from 8 a.m. to 8 p.m.

Election Day

Tuesday, September 24 from 8 a.m. to 8 p.m.

Polling Stations for election day

- (1) Recreation Center (behind Town Hall on Thorburn Road)
- (2) Royal Canadian Legion, Portugal Cove

Voters List

Deadline August 20

Please email (using subject line "Voters List") or call the Returning Officer with your name, date of birth and civic address if you need to be added to the voters list (must be a Canadian citizen, 18 years or older on or before election day and a resident for 30 days or more prior to the election date).

Poll Clerks & Deputy Returning Officers

If you are interested in working (paid position) as a Poll Clerk or Deputy Returning Officer on election day, September 24th, please email or call the Returning Officer to submit your name for consideration. Experience preferred, but not mandatory.

Judy Squires, Returning Officer

Contact info:
judy.squires@pcsp.ca
895-8000, ext. 223

PCSP ANNUAL GARDEN COMPETITION



The awards have been presented and the decision could not have been a more difficult one. With numerous entries this year the selection process was a very difficult one. Congratulations to all those who entered and all those who are passionate about keeping this community clean and beautiful. It all starts in your own backyard and if you need any inspiration look no further than these community champions.



Best Kept Property

Dogberry Hill Road
Bob and Carolyn Torraville



Best Floral Design

Ayres Lane
Lynn Green



Best New Garden

Old Broad Cove Road
Stephanie Page



Best Veggie Garden

Country Garden Road
Catherine Bonney-Berzins



Honourable Mention for Veggie Garden

Knapps Road – William & Glenda Butt

St. Philip's Marina Development

Have your say!

The Town of Portugal Cove-St. Philip's is exploring the potential development of the St. Philip's Marina and is seeking public input into the opportunities and challenges with developing the marina. The Northeast Avalon Regional Economic Development Board has been engaged to further explore concepts, opportunities and challenges and make appropriate recommendations to the Council.

Please join us at the Rainbow Gully Park Club House on:
Thursday, September 12, at 7:00pm – Public Meeting. Everyone Welcome!
Monday, September 16, at 9:00am – Business Breakfast Meeting

You can also fill out the survey found on the PCSP website.

September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Fall Program Registration Begins 8:00pm Legion Bingo	5	2:00pm Rainbow 50+ Cards & Darts	7 10:00am Walking/Hiking Club
8	9	7:30pm Lion's Club	11 8:00pm Legion Bingo	12 6:00pm St. Lawrence Parish Sub Sale 7:00pm St. Philip's Marina Plan Public Meeting	13 2:00pm Rainbow 50+ Cards & Darts	14 10:00am Walking/Hiking Club Rainbow 50+ Social & Dance
15 9:00am St. Philip's Marina Business Breakfast 6:00pm Girl Guides Info Session	16 8:00pm ACW Card Game	17	2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	19	20 St. Lawrence Parish Flea Market 2:00pm Rainbow 50+ Cards & Darts	21 10:00am Walking/Hiking Club
22	23	7:30pm Lion's Club Municipal Elections	24 2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	26	27 2:00pm Rainbow 50+ Cards & Darts	28 10:00am Walking/Hiking Club Legion Dance
29	30					

October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1:00pm National Seniors' Day	1 2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	3	4 2:00pm Rainbow 50+ Cards & Darts	5 10:00am Walking/Hiking Club
6	7	7:30pm Lion's Club	8 2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	10	11 2:00pm Rainbow 50+ Cards & Darts	12 10:00am Walking/Hiking Club
13	14	15	2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	17	18 2:00pm Rainbow 50+ Cards & Darts	19 10:00am Walking/Hiking Club Legion Dance
20	21	7:30pm Lion's Club 8:00pm ACW Card Game	22 2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	23 PCSP Business Awards & Summit	24 2:00pm Rainbow 50+ Cards & Darts	25 10:00am Walking/Hiking Club Rainbow 50+ Hallowe'en Social & Dance 12:00pm PCSP Children's Hallowe'en Party Adult Hallowe'en Dance at Legion
27 2:00pm — 5:00pm Children's Hallowe'en Party at Legion	28	29	30 2:00pm Seniors Cards & Fellowship 8:00pm Legion Bingo	31		

The Royal Canadian Legion

Branch 10, Portugal Cove

Legion Happenings...



Having a birthday, a wedding, a banquet,
a shower, family reunion? Book your function at the

Royal Canadian Legion!

Great rates — great hall — great fun!

Call 895-6521

Monday to Friday — open at 4 pm

Saturday — open at 12 pm

Sunday — open at 2 pm

EVERY WEDNESDAY NIGHT AT 8:00 PM

OLD FASHIONED BINGO!

