



### Winter Safety In The Home

With the winter season fast approaching us, you are reminded to take certain precautions so we can all focus on the enjoyments of the

season. When it comes to our homes, there are a few items we should consider.

Firstly, our home heating systems may require some type of maintenance inspection program in order to ensure the proper operation and safety of these appliances. If we have a wood stove or other solid-fuel burning appliance, we should have the units checked to ensure doors close tightly and the exhaust piping is both intact and safe to use. These appliances should be checked and cleaned regularly to ensure the piping is not restricted in any way.

The installation of Smoke Detectors is a must. If we use wood stoves, propane appliances and fireplaces, Carbon Monoxide Detectors are also a safe and reliable early warning system for your safety.

### What Is Carbon Monoxide?

Carbon monoxide (CO) is a harmful gas that has no colour, smell or taste.

CO forms whenever you burn fuel such as propane, natural gas, gasoline, oil, coal and wood. It is also contained in second-hand smoke. If furnaces, fireplaces, gas stoves or water heaters are improperly installed, or if they malfunction, they can release CO into your home.

### What Are The Health Effects?

CO can cause health problems before people even notice that it is present.

When you breathe in CO, it reduces your body's ability to carry oxygen in the blood. Even at low levels of exposure, CO can cause headaches and make you feel tired. The health effects at higher levels can be much more serious and can even lead to death.

### Winter Driving Conditions Are Fast Approaching

With the winter and snow trying to make its presence known, we must be prepared for driving in the winter season. Stay alert, slow down and stay in control.

Here are some winter driving tips....

~ We must make sure to have our vehicles properly prepared with a winter maintenance check-up. We should check or have checked our battery, belts, hoses, radiator, oil, lights, brakes, tires, exhaust system, heater/defroster, wiper and ignition systems.

~ Making sure we have the proper tires to go with the road conditions should be high on our list. Remember, to check

tire pressure frequently, as it decreases in cold weather.

~ We must make sure we clear snow and ice from our windows, lights, mirrors, and the roof of our vehicles before starting out. Allow the fog to clear from the interior of our windows so we have good visibility all around.

~ Having a road emergency kit in your vehicle is a good idea and provides a higher level of safety to everyone in your vehicle.

Some recommended items in our road emergency kits include:

- Ice scraper/snowbrush
- Shovel
- Sand or other traction aid
- Tow rope or chain
- Booster cables
- Road flares or warning lights
- Gas line antifreeze
- First aid kit
- Fire extinguisher
- Small tool kit
- Extra clothing and footwear
- Blanket
- Non-perishable energy foods
- Candle and a small tin can
- Matches

### Installing and Hanging Christmas Decorations

- When it comes to Christmas decorations, make sure all of your actions are done in a safe manner.
- Having a proper ladder that is properly positioned will make the process a safe and confident one.
- Making sure your lights are properly plugged in and the circuits are not overloaded. Also, making sure any light purchases are CSA approved.

Your safety is our priority.

**PCSP New Years Eve Dance**

*Saturday, December 31 @ the PCSP Rec. Centre*  
*Dance starts 9:00p.m.*  
*Music will be provided by M.R. MUGLE*  
*Tickets \$10 per person*  
*Bubbly and Party Favors will be provided!*  
*Bring Your Own hors d'oeuvres!*  
*There are a limited number of tickets so get yours early*  
*Tickets go on sale November 7<sup>th</sup>, 2011*  
*For tickets call Bev @ 685-9202 or Jennifer @ 895-8000 ext 4*

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**Lions Club Seeking Members**

Meetings are every 2nd and 4th Tuesday of the month at the Holy Rosary Parish Hall.  
 Contact Gertie Rees at 895-6857 for info.

# What's going on

November 2011 in Portugal Cove - St. Philip's

On-Line [www.pcsp.ca](http://www.pcsp.ca)

Happy Guy Fawkes Day!



### Community Bonfire

The 1<sup>st</sup> Portugal Cove Scouting Movement and the PCSP Volunteer Fire Department would like to invite all residents to the Community Bonfire!

**When:** Guy Fawkes Night -Saturday November 5<sup>th</sup>, 2011  
**Where:** Voisey's Brook Park (parking lot) – Indian Meal Line  
**Time:** 6:30p.m. – 8:30p.m.

Hot Chocolate, marshmallows and fun for the whole family!

### PCSP Christmas Celebrations

The Town will be having various activities on Sunday December 4<sup>th</sup> (back up date in case of inclement weather is Sunday December 11<sup>th</sup>) to help celebrate the holidays. Come out and join us in a day of family fun and Christmas cheer!

