



Portugal Cove St. Philip's

Just imagine!



The *Tickle* Newsletter

January–February 2014

Reason for the Rink

In early 2012, Todd Churchill's youngest son Carter was diagnosed with Cerebral Palsy on top of several other medical issues he had to overcome in his young life. Like every parent, Todd and his wife Kimberley of course wanted to do everything they could to support their son and other children and families in the community living with similar conditions. So amongst many other fundraising efforts they participated in, they built a ¼ NHL scale hockey rink to help increase awareness. The funds raised through advertisements and events go to Easter Seals NL, Rainbow Riders, and the Mazol Shriners Hospital for Children. The Town of Portugal Cove – St. Philip's is a proud sponsor of the rink and we encourage you to check out the website to find out how you can support such a great cause. Check out their live web cam and watch the rink in action! www.reasonfortherink.com



Clarke Family Halloween Fundraiser



On Halloween Night the Clarke family presented... "The Walking Dead" in Portugal Cove - St. Philip's. The event raised \$650.00, and Modern Urban Designers, Dana Metcalfe, matched the raised monies to

make a grand total of \$1300! The money was presented to the Vera Perlin Society and the Janeway Children's Hospital by

Alvin Clarke and Dana Metcalfe.

On behalf of the Clarke family, thanks to everyone for their

kind donations, we are so grateful and blessed!



Church by the Sea

Celebrates Anniversary

The Church By The Sea Inc. heritage group celebrated the 119th anniversary of the consecration of the St. Philip's 1894 Heritage Church, with a successful community moose



dinner and kitchen party November 23rd. Pictured is MHA David Brazil cutting the anniversary cake,



plus volunteers Bob Tucker & Wes Tucker entertaining. The designated Municipal Heritage Building was built in 1893 on the partial foundation of the original 1848 St. Philip's Anglican Church, and consecrated November 20, 1894.

www.TheChurchByTheSea.ca

PO Box 1894 Stn. C St. John's NL A1C 5R4

Correction to Councilor Hanlon's Bio

Councilor Johnny Hanlon's bio as printed in our last newsletter mentioned he was a 19 year resident of the Town, this was an error. Councilor Hanlon is a life-long resident of the Town of PCSP and has been married to his wife Denise for 19 years. We apologize for the misprint.



Town Celebrates Jersey Day

On November 29th the Town of Portugal Cove – St. Philips celebrated National Jersey Day and CBC Sports Day in Canada by visiting



Learys Brook Junior High School and Beachy Cove Elementary. At the schools the staff, council and mayor participated in various activities with students. This event was a great success and there was lots of fun had. We look forward to another great year in 2014.

Thank you to the groups who volunteered:

- PCSP Minor Soccer
- Football NL
- NL Women's Rugby
- Ultimate NL (Frisbee)

St. Lawrence Parish

January 15 and every Wednesday

Cards and Fellowship

2:00pm – 4:00pm

January 21

ACW Card Game

8:00pm

\$5 cover and refreshments will be served

February 18

St. Lawrence Parish Men's Group Card Game

8:00pm

\$5 cover and refreshments will be served

February 21

Valentine's Dinner and Dance

Live Music

All events are at the Parish Hall

The Royal Canadian Legion

Branch 10, Portugal Cove

Legion Happenings...



HAPPY NEW YEAR AND WELCOME
TO THE YEAR 2014

****2014- THE 100TH ANNIVERSARY YEAR OF
THE BEGINNING OF WORLD WAR ONE****

(*2013- was the 60th Anniversary of the
Ending of the War in Korea 1950-1953*)

We honour all those who paid the ultimate sacrifice
in all of the Wars, Conflicts and Peacekeeping
Missions of our time past, present and future.
Please join the Royal Canadian Legion on parade
in 2014 to honour them in Remembrance and
Gratitude. Details will appear in future newsletters.

Having a birthday, a wedding, a banquet, a shower,
family reunion? Book your function at the

Royal Canadian Legion!

Great rates – great hall – great fun!

Call 895-6521

Monday to Friday – open at 4 pm

Saturday – open at 12 pm

Sunday – open at 2 pm

EVERY WEDNESDAY NIGHT AT 8:00 PM

OLD FASHIONED BINGO! YES!! WE STILL HAVE
THE OLD FASHIONED HARD CARDS!

TO CONTACT LEGION REPS:

Legion President: Len Collins – 895-6521

District Commander: James Kennedy – 689-9241

Provincial Command: Executive Director – 753-6666

ANNUAL CHRISTMAS SENIORS DINNER

SATURDAY, JANUARY 11, 2014

DRAW FOR KING AND QUEEN 65 AND UP!

PRIZES, DINNER AND FUN.