YES!! WE STILL HAVE THE OLD

FASHIONED HARD CARDS

To CONTACT LEGION REPS:

Legion President: Len Collins — 895-6521

District Commander: James Kennedy — 689-9241

Provincial Command: Ken Gatehouse — 753-6666

IF THERE IS ANYONE IN PORTUGAL COVE-ST PHILIP'S WHO

believes there are names from their family that should

be put on the War Memorial, now is the time to get the

input to the Legion. They can email Jo-Anne Power at

jdgpower@yahoo.ca or write it down and send it to

the War Memorial Committee, C/O 5 Legion Road,

Portugal Cove - St. Philip's, NL A1M 2R5

DANCE — SEPT 28TH, 2013

\$5.00 at the door

Music TBA

Watch Legion Sign for details

DANCE — OCT 19TH, 2013

\$5.00 at the door

Music TBA

Watch Legion Sign for details

OCT 26TH, 2013

ADULT HALLOWEEN DANCE

\$7.00 at the door

Prizes for best costume

Music TBA

Watch Legion Sign for details

OCT 27TH, 2013

CHILDREN'S HALLOWEEN PARTY

2-5 P.M.

Prizes, Games and Eats.

Wear your Costume and come out for

a SPOOKTACULAR time.

NOVEMBER 11 — REMEMBRANCE DAY PARADE

The Royal Canadian Legion will be having

a Remembrance Day Parade on the 11th

day of the 11th month at the 11th hour.

Please join us in remembering all

those who have sacrificed all for our

freedoms..past, present and future.

There will be a luncheon served at

the Legion following the Parade

Form up 10:30 A.M. United Church

Remember the annual LEGION sponsored

Poster, Poem and Essay contest at your school.

Prizes for 1st, 2nd and 3rd Place in each

category plus the opportunity to win a

trip to the National War Memorial in

Ottawa for Remembrance Day Ceremonies

in 2014 PLUS the opportunity to win a

trip to Beaumont-Hamel, France

for July 1st, 2014.

Due to extreme Health Issues please note that the

Legion is a designated Scent Free Building. These are

life threatening health issues so we respectfully request

your cooperation.

Rainbow 50's Plus Club

Cards and darts every Friday afternoon 2-4 P.M.

OTHER EVENTS:
September 14th
Social & Dance

October 26th
Halloween Social and Dance

November 16th
Social & Dance

December 14th
Social & Dance

For details, please call Sheila King at 895-3374.
ALL 50's Plus events take place at the
Community Centre

St. Lawrence Parish

Fall Events at the Parish Hall:

September 12th
Sub Sandwich Sale
\$8; Pick-up at 6:00 pm

September 17th
ACW Card Game
8:00 pm

September 20th
Flea Market

October 22nd
ACW Card Game
8:00 pm

Every Wednesday starting
September 18th from 2:00 – 4:00
there will be Seniors Cards and Fellowship.

PCSP Lions Club

Every Second and fourth Tuesday of the month at
Holy Rosary Parish Hall at 7:30 pm.

Seeking new members

Call Gertie Rees 895-6857

News from the Library

Both programs for our town's preschoolers are going to resume in mid-September. The free play Tots & Us program will begin September 11th at the community Recreation Center. This is a drop in program at a cost of \$2.00, that begins at 10:00 a.m. and includes a healthy snack in a nut free environment and finishes at 12:00 noon.

There are still a limited number of spaces open for the Storytime Program taking place at PCSP Memorial Library which will run until December 13th. This program runs on Friday mornings from 10:30 a.m. to 11:00 a.m. A story, a craft and parties through the year provide a fun and relaxed preschool experience.

Participation in either of these programs ensures an invitation to the annual Storytime Halloween party and annual Storytime Christmas party.

**For more info call Joanie 895-8000-226 or
email joan.white@pcsp.ca**



District 19 Girl Guides

Registration for all programs has already started and parents can register by visiting www.GirlGuides.ca.

There will be an information session
September 16 from 6:00-8pm at the
Portugal Cove-St. Philip's Rec Centre.

We are always welcoming new leaders!
For further information on how you can make
a difference please contact Sharon Hall, District
Commissioner at district19gg@gmail.com.