**2:30p.m.** Town of PCSP & PCSP Volunteer Fire Department Christmas Parade  
 This year's parade will start at the St. Philip's Marina and will end at the Recreation Centre. Volunteers will be collecting letters for Santa and non perishable items for the food bank. Anyone interested in entering a float, volunteering or walking a pet in the parade is asked to call Jennifer at 895-8000 Ext 4.

**4:30p.m.** Town of PCSP Christmas Tree Lighting Ceremony  
 The Mayor, Council and Staff would like to invite residents to come out to the annual tree lighting event. There will be singing of Christmas carols, fireworks and hot chocolate will be served. Remember to dress warm as this is an outdoor event only.

**5:00p.m.** Family entertainment. Visit with Santa and children's activities  
 Santa will be visiting the Recreation Centre! We will also have crafts, games and refreshments.

For more information on the Town's Christmas celebrations please contact Jennifer at 895-8000 Ext 4 or visit the Town's website at [www.pcsp.ca](http://www.pcsp.ca)



### Enter a float in the Santa Clause Parade

We are looking for community groups, organizations, businesses, and families to get involved in the Santa Clause Parade. The Recreation Department will be awarding prizes for the following categories: Best Business Float, Best Family Float, and Best Community Group Float. Any person or organization interested in entering a float is asked to call Jennifer at 895-8000 Ext 4. Deadline to enter a float is Friday November 25<sup>th</sup>.

Neighbourhood Watch - Happy Anniversary



Believe it or not it has been just over a year since the Neighbourhood Watch (NW) steering committee came into being with the support of both the Town Council and the Royal Newfoundland Constabulary. If you have driven around town lately you may have seen the signs appearing in a number of areas. The committee decided, initially, to move slowly and support a small number of pro-

active residents in getting their NW areas established. Despite the low key approach, here is what has been accomplished to date:

NWs have been established ( 1 ) or identified as already existing ( 2 ) in the following areas:

- Dogberry Hill Road Extension - 1
- Salty Place - 1
- Olympic Drive, Pratt Place & Princeton Place - 1
- Knapps Road, Bickerstaff Road, Balda Place and the area of Old Broad Cove Road spanned by these three side streets - 1
- Country Gardens - 2
- Dogberry Hill Subdivision ( Jenny Lynn Drive area ) - 2
- Thorburn Woods Subdivision - 1
- Portugal Cove Road from Anglican Cemetery Road to Whalesback Convenience - 1
- Dogberry Hill Road from the three way stop to Mary Ann Place - 1
- Oliver's Pond Road, Oliver's Pond Place and Peggy Dean Place - 2

A NW presentation by the RNC was delivered on three occasions at the town hall. These were attended by those interested in establishing and/or participating in new NW areas.

A successful application was made to the VOCM Cares Foundation to cover the cost of NW street signs and home decals. Fifty signs and 250 decals were purchased and there is still sufficient funding to double that number for the coming year.

Three other areas have expressed interest in forming an NW group but as often happens the people who start things have jobs that cause them to move on and/ or more discussion has to go on so that people understand that establishing an NW area is not a big effort and can pay many dividends.

So, what's next? On behalf of the Steering Committee, I would like to issue an open invitation for anyone in the community who would like to discuss and possibly set up a Neighbourhood Watch in your area to contact **our committee secretary (Emir Andrews) either by phone (895-2067) or by e-mail (emir@mun.ca)**. We can send you some information about NW. Then if you wish to proceed we can arrange a meeting to outline the simple process that is involved. If you go on the web to read about NW, one aspect

of this community that makes our NW areas unique is **that in many sections of the community we are not in areas with homes that can see the four or five homes around them. This means we focus on different things such as what people, animals, vehicles are usual in those driveways, not on actually seeing the houses.**

The steering committee will meet in November to discuss some other initiatives. If you think you would like to join the steering committee, please contact us. We do need a couple of new people as at least one of our current members is moving to another province. **Why bother you may ask?** From time to time there are instances of vandalism, theft, tire slashing, gas line cutting and so on that occur within the community. The existence of NW in a community helps to deter these activities and/ or limit their effects.

One of the goals of NW is to make neighbours more aware of the things that they can do to protect themselves. As winter and the holiday season approach here are a few points to consider

If you have a garage:

- have you reset the automatic garage door opener from the factory setting – easy for someone else to have one with the same setting.
- do you unplug the automatic door opener when you are going to be away for some period of time?