****JUNE WHITE AND JAKE BISHOP 2013**

WINNERS**

SATURDAY, JANUARY 25, 2014

BRANCH 10 LEGION PLAYDOWNS

DARTS AND CRIB

(Weather permitting)

10:00 A.M. REGISTRATION

SUNDAY, JANUARY 26, 2014

ALTERNATE DATE

895-6521

TOP 8 TEAMS

**Winners from All Branch Playdowns-
DISTRICT PLAYDOWNS ARE**

FEB, 8, 2014 AT THE

KELLIGREWS LEGION

Legion Rd, Conception Bay South

834-6531

**LEGION DANCES JAN AND FEB-TBA
WATCH LEGION SIGN FOR DETAILS.**

IF THERE IS ANYONE IN PORTUGAL COVE-ST PHILIP'S
who believes there are names from their family that
should be put on the War Memorial, now is the time
to get the input to the Legion.

They can email Jo-Anne Power at
jdgpowers@yahoo.ca or write it down and send it to
the War Memorial Committee, C/O 5 Legion Road,
Portugal Cove - St. Philip's, NL A1M 2R5

*Anyone who served in Korea from PCSP, please send
me the information as there is a plaque for the War
Memorial Planned. Please note that the War Memorial
is re-scheduled to be refurbished in the spring of 2014
due to funding issues. If enough funds become available
additional plaques will be added for other Conflicts. If
not, there will be a Phase 2. All donations welcomed.*

*Due to extreme Health Issues please note that the
Legion is a designated Scent Free Building. These are
life threatening health issues so we respectfully request
your cooperation.*

January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy New Year! 1	2	3	4
5	6	Zumba (Rec) 8:15 – 9:15pm	7	8	9	10
				Zumba (BCE) 8:15 – 9:15pm	Rainbow 50's + Club Cards and darts 2-4pm	Zumba (Rec) 9:30 – 10:30am Legion Annual Christmas Seniors Dinner
12	13	Older Adult Fitness 10:30 – 11:30am PCSP Public Council Meeting, 7:30pm Zumba (Rec) 8:15 – 9:15pm Lion's Club, 7:30pm	14	15	16	17
			St. Lawrence Parish Cards and Fellowship 2-4pm	Older Adult Fitness 10:30 – 11:30am Gentle Yoga 6:30pm Zumba (BCE) 8:15 – 9:15pm	Rainbow 50's + Club Cards and darts 2-4pm	Zumba (Rec) 9:30 – 10:30am
19	20	Older Adult Fitness 10:30 – 11:30am St. Lawrence Parish ACW Card Game, 8pm Zumba (Rec) 8:15 – 9:15pm	21	22	23	24
			St. Lawrence Parish Cards and Fellowship 2-4pm Biggest Loser Registration Deadline	Older Adult Fitness 10:30 – 11:30am Gentle Yoga 6:30pm Zumba (BCE) 8:15 – 9:15pm	Rainbow 50's + Club Cards and darts 2-4pm	Zumba (Rec) 9:30 – 10:30am Branch 10 Legion Playdowns Darts and Crib 10am
26	27	Older Adult Fitness 10:30 – 11:30am PCSP Public Council Meeting, 7:30pm Zumba (Rec) 8:15 – 9:15pm Lion's Club, 7:30pm	28	29	30	31
			St. Lawrence Parish Cards and Fellowship 2-4pm Biggest Loser Weigh-in	Older Adult Fitness 10:30 – 11:30am Gentle Yoga 6:30pm Zumba (BCE) 8:15 – 9:15pm	Rainbow 50's + Club Cards and darts 2-4pm	

February 2014

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RECREATION DEPARTMENT PROGRAMS

GENTLE YOGA

January 16 – April 3 (12 Weeks)

Time: Thursdays 6:30 pm

Location: Recreation Centre

Cost: \$120

Equipment: Yoga Mat



OLDER ADULT FITNESS

January 14 – March 27 (10 Weeks)

Time: Tuesdays & Thursdays at 10:30-11:30am

Location: Recreation Centre

Cost: \$25 per participant

ZUMBA

January 7 – February 27 (8 Weeks)

Times & Locations:

Tuesdays:

8:15-9:15pm

Recreation Centre

Thursdays:

8:15-9:15pm

Beachy Cove Elementary

Saturdays:

9:30-10:30am

Recreation Centre

Cost: One Class - \$64

Two Classes - \$128

Three Classes - \$184



BIGGEST LOSER

Registration must be completed by January 22

You can register as a team or as an individual and be placed on a team.

Times:

First Weigh-In: January 29

Final Weigh-In: April 2

Results Night: April 3

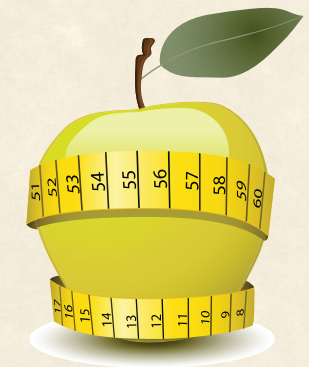
Location: Recreation Centre

Cost: \$20 per participant

\$1 per week at weigh ins or \$10 up front

Fitness program registration opens Friday, January 3, 2014. Please call the Recreation Department at 895-8000 (ext 233 Robin / ext 4 Nicole) or by coming to the Town Hall (no online registration).