PCSP REGATTA & FESTIVAL RESULTS

RACE	FIRST PLACE	SPONSOR
1st Ladies Race	Melissa Hicks & Tracey Time: 3:32:22	North East Avalon Time and Boulder Publications
1st Men's Race	Barry Snow & David Lily Time: 6:14:41	WINDCO Enterprises
Combined Men's and Ladies 1st	Craig & Allison Chislett Time: 9:15:97	Councilor Moses Tucker
2nd Ladies Race	N/A	Landings
2nd Men's Race	N/A	Mayor Bill Fagan
Combined Men's and Ladies 2nd	N/A	Councillor Patsy Whitten
Junior Race	N/A	Councilor Joe Duggan
3rd Ladies Race	Emma Meulenkamp & Melissa Hicks Time: 3:06:38	Jennifer's Groom Room
3rd Men's Race	Jonah Slaney & Curtis Hartary Time: 7:04:13	Councillor Jane Tucker
Combined Men's and Ladies 3rd	Emma Meulenkamp & Curtis Hartary Time: 6:30:68	Miller Equipment Ltd
Family Race	Clayton Hass & Chantel Haas Time: 3:23:63	Taylor Electric
One Man One Way	Kevin Purchase Time: 2:51:03	Department of Community Services and Recreation
Fishermen's Race	Pam Hickey & Gina Elens Time: 4:34:50	PCSP Hiking/walking Club
Late Comers	Cyril Greely & Albert Michiclin Time: 6:37:19	Bugden's Signs
Combined Men's and Ladies Championship	Sarah Squires & Jonah Slaney Time: 3:22:31	Portugal Cove – St. Philip's Lions Club
Ladies Championship	Melissa Hicks & Tracey Time: 3:08:29	Elaine's Convenience
Men's Championship	Barry Snow & Kevin Purchase Time: 6:27:47	Sharpe's Store



Men's Championship



Mixed Men's and Ladies' Championship



Ladies' Championship

Special Events National Seniors Day

The Town of Portugal Cove - St. Philip's is proud to pay tribute to seniors within the community. Join us on October 1st from 1-3pm for refreshments, activities, and various booths at the Recreation Centre. For more information please call 895-8000 ext 4.



Children's Halloween Party

Come out and enjoy our spooktacular Halloween party on Sunday, October 27th, from 2-4pm at the Recreation Center.

Take part in games and crafts and enjoy some treats!

Don't forget to wear your costume!



"When witches go riding and black cats are seen, the moon laughs and whispers, tis near Halloween"

Please call Robin at 895-8000 ext 233 for more information.



PCSP Business Awards & Summit



THURSDAY, OCTOBER 24TH

During Small Business Week this year we will be hosting the first annual Business Awards and Summit. The Summit will take place in the afternoon featuring guest speakers and local success stories. The awards will be given out later in the evening at a reception. Nominations for the awards will start Monday, September 16th. Stay tuned for more details this fall! If you would like more information contact Jeff Lawlor, Director of Economic Development, Marketing and Communications at 895-8000 ext 222 or jeff.lawlor@pcsp.ca.

The Awards will include:

Overall Business • New Business • Youth Business
Developer • Best Employee

PCSP Recreation Department Fall Programs 2013

Registration for the following programs is **Wednesday, September 4th, 2013** or any date after (In person or on the phone. No online registration). Contact Robin Wight at 895-8000 ext 233 or email robin.wight@pcsp.ca to register or to find out more information. Space is limited in some programs; registration is first come first serve.

Biggest Loser Challenge

Will you be the towns next Biggest Loser? This program is designed towards creating a healthier lifestyle for participants. There have been many great stories, come see for yourself!

Weigh-Ins: First Weigh-In: September 18th
Final Weigh-In: December 4th
Results Day: December 11th

Location: Recreation Centre
Time: Wednesdays from 6:00-7:30pm
Cost: \$20.00

Outdoor Bootcamp

This bootcamp is for all individuals looking to try something new and different to get physically active. The instructor has lots of exercises to keep you moving the entire session.

Classes: Wednesday and Friday Mornings
September 11th – October 25th, 6 Weeks
(No classes on the 16th and 18th)

Location: Rainbow Gully Park
(Recreation Centre for poor weather days)

Time: 6:00am – 7:00am
Cost: \$50.00

Older Adult Fitness Program

The Older Adults Fitness Program incorporates cardiovascular health, resistance training, and flexibility/mobility – the three major factors which contribute to the 'fitness' of an individual. Come out and enjoy the fun!

Classes: A 10 week session twice a week beginning Tuesday, September 17th and ending Thursday, November 21st.

Location: Recreation Centre

Time: Tuesdays and Thursdays: 10:30a.m. – 11:30a.m.

Cost: \$25

Gentle Yoga

A gentle non-competitive approach to physical fitness which stretches and strengthens muscles, increases flexibility, and improves concentration.

Classes: A 10 week session beginning Thursday, September 12th and ending Thursday, November 14th.

Location: Recreation Centre

Time: Thursdays 6:30p.m. – 7:45p.m.

Cost: \$100 (No Drop-in)

Zumba with Lindsey!

Zumba combines Latin and International music with a fun and effective workout system. Anyone can join in on the Party! These sessions will include three different classes of Zumba a week, come out and try them!

Classes: Cash class on September 5th
An 8 week session beginning September 10th.

Location and Time:

Recreation Centre on Tuesdays 8:15 - 9:15pm
& Saturdays 9:30 - 10:30am

Thursdays 8:15-9:15pm, Location TBD

We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submission for the November-December edition is October 4th at 4:00 pm. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or 895-8000 ext 222.