- Also with respect to being away from home,
- tell your immediate neighbours so they can watch your home;
  - discontinue delivery of papers or make sure it is taken in every day and not left filling your paper box or lying on the ground ( a sure sign to anyone watching that there is no one at home);
  - make sure your home looks lived in – lights going on and off at appropriate times, car tracks if there is snow on the ground, a vehicle parked there frequently;
  - have any flyers being delivered picked up;
  - store valuables in a unique (unexpected) place;
  - make sure your house is being checked frequently enough to fulfill your insurance requirements (often at least once every 48 hours);

Thanks to all those who helped grow NW in Portugal Cove-St. Philip's . We look forward to hearing from many more of you over this coming year.

Steve Andrews  
Facilitator for the PCSP Neighbourhood Steering Committee  
Tel: 895-2067 e-mail: Stephenandrews@nl.rogers.com

**Committee members:**  
Janet & Bob Martin  
Ron & Carolyn Newhook  
Wayne Rodgers  
Bruce George (moving)  
Steve & Emir Andrews

# November 2011

## Sunday

**Haunted House on Hilltop Lane**  
This event got postponed due to bad weather on Halloween  
New date: Sunday November 6<sup>th</sup>  
Time: 4:30pm-11:00pm  
All proceeds go towards the Children's Wish

**6**  
Haunted House on Hilltop  
See above for details

**13**

**20**

**27**  
ACW Card Game  
St. Philip's Parish Hall  
8pm, bring your own cards  
Refreshments provided

## Tuesday

**1**

**8**  
Council Meeting  
Town Office

**15**

**22**  
Council Meeting  
Town Office

**29**

## Wednesday

**2**  
Tots & Us  
PCSP Rec Centre  
10am - 12 noon  
St. Lawrence  
Afternoon card game  
2-4pm, Parish Hall  
BINGO  
Portugal Cove Legion  
8:15pm

**9**  
Tots & Us  
PCSP Rec Centre  
10am - 12 noon  
St. Lawrence  
Afternoon card game  
2-4pm, Parish Hall  
BINGO  
Portugal Cove Legion  
8:15pm

**16**  
Tots & Us  
PCSP Rec Centre  
10am - 12 noon  
St. Lawrence  
Afternoon card game  
2-4pm, Parish Hall  
BINGO  
Portugal Cove Legion  
8:15pm

**23**  
Tots & Us  
PCSP Rec Centre  
10am - 12 noon  
St. Lawrence  
Afternoon card game  
2-4pm, Parish Hall  
BINGO  
Portugal Cove Legion  
8:15pm

**30**  
Tots & Us  
PCSP Rec Centre  
10am - 12 noon  
St. Lawrence  
Afternoon card game  
2-4pm, Parish Hall  
BINGO  
Portugal Cove Legion  
8:15pm

## Thursday

**3**  
Beginners Yoga  
6:30-7:30pm  
Rec. Centre

**10**  
Beginners Yoga  
6:30-7:30pm  
Rec. Centre

**17**  
Beginners Yoga  
6:30-7:30pm  
Rec. Centre

**24**  
Beginners Yoga  
6:30-7:30pm  
Rec. Centre

## Friday

**4**  
50+ Club  
Cards & Darts  
PCSP Rec. Centre  
2:00pm  
\$4.00

**11**  
50+ Club  
Cards & Darts  
PCSP Rec. Centre  
2:00pm  
\$4.00  
**Remembrance Day**

**18**  
50+ Club  
Cards & Darts  
PCSP Rec. Centre  
2:00pm  
\$4.00

**25**  
50+ Club  
Cards & Darts  
PCSP Rec. Centre  
2:00pm  
\$4.00

## Saturday

**5**  
Community Bon Fire  
Voiseys Brook Park  
6:30-8:30  
12 Annual Silent & Live Auction  
See below for more info.

**12**  
ACW Fall Sale  
St. Philip's Parish Hall  
10am, Soup/Sandwich lunch  
x-mas cakes, baked goods,  
raffles etc.  
call 895-2343 for more info.

**19**  
Holy Rosary Parish Sub Sale  
Cost: \$7  
To order a sub please  
call 895-6722

**26**

**St. Philip's 12th Annual Auction, Saturday, November 5th, 2011** | Tickets: \$12.50 each | Wine & Cheese 6-7pm | Auction 7:30pm | original painting by Sherry Eddy 'St. Philip's 1950's' | Print by Pam Williams 'Portugal Cove 1950's' | and other artists' work and items | To purchase tickets call 782-8610, 895-1077 or 895-3360