Limited Spaces, Register Early!



IMPORTANT NOTICE

Council Meeting Time Change

Residents are advised that Council meeting times will be changing to 7:30pm starting on January 14, 2014.

Biggest Loser Challenge Results

Congratulations to all the participants of this season's Biggest Loser Challenge! Another amazing result for the community with a weight loss of all 2013 Fall participants totaling 566.41 lbs! We have big plans for next year and look forward to a great year in 2014.

The team with the best overall result was Mass Destruction. Our overall winners include:



1st Place: Debbie Thomas



2nd Place: Barbara Mercer



3rd Place: Sarah Bonnell

Volunteer Fire Department Christmas Parade

A huge thank you to all entries of our Christmas Parade! It was a fantastic day of celebrations for the whole community. Thanks to all those who stuck around on the cold evening to take part in the Tree Lighting Ceremony and we look forward to seeing you all again next year.

A special congratulations to the Parade float winners:



Business

Kendall's Mechanical Ltd.



Family

Beverly Sharpe & Family



Non-Profit

St. Lawrence Anglican
Church Girls Auxiliary

PCSP Lions Club

Every Second and fourth Tuesday of the month at
Holy Rosary Parish Hall at 7:30 pm.

Seeking new members

Call Gertie Rees 895-6857

Rainbow 50's Plus Club

Cards and darts every Friday afternoon!
(except January 3, 2014)
2-4 P.M

For details, please call Sheila King at 895-3374.
ALL 50's Plus events take place at the
Community Centre

Public Works Reminders to Residents

Snow Clearing Regulations

All residents are reminded that snow clearing regulations are in effect from November 1, 2013 to April 30, 2013. As per Section 3.1 of the Snow Clearing Regulations, vehicles are not to be parked or left on the street (a) between the hours of 12:00 midnight to and including 8:00 a.m.; and (b) at any time when there is a snowfall and for twelve hours after the snowfall has ceased. Residents are also reminded it is not permissible to shovel, plow or blow snow or ice from a driveway or parking lot unto any street (as per Section 3.3 of the Snow Clearing Regulations). Violations of this nature cause safety hazards and inhibit the Town's snow clearing operations. We thank all residents for their cooperation in this regard.

Roaming Animals & Noise Disturbance

The Town has received complaints from residents regarding roaming dogs and excessive dog barking. All residents are asked for their cooperation in keeping their animals safely contained and minimizing noise disturbances. As per Section 4.vi. of the Dog Control Policy and Regulations, "Every owner of a dog shall keep it safely tethered or penned up at all times. A dog need not be tethered or penned up if it is held on a leash by a person capable of restraining the dog's movements." In addition, Section 3.(e) of the Town's Nuisance Regulations states that "No person shall keep or permit to be kept in any building, premises or yard or any part thereof in the Municipality any dog which by reason of barking or howling is a nuisance to persons in the Municipality."



Awooooo!

Pedestrian Safety....We need to hear from you!

With our ever growing community and its resulting increase in traffic many residents are finding it unsafe to walk, jog, run or bike on our roads. Healthy living is one of our key principles in the community and the walkability of pedestrians on our roads is a high priority. Please visit our website to fill out a quick survey and have your say. This is the first step in engaging the community to help determine a plan of action for the future.



A Call for New Recruits

The PCSP Fire Rescue Department is conducting a Recruitment Drive early in the new year. We operate out of two stations covering both sides of the community. Our Station 1 is located on Portugal Cove Rd while Station 2 is on Thorburn Rd. We respond to a variety of Fire Rescue incidents annually and also provide initial Emergency Medical Assist to Eastern Health when requested. Our current response volume is just under 200 runs. All training, assigned gear, and an annual per diem is provided, come join us and become part of our family.

If you have ever considered becoming a firefighter now is your time to act. As a process of realigning stations we have a need to add more staff, especially in our Station 1 catchment area. A Recruitment package will be available shortly outlining requirements and anyone who wishes more information may leave the Fire Chief a message at 895-8000, ext 257. A planned Open House will be published mid-January for any interested applicants. Residents of the community and living within the boundaries of Portugal Cove-St. Philips we are looking for you. It is an exciting time to become a member, lots of excitement and renewal is just on the horizon.



On behalf of my Officers and firefighters the Fire Chief wishes all a safe and prosperous New Year. Be Safe — Live Safe! Practice your Home Safety Escape Plan. Dial 911 for emergencies only. WORKING smoke alarms save lives.



Environment Committee & Heritage Committee: Call for Volunteers

Do you want to make a difference in PCSP? Are you interested in preserving and promoting the environment or heritage in the community? If so, please let us know!

Send a message to jeff.lawlor@pcsp.ca or call Jeff at 895-8000 ext 222.

We want to hear from you! Send in your pictures, community events or any information you would like to see in the newsletter. Deadline for submission for the March-April edition is February 4th at 4:00 pm. Contact Jeff Lawlor at jeff.lawlor@pcsp.ca or 895-8000 ext 222.